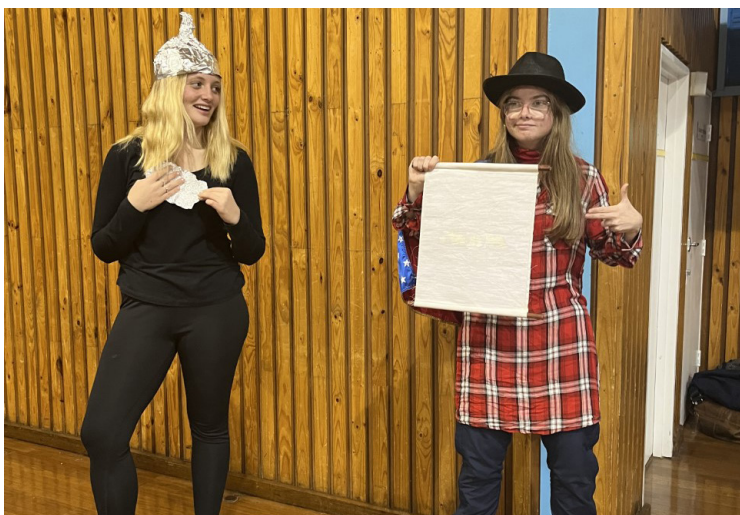


YRS 7- 10 PARENT TEACHER INTERVIEWS





PRINCIPAL'S REPORT

Dear Parents, Carers and our FHS community,

Thank you for a great start to the term for our staff and students at Forbes High School. As always, it is a busy time with many different events and activities to support our students have the best educational experience. I am upset that I have missed Week 2 due to Covid-19 but I want to thank Lee-Anne Jones for ensuring the smooth running of the school during my absence and I look forward to returning to work.

I would like to acknowledge the work of the former Principal, Safija Bristina, for her work during her time at Forbes High School. Safija has relinquished her position after much consideration, and this is an extremely selfless act as it allows the school to fill this important role substantively. Safija leaves a rich legacy of supporting student learning through wellbeing structures and it has been a privilege to follow in her footsteps.

Parent Teacher Interviews – Years 7 to 10

Thank you to our families, staff and students who attended Tuesday night's parent teacher conferences. For too many years, restrictions have not enabled these rich learning conversations to occur face to face, and it is great to have parents in our school. If you were not able to attend or have any further questions, please call the school on 6852 2666 to speak to your child's teacher, Year Advisor or the relevant Deputy Principal.

Connecting to Country Professional Learning

Last week, myself, Mrs Jones and Ms McKenzie attended a powerful professional learning event organised by the Forbes Local AECG. This learning focused on us connecting to country and seeing and learning first-hand the rich cultural heritage of our community. I want to thank and acknowledge the work of Barry Merritt, Forbes High School Aboriginal Education Officer and local AECG President, for his work in developing this professional learning.

Covid -19

As Covid-19 continues to circulate in our local community, please ensure you keep yourselves and your family well. If your child is displaying any cold or flu like symptoms, please keep them at home as the flu spread is also high at the moment. If your child does test positive to Covid, please report it via Services NSW and contact the front office. The school has a supply of Rapid Antigen Tests, and these will be available from the front office. Please collect as necessary and we will also send them home with students.

It is also recommended that students wear masks as an extra layer of precaution against not only Covid-19, but cold and flu.

Thank you for your support of Forbes High School and please know we are always here to support your child in their educational journey.

Warm regards.

Kathleen Maksymczuk
Rel. Principal



DEPUTY PRINCIPAL'S REPORT

Attendance

School attendance has benefits to students both in the short and long term:

- Regular school attendance improves student wellbeing by making school a place where a student develops strong relationships and can feel comfortable and safe.
- Regular attendance also improves a student's job readiness through getting them into good habits of regular routine and punctuality.

All these factors have the benefit of increasing the likelihood of a person gaining a better job, earning more money and even improving long term health outcomes.

For these reasons, Forbes High School is working to improve student attendance and recognise those who already have great attendance. We are very excited to announce that in conjunction with Forbes Domino's Pizza, we will be recognising those students with 95% and above attendance in term 2 with a voucher for a free pizza.



We really encourage families to work with the school to ensure their children are at school on as many days as possible to ensure they get the best educational and life outcomes from this period of their lives.

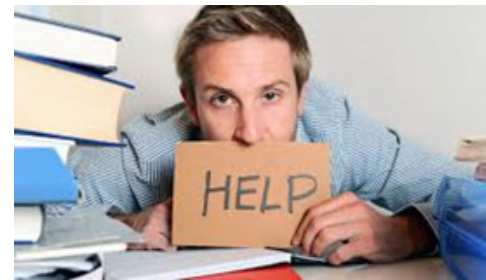
Trial HSC Examinations

Trial HSC Examinations will be held during weeks 5 and 6 of this term. These exams are an important part of the HSC assessment calendar and make up a large part of each student's assessment mark. In addition, the exams allow students to work on their study skills and exam technique as well as get valuable feedback from their teachers regarding their level of knowledge.

