



TERM 1, WEEK 5

DHURANY

WELCOME TO FORBES HIGH

Our motto is 'Multum non Multa', Quality not Quantity. We are a dynamic school with creative teachers, striving to achieve the best outcomes for our students.

Forbes High School strives to create an inclusive environment where students challenge and extend their academic boundaries with the support and reinforcement of strong community connections. At Forbes High School, we build opportunities by providing a positive learning and wellbeing environment for all our students so that they may become the best versions of themselves.

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OUR AIM IS FOR:

- Students to have a positive education experience
- Students to experience success in their learning
- Staff, students and parents to collaborate to ensure a successful educational journey
- All students are provided a rich education allowing for successful future pathways



PRINCIPAL'S REPORT

Mrs Kathleen Maksymczuk

Dear parents, carers, students, and the Forbes High community, It is hard to imagine that we are moving so quickly through the term. There are so many outstanding activities occurring across our school and we are so grateful to be able to provide these learning opportunities for our students. These last two weeks have been incredibly busy with so many activities both inside and outside the classroom, we hope you enjoy our newsletter which captures these events.



Welcome to Year 7 and New Families

Tuesday afternoon we welcomed Year 7 parents and new families to Forbes High to meet the staff and commence the strong partnership which underpins a successful education. Thank you to our families and staff for spending time together and sharing afternoon tea together.



Swimming Carnival

Thursday of Week 4 was one of the most exciting days on school calendar – the swimming carnival! The weather was glorious, and the students were excited for the day ahead. And what a day we had! The competition was strong but also filled with support and camaraderie. I am certain that all students went home lacking their voice as the chanting and support of each other was exceptional. The day was a perfect representation of our school and the passion and pride that they have for our school community. Enjoy the pictures of the day.



Click here



MORE PHOTOS



Year 12 Discovery Days

Year 12 travelled to Canberra and Wollongong to experience university life. An excellent event, this yearly trip allows our students to consider the different opportunities that are available for them and make informed decisions about their future pathways. A great experience was had by all students and thank you to Ms Wilson and Mr Starr for accompanying our students.



Parents and Citizens

WE NEED YOUR HELP

P & C
Forbes High School
Partners in Public Education

FHS P&C COMMITTEE MEMBERS NEEDED FOR 2025
no committee. no canteen!

ANNUAL GENERAL MEETING
WEDNESDAY 19TH MARCH 5PM

I am encouraging our families to be involved in our school and one of the best ways to do this is via the P and C. The P and C meet once a term and are passionate advocates for our school and this is a great forum for you to have your say and be involved. The commitment is not a huge one and I know that this is a great opportunity to support your child's education.

Our school canteen, Café on Wyndham is a special space in our school and the P and C need your support to continue to run our canteen. The nourishment, including breakfast club is made possible by the work of the P and C. Without them, our canteen would not operate.

Please come along to our next meeting and support our school.

NAPLAN

NAPLAN assessments will commence in Week 7 of the term for students in Years 7 and 9. These assessments allow us to obtain a snapshot of where students are up to with their learning and for us to make the necessary adjustments to ensure their learning needs are met. Please encourage your child to give their best in the assessments.

All students have settled into the term well. We are excited for the next few weeks of learning and if you need to contact us for any reason, please call our fantastic front office staff. Thank you for your support of our school.

Warm regards,
Kathleen Maksymczuk

NAPLAN
National Assessment Program - Literacy and Numeracy
Information for parents and carers

- All students in Years 3, 5, 7 and 9 in Australia do NAPLAN tests in March each year.
- NAPLAN tests students' skills in reading, writing and maths.
- The test questions are presented in Standard Australian English dialect.
- Students read some of the questions and listen to others with headphones.
- The tests will get easier or harder, depending on how students are going in the test.
- Students do four different tests. The names of the four tests are:

Writing **Reading** **Conventions of language** (spelling, grammar and punctuation) **Numeracy**

- Students in Year 3 will do the Writing test using pencil and paper. Year 3 students will answer the other test questions on the computer.
- Students in Years 5, 7 and 9 will answer all their test questions on computers.
- Teachers will help students get ready for NAPLAN tests.
- Schools will get their students' results. The school will then give parents/carers a report showing their own child's results.
- Parents/carers can talk to the teacher about these results.
- NAPLAN shows how students are going all over Australia. People who work in the Australian Government, state and territory education authorities and schools use NAPLAN results. The results let them see which schools are doing well and which schools might need help.

Talk to your teacher if you have any questions about your child doing the tests.
For more information on NAPLAN, visit nap.edu.au.

2025

SWIMMING CARNIVAL



Click here



MORE PHOTOS

The spirit of our school radiated during last Thursday's swimming carnival. It was a fantastic day filled with happiness as both staff and students united, showcasing remarkable pride, passion and camaraderie among our students.

