## TERM 4, WEEK 4

#### **WELCOME TO FORBES HIGH**

Our motto is 'Multum non Multa', Quality not Quantity. We are a dynamic school with creative teachers, striving to achieve the best outcomes for our students.

Forbes High School strives to create an inclusive environment where students challenge and extend their academic boundaries with the support and reinforcement of strong community connections. At Forbes High School, we build opportunities by providing a positive learning and wellbeing environment for all our students so that they may become the best versions of themselves.

#### **IN THIS ISSUE**

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- School Information
- Upcoming Events
- Community announcements

#### **OUR AIM IS FOR:**

- Students to have a positive education experience
- Students to experience success in their learning
- Staff, students and parents to collaborate to ensure a successful educational journey
- All students are provided a rich education allowing for successful future pathways



#### FORBES HIGH SCHOOL NEWSLETTER 2024

## **PRINCIPAL'S REPORT**

#### Mrs Kathleen Maksymczuk

Dear parents, carers, students, and the Forbes High community,

Welcome to our next newsletter instalment filled with a range of exceptional educational experiences over the last few weeks. It has been impressive to see our students thrive both inside and outside the classroom.

#### **Leadership Induction**

Thursday afternoon we recognised the value of student voice and leadership at Forbes High School. This was a warm and wonderful afternoon where we celebrated with our families the leadership roles that our students will undertake for the next twelve months. Thank you to our families for attending and for our staff and students.





#### **Executive Director Visit**

Ms Josie Bailey, Executive Director for Rural South and West visited Forbes High School with Director Educational Leadership, Mr David Lloyd on Tuesday 5th November. They were escorted by our student leaders who gave them a guided tour of some of our classes and learning spaces across the school. We also had a delicious lunch provided by the Year 11 Hospitality class. Thank you to all staff and students involved. Our guests left being incredibly impressed with our school and the outstanding programs we have in place.





#### **GRIP Leadership**

Ms Radvanyi and Mr West accompanied our student leaders to the GRIP Leadership Conference on Wednesday. An excellent day filled with motivation opportunity to and the engage with leaders from various walks of life. Strong leadership has always been present at Forbes High School and we are proactive in ensuring such leadership opportunities continue.





#### **MADD** Night

Next Thursday is MADD Night, a great showcase of our student talent in the Creative and Performing Arts. Student rehearsals are being refined and finalised, please come along to this event and celebrate the showcasing of our students in Music, Art, Dance and Drama.

Thank you for your support of our school.

Warm regards, Kathleen Maksymczuk

#### **Birth to Kindergarten**

Last week students attended the Birth to Kinder event and were fantastic ambassadors for our school. They read stories to children, supported the running and organisation of activities and had a brilliant day.





Showtime @ 6:30 pm Gold Coin Entry Donation. Snacks & Drinks are available for purchase.



The induction of student leaders marks the start of a new leadership chapter at the school. On November 8th, elected students were officially inducted into roles such as School Captains, Vice-Captains, Student Representative Council and Sporting House Leaders. Congratulations to all! We believe in your potential to inspire positive change and foster a collaborative, inclusive school environment.

<u>leaders</u>













NON

INDUCTION

More photos here

MULTUM

MULTA







#### **School Captains**

Annaliese Green Philip Klingner

#### **School Vice-Captains**

Marnie Blake Chase Moses

#### **Student Representative Council**

Year 10

Year 12

Jesse Byrne Lachlan Kearney Pallister Reggie Sharkey

#### Year 11

Benjamin Boyd Eli Brown Marcus Colvin Kai Cowell Logan Davies Methmi Gamage Chloe Little Stephanie Vonthien Dylan Bray Jamal Gorman-Barnes Josiah Klingner Lindsay Moore Karla Osborne Lacey Osborne