We encourage students to be working with their teacher mentors to develop a study timetable, to work with their teachers to complete practice exams and attend homework centre on a Monday afternoon for further assistance.

Year 11 Examinations

It is timely to remind Year 11 students they are heading towards the end of their Year 11 course which will culminate in examinations in week 9 of this term. As students complete their final assessment tasks, they too should then turn their attention to revising course content, working with teachers on practice papers and attending homework centre for further support.



Yondr pouches

This is a friendly reminder that students are to have their phones turned off and locked in their Yondr pouches throughout the school day. Students caught with their phones or with damaged pouches will be dealt with under the school behaviour management policy.



Students should also be aware that if they are mis-using their smart watches during the school day that they may also be sanctioned under the school behaviour management policy.

Thank you

Finally, I would like to congratulate the students of Forbes High for the great start we have had to term 3, and I would like to thank the staff for all of their assistance this week.

Regards,

Mrs Lee-Anne Jones



FORBES HIGH SCHOOL

Relieving Principal: *Mrs Kathleen Maksymczuk*

P O Box 532
FORBES NSW 2871
www.forbes-h.schools.nsw.edu.au

Phone: (02) 6852 2666
Fax: (02) 6851 1071
forbes-h.school@det.nsw.edu.au

Tuesday 19th July 2022

Dear staff, students, parents and friends of the community,

It has been some time since my last message published in our Dhurany. Since leaving Forbes HS, I was appointed in my current role for one year and have since been offered multiple extensions, which I have keenly undertaken. However, the time has come for me to enable a more certain future for the community of Forbes and the students we serve at this great public school. So, at the end of last term, I made the difficult decision to relinquish my position so that Forbes HS can appoint a substantive principal.

I take this opportunity to thank and acknowledge all stakeholders in the Forbes community who enabled me the privilege to serve as the custodian of our school during my tenure. The students of Forbes High School were an absolute delight to serve every day – they showed respect, resilience, dignity and represented their families with great esteem. I thank all staff for your support and dedication in enabling our students to stay connected to school and achieve their potential – together we accomplished improved outcomes for our students. I acknowledge our many partners outside of school that collectively contributed to great decision making that enabled our students to engage with learning effectively. Your collective support and contribution did not go unnoticed. Thank you all.

I wish continued success for the school and the community now and into the future. For now, it is farewell but not goodbye.

Best regards
Safija Bristina



WELCOME TO FORBES HIGH SCHOOL ABBEY

I am excited to start Term 3 in the role of the Student Support Officer at Forbes High School.

Some of you may recognise me from my placement here in 2019, or more recently from my weekly visits in the Rural Youth Mental Health (RYMH) program.

I will be at the school and available to support students five days a week. I will be supporting the whole school to improve the wellbeing, resilience and pro social behaviours of students through groups, external referrals to services and caring conversations.

If parents or students have any concerns or challenges they would like to discuss, please do not hesitate to contact me.

I look forward to getting to know the community and students. Abbey Swain.



NEW FURNITURE IN THE LIBRARY

The library has been furnished with some comfortable new bean bags. Students are welcome to come and read and relax in comfort during lunchtime. A great way to escape the chilly winter weather!



PARKES TRY A TRADE DAY

Parkes TAFE played host to the 2022 version of Try a Trade. The day was well supported by a large range of trade based businesses and industries as well as various training providers. Our students had the opportunity to get their “hands dirty” with a variety of trade based activities for the afternoon.



2022 Parkes Try a Trade



 Moxey Farms	 TAFE Animal Studies	 Country Universities Centre	 Ray White	 DEFENCE FORCE	 Australian Wool Innovation	 SUNSHINE Warehouse	 TAFE Community Services	 NSW TRAINING SERVICES	 Glassplace	 APPRENTICESHIP CAREERS
 TAFE NURSING & HEALTH	 NSW Hospital	 ARTC	 Skillset	 DTC TRAINING	 DPI	 North-bound Driver Training	 TRANSPORT NSW	 TAFE Electrical & Automotive	 TAFE ANIMAL STUDIES	 APPRENTICESHIP SUPPORT AUSTRALIA
 TAFE Hair & Beauty Mobile Training Unit	 CMOC	 TAFE Ag & Shearing Mobile Training Unit	 VERTO	 PARKES SHIRE COUNCIL	 TAFE ABORIGINAL STUDIES	 TAFE NSW General Info stand	 TAFE NSW General Info stand	 TAFE NSW General Info stand	 TAFE NSW General Info stand	 TAFE NSW General Info stand
 SES	 O'CONNORS Farm Machinery	 Fulton Region	 PARKES HYDRAULIC SERVICES	 reece	 Steve Magill Earthmoving	 HUTCHEON & PEARCE	 TAFE Welding	 NSW POLICE FORCE	 TAFE Early Childhood Education and Care	 Neighbourhood Central
 SES	 O'CONNORS Farm Machinery	 Fulton Region	 PARKES HYDRAULIC SERVICES	 reece	 Steve Magill Earthmoving	 HUTCHEON & PEARCE	 TAFE Welding	 NSW POLICE FORCE	 TAFE Early Childhood Education and Care	 Neighbourhood Central
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BOYS TO THE BUSH TERM 3 WEEK 1 SUMMARY