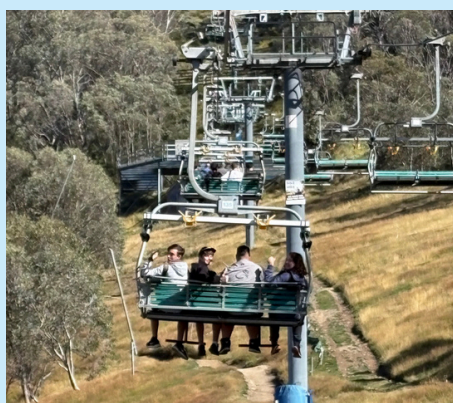


STAGE 6 GEOGRAPHY

KOSCIUSZKO EXCURSION

[MORE PHOTOS](#)

The purpose of this excursion was to complete the fieldwork hours required by NESA. Students engaged in various activities, which included flora and fauna surveys, water and soil testing, as well as hiking.



WELCOME TO FHS

Last Tuesday, we organised an afternoon tea for Year 7 and new families at FHS. Guests savoured delightful treats prepared by our hospitality faculty while interacting with teachers and staff. This gathering cultivated a sense of belonging and connection among families, setting a positive tone for the year ahead at FHS.



JUNIOR AECG MEETING

The Junior Aboriginal Education Consultative Group aims to improve educational opportunities for Aboriginal students by advocating for culturally inclusive curricula and Indigenous perspectives. They identify challenges faced by peers and propose innovative solutions to foster a supportive learning environment, empowering students to excel academically while respecting their cultural heritage. Belle, Jamal and Halle represented FHS.



More photo's  [HERE](#)

UNIVERSITY DISCOVERY DAYS

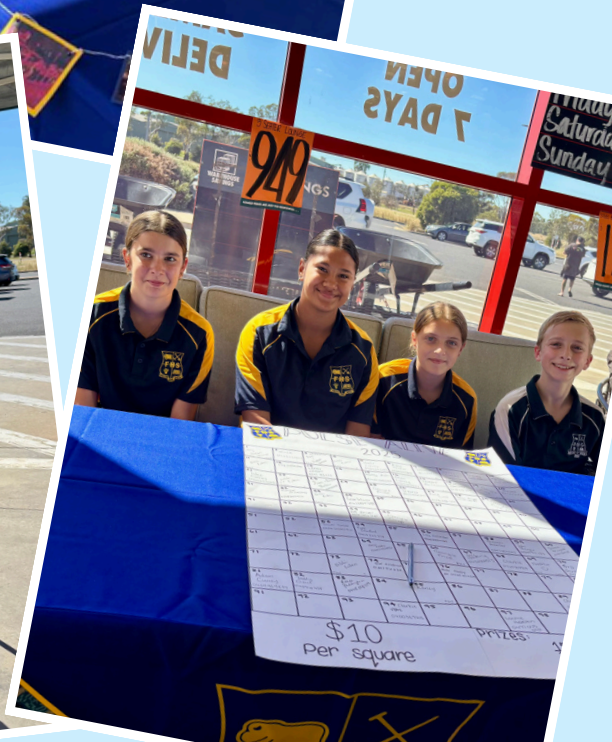
In Week 4, Year 12 students visited various tertiary education providers, giving them the opportunity to discover and explore a range of post-school options.

On Day 1, they explored the Canberra Institute of Technology and Canberra University, then traveled to Wollongong, where they enjoyed a beach walk and played ten-pin bowling. On Day 2, they took part in a variety of activities and lectures related to UOW Discovery Day.



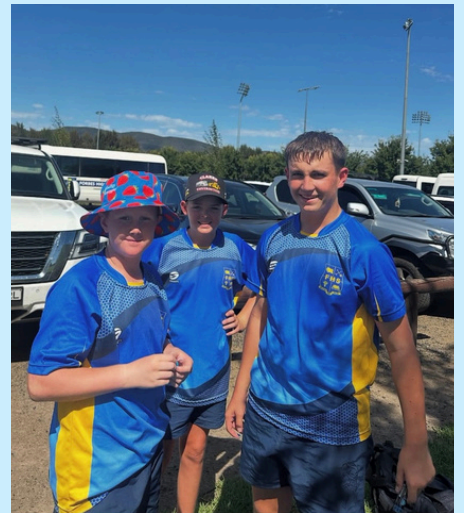
BUNNINGS BBQ

On Saturday, students and staff gathered at Bunnings Forbes to barbeque mouth-watering sausages and sell tickets for a 100 Club. All the proceeds will support 37 fabulous students who will showcase their talents at Pulse Alive 2025.



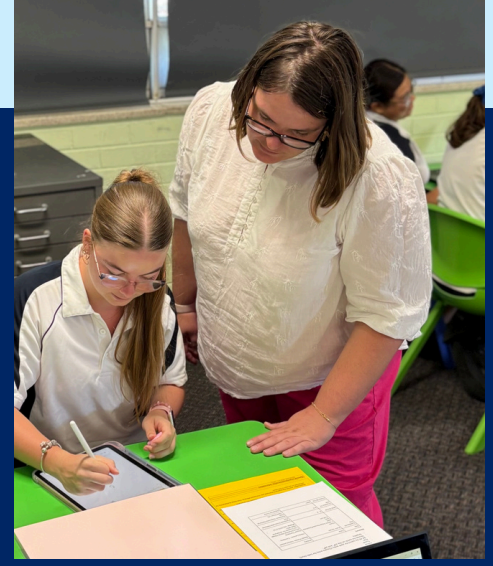
TOUCH FOOTBALL GALA DAY

The U15 Boys' and Girls' Touch Football teams participated in a Western Gala Day in Mudgee on Monday, February 24th. Both teams showcased remarkable effort during their matches, reflecting a strong sense of school pride. Great job!