#### Year 9 Aidan Campbell Lillian Eagles Shane Moxey Charlie Newton

#### Year 8

Noah Brown Shawn Carpenter Grace Fairley Naomi Klingner

#### Year 7 TBA

#### **Sporting House Captains**

#### Burrabinya

Benjamin Boyd Dylan Bray Clare Williams Jeremy Darcy

<u>Junior Representatives</u> Jacob Cheney Kye Allen Noah Brown Gamilaroi Philip Klipon

Philip Klingner Marcus Colvin Stephanie Vonthien Josiah Klingner

<u>Junior Representatives</u> Naomi Klingner Eli Davies Nguri Preston Kennedy Belle Hartwig Bella Henry Bella Male

<u>Junior Representatives</u> Lillian Eagles Shane Moxey Max Ridge

#### Wiradjuri

Reggie Sharkey Phoebe Walker Lindsay Moore Lachlan Kearney Pallister

Junior Representatives Billy Zerafa Clay Ward YOUR WORK IS SEEN AND IT MATTERS

#### RECOGNITION DAY 2024



# thank you

The 2024 School Counsellor and School Psychologist Recognition Day theme 'Little Moments, Lasting Change' celebrates the impact school counsellors and psychologists have on students and school communities. It highlights their thoughtful and persistent efforts in navigating tough moments, often through seemingly small yet significant actions that contribute to the resilience and growth of young people.

At Forbes High School, we recognise and value the significant contributions that these incredible staff members bring to our school community. Their efforts are truly appreciated!

### **BIRTH TO KINDER READING DAY**

Child Studies and exploring early child students volunteered their time to assist with this years Birth to Kinder Reading Day last Friday. They engaged young learners aged 0-6 by reading books and participating in enjoyable craft activities, all aimed to help foster and improve their love for reading.













### **GRIP STUDENT LEADERSHIP CONFERENCE**









On Wednesday, November 6th, students participated in the GRIP Student Leadership Conference held in Dubbo.

The GRIP Student Leadership Conference focuses on equipping student leaders for their roles within schools. The format, subjects, and material of this conference focus on what the students can implement immediately.

The aim is for student leaders to leave the conference with a clear vision, a strong comprehension of their responsibilities, and a wealth of ideas to enhance their time as leaders.



### **POSITIVE COMMUNITY ENGAGEMENT**

What a splashing morning our students had at the heated pool! Thank you to Forbes Shire Council for allowing us to use this fantastic facility. The students had a blast participating in a water aerobics session followed by a noodle race. That was a highlight! We're so grateful for the chance to develop these vital life skills of swimming and water safety with our students.



### **SCHOOL WILDLIFE**

Blue-tongued skinks, often referred to simply as blue tongues, are fascinating reptiles that thrive in lush environments.

This week, our observant staff and students have spotted five of these charming creatures happily exploring our school grounds.





## FACULTY NEWS

### TAS

#### Stage 5 Food Technology

Food service and catering

Students work in pairs to create a range of foods suitable for a food van/truck. These foods ranged from homemade pizza bases to their assessment of foods to sell in a food truck.















## **FACULTY NEWS**

## TAS

#### **Year 8 Technology Mandatory**

This term, students have developed the skills needed to create a patchwork cushion using a sewing machine.

Additionally, they have hand sewn felt creatures, employing running and blanket stitches to bring their creations to life.



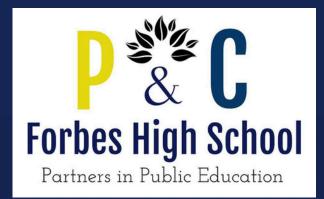


#### **Sewing Group**

The sewing group meets during lunchtime and recess on alternate weeks. Students gather in a welcoming environment where they can engage in making homemade textile creations. Some examples of activities include crochet, knitting, and hand sewing.







#### FORBES HIGH SCHOOL

#### P&C ASSOCIATION

#### CASUAL CANTEEN ASSISTANT

Forbes High School P&C are seeking applicants for an exciting opportunity to become part of our community as a casual canteen assistant.