FACULTY NEWS

Geography



As they gear up for their upcoming study of Alpine ecosystems and global sustainability at Kosciuszko National Park in Week 5, Year 12 Geography students are actively engaged in the classroom, investigating invasive species, human impacts, and the strategies employed by the National Park to address these challenges.

Support Unit

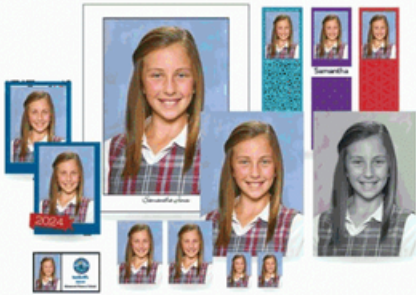
Under Mr Moore's guidance, Technology Mandatory students hone their sawing skills. This practice includes measuring, marking out, using the tenon saw and understanding the appropriate woodworking tools to utilise.



order your school photos now

to order visit: www.advancedlife.com.au

enter code: **DWF 5AQ DMQ**



scan to order

or collect a cash order envelope
from your school office

advancedlife
school photography & print specialists

Forbes High School Photo Catch-Up Day

17/3/2025

1. Please wear your full school uniform
2. Please place your order online before the day of photography
- Go to **www.advancedlife.com.au** and enter this code:

DWF 5AQ DMQ

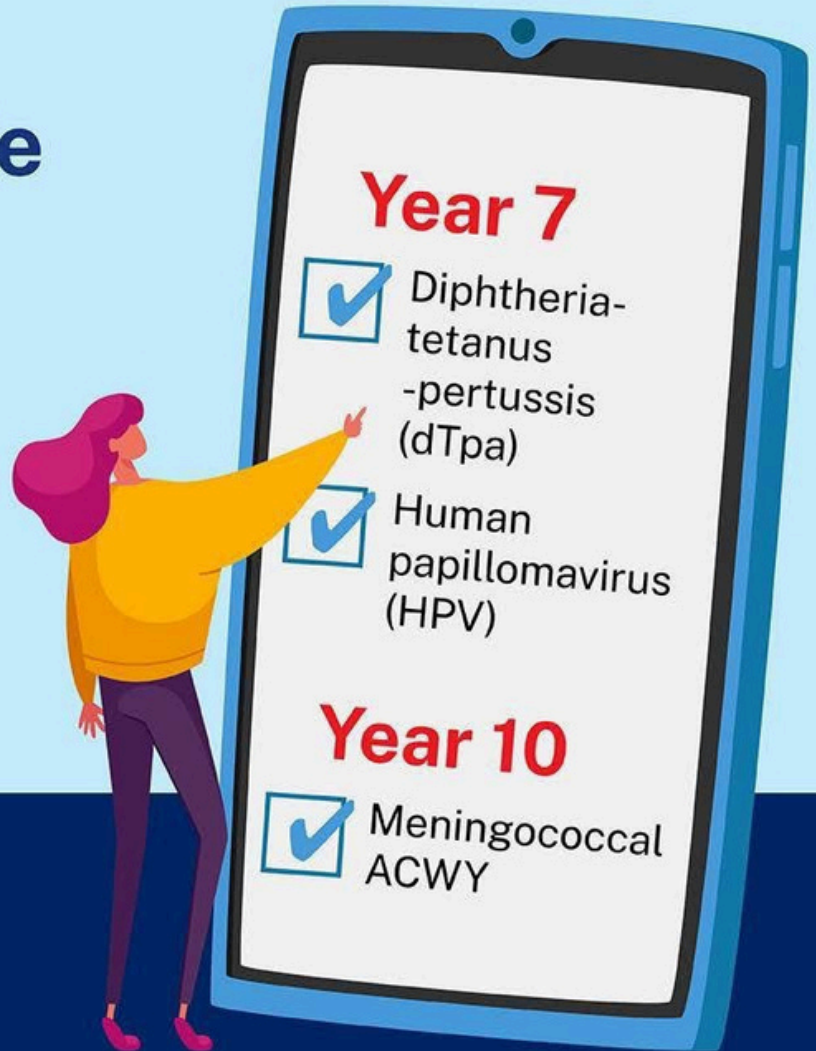
3. Payment can be made using Visa, Mastercard or PayPal
4. If you are unable to order online, please hand your completed order envelope directly to the photographers on the day of photography

If you have any queries concerning school photographs and ordering, please contact **advancedlife** directly:

www.advancedlife.com.au/contact

Is your child in year 7 or year 10?

You can provide
consent for
their school
vaccinations
online.



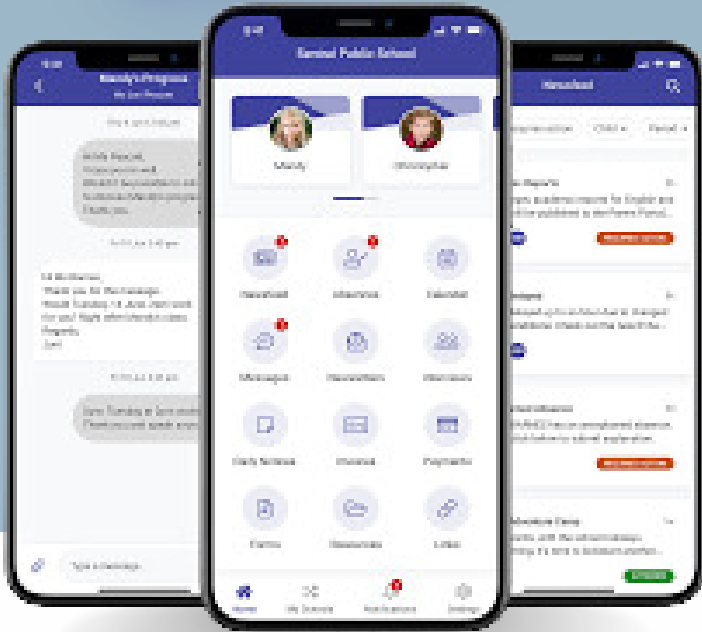
In collaboration with NSW Health, FHS will be offering
vaccinations for students in Years 7 and 10
on Friday, 14th March.

Please note that vaccinations will only be administered if
consent has been obtained.

You can provide your consent online at:
<https://engage.health.nsw.gov.au/engage>

For further details on these routine vaccinations, please visit
www.health.nsw.gov.au/immunisations.

Register now!



"Sentral for Parents" is a software platform improving school-parent communication. It offers various features. Visit the website for more information.

Sentral for Parents App Features

- 1 Notify the school of absences easily within the app.
- 2 View and pay for school fees, excursions, and more.
- 3 Receive newsfeed and notices about important events
- 4 View calendar items to stay up to date with school events

DOWNLOAD THE APP HERE



Visit our website for more info by clicking on our logo



CALL THE SCHOOL TO REGISTER
6852 2666



NAPLAN

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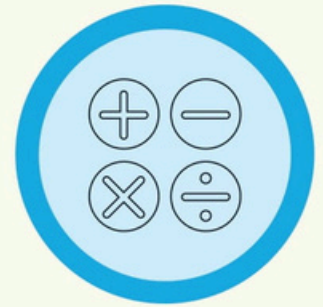
Writing



Reading



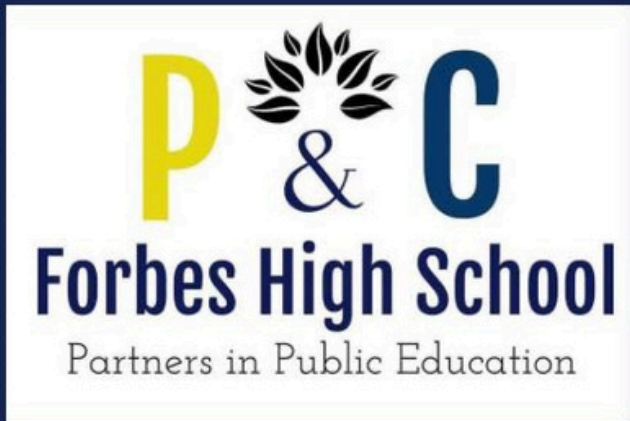
Conventions of language
(spelling, grammar and punctuation)



Numeracy

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FHS P&C

AGM MEETING

 **WEDNESDAY
19TH MARCH**

 **5PM**

**HELD AT
FORBES HIGH
SCHOOL**



ALL WELCOME TO ATTEND

OUR CANTEEN IS ONLINE WITH

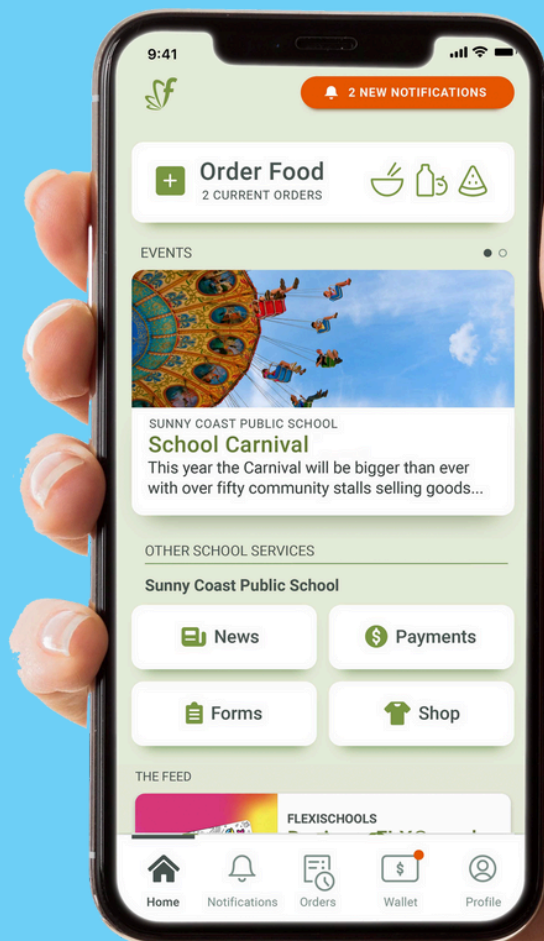
flexischools



With Flexischools, you can quickly place school orders online through the Flexischools app, which has a 4.8-star App Store rating!