In this role you will support and report to the Canteen Manager and assist in the day-today tasks of working in a school canteen, from food preparation, order management, health and hygiene, volunteer management and customer service. **Selection criteria** 

- 1. Current Working with Children Check
- 2. Ability to work independently when required
- 3. Demonstrated understanding of the requirements of a school canteen.
- 4. Ability to communicate effectively and work in a team environment.
- 5. Food Handling Certificate (or willingness to undertake)
- 6. Knowledge of the NSW Healthy Canteen Strategy (desirable)
- 7. Able to use (desirable) POS system

The position is on call casual Mon-Fri 9-2pm with some flexibility required.

Wages are in accordance with the Fast Food Industry Award pay rates.

For a detailed job description email <a href="mailto:forbeshighpc@gmail.com">forbeshighpc@gmail.com</a>

Please email your CV through to the FHS P&C forbeshighpc@gmail.com

#### APPLICATIONS CLOSE Friday 15th November 2024



## GENERAL ASSISTANT & FARM ASSISTANT

## Expression of Interest for Temporary Employment in 2025

**contact us** 6852 2666

Applications close: 3.00pm, Friday 15th November 2024

HERE

Click for more information and to complete EOI form

#### **GENERAL ASSISTANT**

The General Assistant performs a range of tasks relating to the routine maintenance and upkeep of a Departmental school/grounds. The role may assist with the set-up and removal of furniture and equipment for school activities.

#### FARM ASSISTANT

The primary purpose of the role is to prepare and maintain an established agricultural plot. The role assists with: crop production and disposal; machinery operation; maintenance of machinery, tools, equipment; care and supervision of livestock; receipt and storage of supplies; and general farm maintenance.

## THURSDAY 14 NOVEMBER 2024

MUSIC | ART | DANCE | DRAMA SHOWTIME - 6.30PM

GOLD COIN ENTRY DONATION

Snacks & drinks available to purchase

# Restricted social networking platforms for students

From Day 1 Term 4, students will no longer be able to use their school email address (@education.nsw.gov.au) to access social media, gaming, instant messaging and similar platforms. This means they will also not be able to retrieve password-recovery emails and the like from these platforms.

The NSW Department of Education is making this important change to help keep our students safe online, reduce the risk of cyber threats and make sure student email accounts are used for their intended educational purposes only.

If students have signed up for a social media, gaming, instant messaging or similar account using their student email address, please change to a personal email address on each platform by Sunday 13 October 2024 to make sure you don't lose access to the account.

Here's how:

- 1. Log in to each account.
- 2. Go to the account settings and update your email address to a personal one. Add a mobile number too, if you haven't already.

The department is making this change to ensure all student accounts are being used for their educational purposes, and to help protect them from risks online. Using a personal email address for these platforms instead of their student email address reduces the chances of someone gaining access to information in their school account.





# **TELL THEM FROM ME**

## http://nsw.tellthemfromme.com/forbeshs

Feedback is really important to Forbes High School and we would love to hear from you.

The Tell Them From Me Parent survey is an anonymous online survey that is a quick and easy way for our parents and carers to express their views about their children's experiences at home and school. It is your chance to let us know how we are doing and help us build a better school, improve the family experience and allocate our resources to better support our students.

Please help us by having your say.

## PARENT SURVEY



### **OUR CANTEEN IS ONLINE WITH** flexischools



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See up-to-date menus and items