- Order and pay in seconds
- Quickly re-order your favourites
- See up-to-date menus and items

Download the app, create your account and place your next order online via Flexischools.



Download the app &
register for Flexischools



How to register with Flexischools

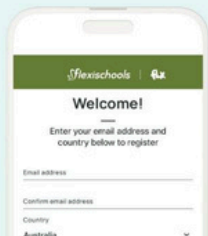
- 1 Download the Flexischools app and select **"Register"**
- 2 Enter your email and hit submit to create an account
- 3 Go to your inbox and click the link to verify your email (check spam if lost)
- 4 Follow the prompts to complete your registration, creating a password and adding your personal details
- 5 In the navigation bar, add your student(s) under **"Profile"** > **"Students"** > **"Add new"** then hit **"Save"** once done.

Now you're ready to start ordering!



Download the app now

Download on the App Store | GET IT ON Google Play



Issued by Inloop ACN 14 508 771 AFSL 470558. Read PDS & TMD at www.flexischools.com.au/legal. Advice is general & doesn't consider your needs.



How to link a student card to your Flexischools account

- 1 Select **"Profile"** in your Flexischools app navigation bar
- 2 Select the relevant student to expand their details
- 3 Scroll down and enter your child's student card or key tag number - you can set a daily spending limit here too
- 4 Tap **"Save"** once finished to confirm

Note: A student card can only be linked to a single Flexischools account at a time.



Download the app now

Download on the App Store | GET IT ON Google Play

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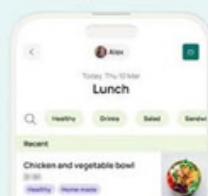
How to place a canteen order via the Flexischools app

- 1 Tap **"Order food"** at the top of your app home screen
- 2 Choose the child and date you wish to order for
- 3 Select the food items you'd like to purchase, then select **"View order"**
- 4 Choose your desired payment option (if auto top-up isn't enabled)
- 5 Hit **"Checkout & pay"** to confirm your order and process payment



Download the app now

Download on the App Store | GET IT ON Google Play



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Brought to you by FHS P&C

ONLINE CANTEEN ORDERING

Quickly place your lunch orders online with Flexischools

Flexischools is Australia's #1 school ordering app



Click Flexischools logo to download the App

Cash and EFTPOS options still available at the Canteen

Click here for more Flexischool information





CAFÉ ON WYNDHAM MENU 2025



SANDWICHES, ROLLS & WRAPS

Grain or White Bread	
Cheese or Vegemite	\$2.50
Ham or Chicken & Cheese	\$4.50
Egg, Lettuce & Mayo	\$4.50
Ham or Chicken, Cheese & Tomato	\$4.50
No Meat Salad	\$4.00
(Lettuce, carrot, tomato, cheese & beetroot)	
Ham & Salad	\$6.00
Chicken & Salad	\$6.00
Tuna & Salad	\$6.00
Ham or Chicken Salad Wrap	\$6.00
Bread Rolls - Add	\$0.50c
Toasted - Add	\$0.50c



SALADS

Chilli Tender Salad	\$6.00
Garden Salad	\$5.00
Garden Salad - Add	\$6.00
(Chicken/Ham/Egg or Tuna)	



DRINKS

Water 600ml	\$2.00
Water 1 Litre	\$3.50
Juice Bombs	\$3.00
Classic Milk Assorted Flavours 500ml	\$4.00
Orchy Orange Juice 500ml	\$4.00
Soft Drink Cans - No Sugar	\$3.00
Up & Go	\$3.00



EFTPOS AVAILABLE

Prices subject to change without notice



HOT FOOD

Traveller Pies	\$5.00
Sausage Roll	\$4.50
Chicken, Lettuce, Mayo Burger	\$5.50
Chicken Burger with the Lot	\$6.50
(Beetroot, cheese, tomato, carrot, lettuce & mayo)	
Beef & Cheese Burger	\$6.00
Sweet Chilli Chicken Wrap	\$5.50
Chicken Sticks Wrap	\$5.00
Chicken Sticks (6 pack)	\$4.50
Melt -Chicken, Cheese & BBQ Sauce	\$4.00
Melt -Ham, Cheese & BBQ Sauce	\$4.00
Garlic Bread	\$2.50
Tomato & BBQ Sauce (each)	\$0.50c
Gravy	\$0.50c

(ALL ITEMS ABOVE MUST be ordered for Lunch)



SNACKS

Chips 28gm	\$2.00
Fruit Muffins	\$2.00
Jelly Cups	\$1.50
Popcorn	\$0.50c
Seasonal Fruit Cups	\$3.50
Seasonal Fruit	\$2.00



ICE BLOCKS

Quelch Sticks	\$0.50c
Frozen Yoghurt	\$2.50
Paddle Pops	\$2.50
Snap Stix	\$1.50

Orders: MUST BE PLACED by 11:30am



flexischools

Scan to Download App



CANTEEN CLOSERS 5 MINUTES BEFORE BELL



DO YOU QUALIFY FOR FREE HOME INTERNET?



If there is a school age student at your home and you don't have an nbn connection, you could qualify for free home internet until 30 June 2028.



School Student
Broadband Initiative

An Australian Government Initiative
Powered by nbn

FREE HOME INTERNET FOR SCHOOL STUDENTS AND THEIR FAMILIES

nbn is implementing this Australian Government program that is offering 30,000 families and carers who look after school age children and are struggling to pay bills free home internet.

To apply, follow the four steps below:

- 1 Contact the National Referral Centre on **1800 954 610** Monday - Friday, 10am - 6pm (AEDT) or visit anglicarevic.org.au/student-internet
- 2 They'll ask you some questions to see if this offer is right for you.
- 3 If you qualify, you'll get a voucher.
- 4 Use the voucher to connect through your chosen participating internet provider. Use your voucher before the 30,000 places are taken.*



LEARN MORE

Scan QR Code to learn more.

THE BEST PART IS



Free home internet until 30 June 2028



The Wi-Fi router is free and you can keep it



There is no lock-in contract



Assistance provided by the National Referral Centre



Callback, webchat and interpreting are available

* Applications close when 30,000 places are reached. Being issued a voucher does not reserve your place in this program and you must use your voucher before the 30,000 places are taken otherwise it becomes invalid.



An Australian Government Initiative



UPCOMING EVENTS


Mon, 3rd Mar Pulse Alive - First Nations rehearsal	Tue, 4th Mar Western Swimming Training	Wed, 5th Mar Come and Try Athletics Girinyalanah Girls Group	Thurs, 6th Mar Jemalong Residential Visit
Fri, 7th Mar	Sat, 8th Mar	Sun, 9th Mar	Mon, 10th Mar
Tue, 11th Mar Year 10 Geography - Taronga Zoo	Wed, 12th Mar Pulse Alive - Massed Dance rehearsal NAPLAN	Thurs, 13th Mar Seniors Week NAPLAN	Fri, 14th Mar Dream Cricket NAPLAN Year 7 & 10 Vaccinations
Sat, 15th Mar	Sun, 16th Mar	Mon, 17th Mar School Photos Catch-Up Day NAPLAN	Tue, 18th Mar NAPLAN


Visit us on the web at [Forbes High School](#)


Follow us on Facebook at [Forbes High School](#)



CONTACT US

 02 6852 2666

 forbes-h.school@det.nsw.edu.au

 18 Wyndham Avenue, FORBES NSW 2871

Education

We recognise the Ongoing Custodians of the lands and waterways where we work and live. We pay respect to Elders past and present as ongoing teachers of knowledge, songlines and stories. We strive to ensure every Aboriginal and/or Torres Strait Islander learner in NSW achieves their potential through education.

Bila Galari Dreaming



Scan for more >



Follow in the footsteps of our First Australian's and embark on an unforgettable journey down the Lachlan River. Our signature tour offers a unique opportunity to immerse yourself in culture in the heart of Wiradjuri country.



Forbes Local AECG 2025 Calendar

TERM 1

WEEK 4

WEDNESDAY

19 FEBRUARY

FORBES NORTH PRIMARY SCHOOL

JUNIOR - 10:30AM

SENIOR - 11:30AM

IMPORTANT DATES:

- 26 JANUARY - SURVIVAL DAY
- 13 FEBRUARY - NATIONAL APOLOGY ANNIVERSARY
- 19 MARCH - NATIONAL CLOSE THE GAP DAY
- 21 MARCH - HARMONY DAY

TERM 2

WEEK 5

WEDNESDAY

28 MAY

FORBES PRIMARY SCHOOL

JUNIOR - 10:30AM

SENIOR - 11:30AM

IMPORTANT DATES:

- 26 MAY - NATIONAL SORRY DAY
- 27 MAY - 1967 REFERENDUM
- 27 MAY TO 3 JUNE NATIONAL RECONCILIATION WEEK
- 3 JUNE - MABO DAY
- 5-12 JULY - NATIONAL NAIDOC WEEK (HOLIDAYS)

TERM 3

WEEK 5

WEDNESDAY

20 AUGUST

ST LAURENCE'S PRIMARY

JUNIOR - 10:30AM

SENIOR - 11:30AM

IMPORTANT DATES:

- 4 AUGUST - NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER CHILDREN'S DAY
- 2 SEPTEMBER - INDIGENOUS LITERACY DAY

TERM 4

WEEK 1

WEDNESDAY

22 OCTOBER

VENUE TO BE CONFIRMED

JUNIOR - 10:30AM

SENIOR - 11:30AM

(AGM)

IMPORTANT DATES:

- 10 DECEMBER - HUMAN RIGHTS DAY

Talk2mebro

TALK2MEBRO
FORBES LADIES CATCH UP

Talk2mebro LADIES CATCH UP FORBES

7:30am - 9:00am Sunday 9th March
Forbes Ski Dam

BREATHWORK, CONNECTION, ICE BATHS

SPONSOR : FORBES SHIRE COUNCIL / EVOLUTION
NORTH PARKES MINE



Register
for free



HERE

WHERE WILL **MINING** TAKE YOU? 