Download the app &

#### Click here for more Flexischool information



## **ONLINE CANTEEN** ORDERING

Quickly place your lunch orders online with Flexischools

Flexischools is Australia's #1 school ordering app



**Click Flexischools logo** to download the App

#### Cash and EFTPOS options still available at the Canteen



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💐 HOT FOOD		50	SANDWICHES	5,		DRINKS	
Traveller Pie	\$4.50		<b>PROLLS &amp; WRA</b>	<b>'</b> S -		Water 600ml	\$2.00
Sausage Roll	\$4.00	0.	Grain or White Bread			Water 1 Litre	\$3.50
Chicken, Lettuce, Mayo Burger	\$5.00	]	Cheese or Vegemite	\$2.50		Spring Water 600ml	\$2.00
Chicken Burger with the Lot	\$6.50		Ham or Chicken & Cheese	\$4.50		Juice Poppers	\$2.00
(Beetroot, cheese, tomato,carrot, lett	uce & mayo)		Egg, Lettuce & Mayo	\$4.50		Juice Bombs	\$3 <b>.0</b> 0
Beef & Cheese Burger	\$5.00		Ham or Chicken, Cheese & Tomato	\$4.50		Classic Milk Assorted Flavours	
Sweet Chilli Chicken Wrap	\$5.00		No Meat Salad	\$4.00		300m	\$3.00
Chicken Sticks Wrap	\$5.00		(Lettuce, carrot, tomato, cheese & b			500m	\$4.00
Chicken Sticks (6 pack)	\$4.00		Ham & Salad	\$5.50		Orchy Orange Juice 500ml	\$4.00
Garlic Bread	\$2.50		Chicken & Salad	\$5.50		Soft Drink Cans - No Sugar	\$3.00
Tomato & BBQ Sauce (each)	\$0.50c		Tuna & Salad	\$5.50		Up & Go	\$3.00
Gravy	\$0.50c		Ham or Chicken Salad Wrap	\$5.50			
(ALL ITEMS ABOVE MUST be ordered 1	for Lunch)		Bread Rolls - Add	\$0.50c		ICE BLOCKS	
<b>SNACKS</b>			Toasted - Add	\$0.50c		Quelch Sticks	\$0.500
Carrot Sticks	\$0.50c	1	SALADS			Frozen Yoghurt	\$2.50
Chips 28gm	\$2.00	1	M DALAND			Paddle Pops	\$2.50
Fruit Muffins	\$2.00	1	Chilli Tender Salad	\$6.00		Snap Stix	\$1.00
Jelly Cups	\$1.00	1	Garden Salad	\$5.00		onap oux	91.00
Popcorn	\$0.50c	1	Garden Salad - Add	\$6.00		EETDOR AVAILA	
Rice Cakes	\$0.20c	]	(Chicken/Ham/Egg or Tuna)			EFTPOS AVAILA	<u>, 11 C</u>
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**CANTEEN CLOSES 5** INUTES BEFORE BELI

\$3.00

\$1.00

Seasonal Fruit Cups

Seasonal Fruit

LUNCH ORDERS CLOSING TIME 11:25am

Term 4, 2024
Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parent and carers.

#### Term 4 topics:

- Supporting healthy tech use as your child transitions into high school (30 minutes)
   Suitable for parents and carers of young people in upper primary school (aged 11-12) and Year 7.
- eSafety 101: How eSafety can help (30 minutes) Suitable for parents and carers of children and young people in primary and secondary school. An overview of the eSafety Commissioner, and supporting programs and resources for parents and carers, children, and young people.



For more information and to register now: eSafety.gov.au/parents/webinars



eSafetyCommissioner

eSafety.gov.au

#### Supporting healthy tech use as your child transitions into high school (30 mins)

Suitable for parents and carers of young people in upper primary school (aged 11-12) and Year 7.

Thursday, 28 November, 12.30pm

## **Safety 101: How eSafety can help** (30 mins)

Suitable for parents and carers of children and young people in primary and secondary school. An overview of the eSafety

Commissioner, and supporting programs and resources for parents and carers, children, and young people.

Wednesday, 4 December, 12.30pm

## **UPCOMING EVENTS**

Mon. 11th Nov	Tue, 12th Nov	Wed, 13th	Thurs, 14th
Positive Community	Girinyalanah Girls	<b>Community Access</b>	MADD Night
Engagement	Group Central West Anti-	Year 10 Swimming	Peer Support Training
Year 10 Swimming	Bullying Summit		River Dreaming Cultural Tour
Fri, 15th Nov	Sat. 16th Nov	Sun, 17th Nov	Mon, 18th Nov
Drumbeat			Book Club
Peer Support Training			TAFE Yes Program
Year 12 Graduation Dinner			
Tue, 19th Nov	Wed, 20th Nov	Thurs, 21st Nov	Fri, 22nd Nov
TAFE Yes Program	TAFE Yes Program	TAFE Yes Program	TAFE Yes Program
Ben Hall Shield	Girinyalanah Girls Group	2025 Yr 7 transition	Drumbeat
	Community Access 2025 Yr 7 transition		Positive Community Engagement
Sat. 23rd Nov	Sun, 24th Nov	Mon, 25th Nov	Tue, 26th Nov
		TAFE Yes Program	TAFE Yes Program
		Community White Ribbon march	Girinyalanah Girls Group
		IPROWD / White Ribbon	

Visit us on the web at <u>Forbes High School</u> Follow us on Facebook at <u>Forbes High School</u>

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#### **CONTACT US**

- **O**2 6852 2666
- forbes-h.school@det.nsw.edu.au
- 18 Wyndham Avenue, FORBES NSW 2871

## Education

We recognise the Ongoing Custodians of the lands and waterways where we work and live. We pay respect to Elders past and present as ongoing teachers of knowledge, songlines and stories. We strive to ensure every Aboriginal and/or Torres Strait Islander learner in NSW achieves their potential through education.

GOVERNMENT

# DOYOU GUALIFY FOR FREE HOME INTERNET

If there is a school age student at your home and you don't have an nbn connection, you could qualify for free home internet until the end of 2025.



## FREE HOME INTERNET FOR SCHOOL STUDENTS AND THEIR FAMILIES

This is an Australian Government program that offers free home internet to families and carers who look after school age children and are struggling to pay the bills.

To apply, follow the four steps below:

- Contact the National Referral Centre on
   1800 954 610 Monday Friday, 10am 6pm (AEDT) or visit anglicarevic.org.au/student-internet
- 2 They'll ask you some questions to see if this offer is right for you.
- 3 If you qualify, you'll get a voucher.
- Use the voucher to connect through your chosen participating internet provider before 31 December 2024.



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Scan QR Code to learn more.

## **THE BEST PART IS**



Free home internet until 31 December 2025



The Wi-Fi router is free and you can keep it

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There is no lock-in contract



Assistance provided by the National Referral Centre



Callback, webchat and interpreting are available



An Australian Government Initiative



#### ' S4 ENTRY UNDER 2 YRS FREE

Fundraising for the **Specialist Medical Resources Foundation** 

**Proudly Presents** CAROLS BY. CANDLELIGHT A Christmas Spectacular

WA'GGA "WAGGA MUSIC BOWL DEC 6TH & 7TH GATES 5PM SHOW 6:30PM - 8:30 P M Special performances by



Josh McKellar

Qanta Claus



lagga's Rockettes

Meredith Adams Harry Mangelsdorf Jade O'Halloran ROAMING PERFORMERS RIDES FACE PAINTING FOOD DRINKS PRESHOW ENTERTAINMENT www.carolswagga.org.au







PEGASUS The Maily Advertiser





## Talk2mebro

## LADIES CATCH UP

**AurP**ra

South Coast

Private Hospital

7:30am - 8:30am Sunday 10th November Forbes Ski Dam

### **ICE BATHS, BREATHWORK & CONNECTION**

HERE

#### MONTHLY SPONSOR : SOUTH COAST PRIVATE HOSPITAL

## REGISTER FOR FREE



## RALLYING TO SUPPORT THE McGRATH BREAST CANCER FOUNDATION



Please join the Forbes Domestic & Family Violence Committee for

# WHITE RIBBON DAY

Monday, 25 November 2024

9:30
10:00
10:45
11:15
12:00

Assemble in Victoria Park March to Lions Park Official opening Meet the services, gold coin donation BBQ available Event concludes

For further information, please email community@forbes.nsw.gov.au

A day to educate and raise awareness around the issue of men's violence against women.





Everyone come