NSW MINING CAREERS DINNER

Wednesday 19 March 2025

Parke Services Club
5.15pm - 7:30pm

- HEAR CAREER JOURNEYS FROM YOUNG PEOPLE IN **MINING**
- EXPLORE DIVERSE ROLES AND PATHWAYS IN THE INDUSTRY
- MEET INDUSTRY REPRESENTATIVES AND **WIN PRIZES!**

Don't miss this
FREE opportunity
for students,
parents, and
teachers
REGISTER NOW!



NSWMININGCAREERS.COM.AU

Forbes Assessment Clinic 2025



Wholechild Specialists are pleased to bring our developmental assessment clinic to Forbes again in 2025.

Our highly experienced team offer comprehensive diagnostic assessments for individuals of all ages.



- **Autism Spectrum Disorder**
 - **ADHD**
 - **Functional Capacity Assessments**
 - **Cognitive & Academic Assessments**
- Specific Learning Assessments for Dyscalculia, Dyslexia, Giftedness, Intellectual Disability (verbal and non-verbal assessments)**

A wide variety of other assessments available - contact us for more information.

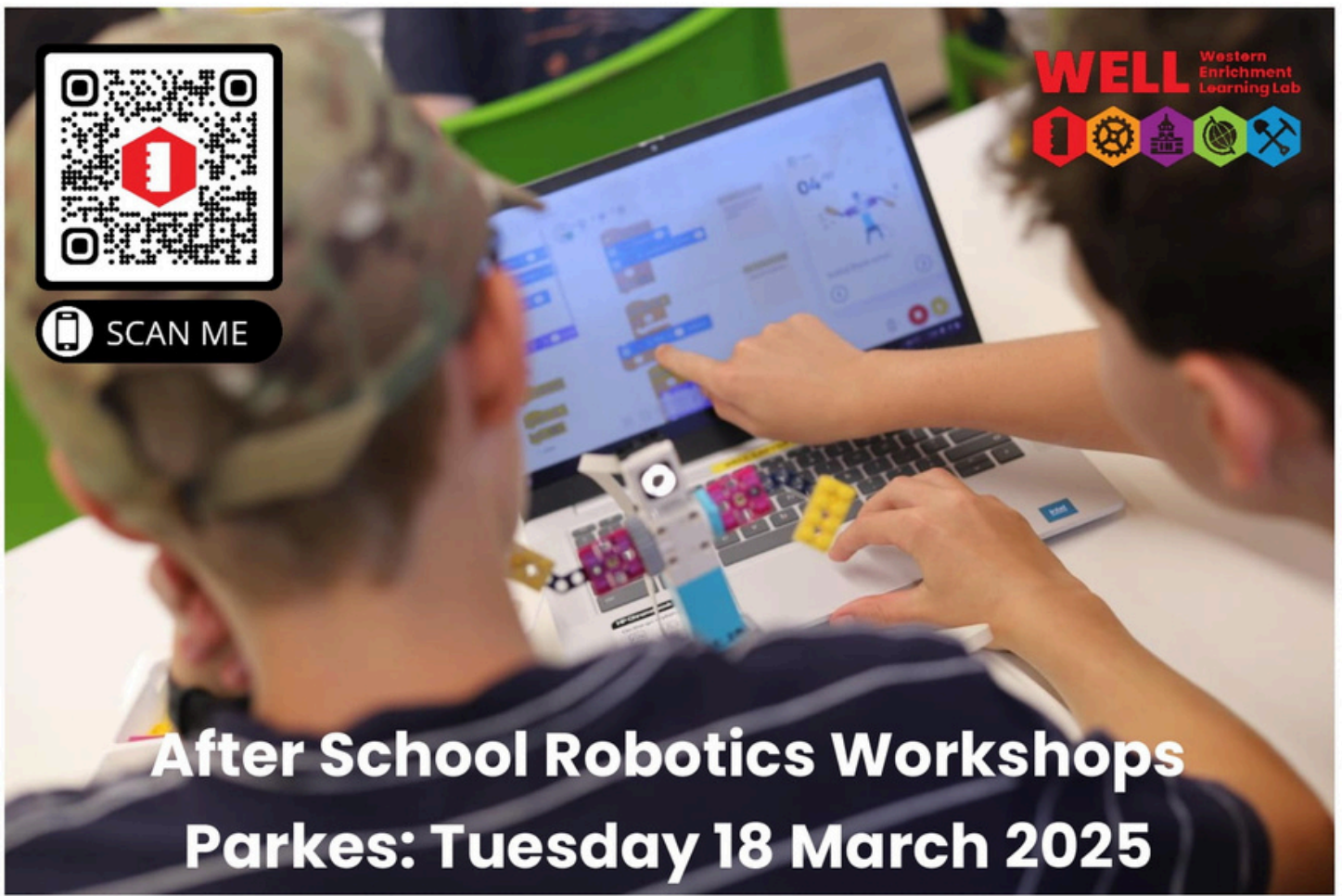
Contact us:

Email: hello@wholechildspecialists.com.

Phone: (02) 6361 9967

Web: www.wholechildspecialists.com.au





After School Robotics Workshops

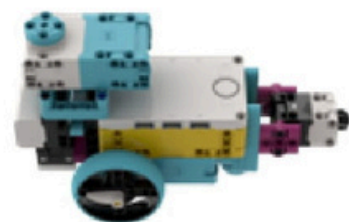
Parkes: Tuesday 18 March 2025

Parkes you asked us to come back soon and we listened! Western Enrichment Learning Lab's popular robotics programs are back in Parkes. WELL provides engaging and fun activities for school children using **LEGO Spike Essential** and **LEGO Spike Prime** robotics kits and Chromebook computers. Children work in pairs using Scratch Junior and Scratch coding. No previous experience is necessary.

Junior Robotics (Yr 2 to 5)
3.45pm – 4.45pm \$30



Intermediate Robotics (Yr 5 to 10)
5.00pm – 6.30pm \$45



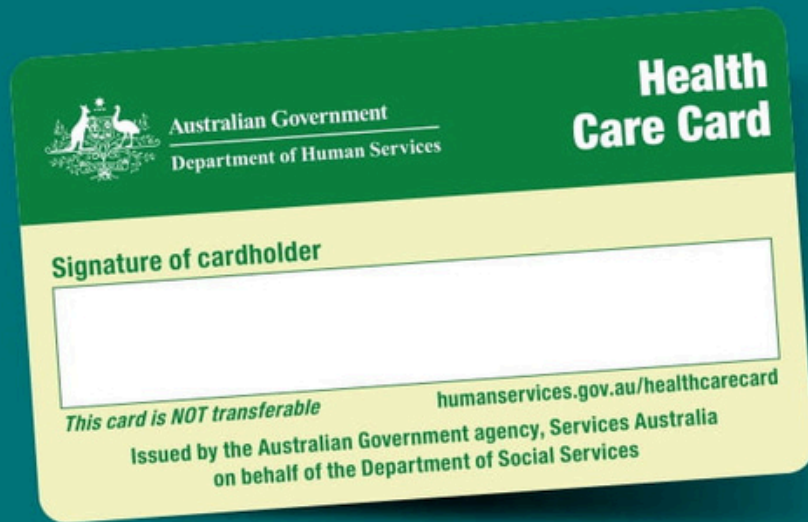
Venue:

Marramarra Makerspace
Parkes Library and Cultural Centre
25 Bogan St Parkes 2870

Book online at:

<https://www.trybooking.com/CZEUK>

www.westernenrichment.com.au



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops


saverplus

1300 610 355

saverplus.org.au

NSW TSF BTS 25



INTERNATIONAL WOMEN'S DAY

Saturday 8 March 2025

Breakfast in the park

Lions Park | 7am - 10am

Amazing guest speakers

Kelly Foran & Belinda Mawhinney

Breakfast | Gift bag | Guest speakers | Tickets \$30 each



Tickets at
123tix.com.au

6850 2300

events@forbes.nsw.gov.au





DEPRESSION, STRESS + ANXIETY COPING SKILLS CLASS

Practical strategies and support for navigating stress, anxiety, and depressive moods.



NALAG
National Association for
Loss and Grief (NSW) Inc

PARKES | FORBES | EUGOWRA | MOLONG

Blue Healers Coping Skills Class

When: Tuesday 18 March 2025

Time: 10.00 am – 2.00 pm

Where: FORBES, Venue TBA

Cost: FREE

Join us for our Coping Skills Class, where you'll discover practical strategies and gain valuable support to navigate the challenges of stress, anxiety, and depressive moods. This educational session is designed to empower you with the knowledge and tools to help yourself or better understand and support others. Whether you're seeking personal growth or looking to enhance your ability to assist those around you, this class offers a wealth of practical insights.

Remember, this is an educational opportunity, not a therapy or support group, so come ready to learn and grow in a supportive environment. Don't miss out on this chance to invest in your mental well-being and that of your loved ones!

Feel free to share this invitation with others who might benefit from attending. Participants will be given resources to take home including the Blue Healers Eating for Happiness Cookbook, Thats the Spirit Book, coffee mug and more.

Morning Tea, Lunch and Afternoon Tea included

This workshop is brought to you with the assistance of the Community Wellbeing Grants – NSW Mental Health and Wellbeing Flood and Disaster Recovery.

For more information contact:
NALAG Centre for Loss & Grief
Ph: 02 6882 9222
E: info@nalag.org.au

**Register
here**



[https://www.123tix.com.au/events/47275/
free-blue-healers-coping-skills-class-
forbes](https://www.123tix.com.au/events/47275/free-blue-healers-coping-skills-class-forbes)

ACADEMY TRAINING PROGRAM

SCAN HERE TO REGISTER



BEGINS

EARLY MARCH

Days: Monday & Wednesdays

Available to boys & girls aged 7-17 Years Old

Venue

Botanical Gardens

College Road, Forbes, NSW, 2871

Includes:

- kit
- tracksuit,
- bag
- cap
- 20 weeks training
- gala days entry fee

Admission **\$130**

NOTE: Academy fee is separate to club registration

For inquiries contact: 0412287810,
Forbessoccerclub@gmail.com or via our Facebook Page