We arrived at the school around 8:50am and were greeted by some keen and excited boys. After we had introduced ourselves, we headed for our office to go over the expectations for the program and outline some goals for the next 5 weeks. During our chat the boys identified 3 areas which they felt were important:

- Respect
- Doing their best
- Responsible

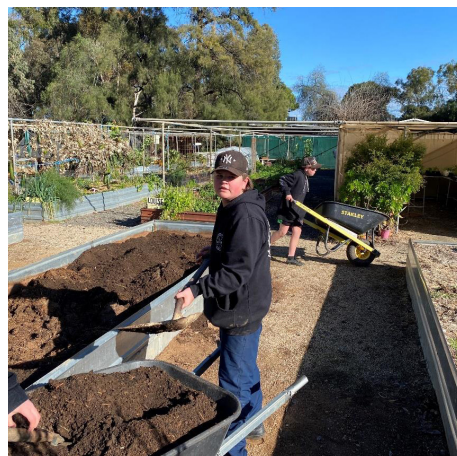
We talked about the importance of these 3 things as they get older and take on more responsibility in life. The boys took a very mature approach to our chat, and I couldn't wait to see how they performed for the day.



Community Gardens

Goals - Community engagement, hard work and communication.

Upon arrival at the garden, the boys introduced themselves to Gail and Dennis (Garden members) and listened to what job Dennis had for us for the morning. The boys got straight to work after this, shovelling soil, using the wheelbarrow, and spreading mulch. The boys work tirelessly from 9:30am till 11:30am, and the job was done. I was pleased to see how well the boys worked together, listened to instructions, and got the job done. Dennis and Gail thanked the boys for their time and gave them a soft drink for their help.





WALKERS AG N VET

Goals - Giving back to community who support us.

I explained to the boys about the support we receive off businesses such as Walkers Ag n Vet and we would help them out by supplying them with a BBQ lunch today. The boys helped cook the BBQ as well as chat to the staff whilst they enjoyed lunch. Following lunch, we went for a tour of the business. During the tour, the manager talked about what they do and all the different career paths available through Ag n Vet. It was great to see the boys hold conversations with adults and be respectful throughout the whole visit.



YABBYING

To finish the day, we headed to our secret yabby hole. When we yabby, we like to use string lines rather than traps as it tests the boy's nerve when they must catch them by hand. To their credit they managed to get a few. These boys seem like a great bunch of kids, and they were so respectful all day. I can't wait to work with them over the coming weeks.





FORBES HIGH SCHOOL P & C

The P&C will be holding its next meeting on **Wednesday August 10th at 5pm** at the Club Forbes.

MEETING DATES 2022

Meetings for the year will be on Wednesday evenings at 5pm.

- Aug 10 (Club Forbes)
- Sept 14 (FHS)
- Nov 9 (FHS)
- Dec 7 (Club Forbes & Xmas dinner)

Membership forms are also available and we would like to encourage families to become a member to support the school. Forms can be found on the school website <https://forbes-h.schools.nsw.gov.au/>. Membership is only \$2
We look forward to helping support our families, students and staff.

Have a great week.

Kind regards,

Nat Walker

UNIFORM PRICE LIST

Below is a list of items that are available for sale from the front office.

- Sports shirt \$30
- Sports shorts \$35
- School Jacket \$95
- Visual Art Diary \$8
- School Hoodie \$45
- Tracksuit pants \$60
- Calculator \$35

If you require a white FHS polo shirt or a tunic, these can be purchased from Gunns, on Rankin Street.

WEEK 3

M 1st Aug -
T 2nd Aug -
W 3rd Aug -
T 4th Aug- Poll Dorset Day
F 5th Aug - White Ribbon Match

WEEK 3

M 8th Aug - Dental screening
T 9th Aug - Dental screening
W 10th Aug-
T 11th Aug-
F 12th Aug -

BREAKFAST CLUB

Breakfast Club is running from the Canteen every morning from 8:30am. Come and grab some toast to start your day.



Kathleen
Maksymczuk
Relieving Principal



David Lickess
Deputy Principal



Lee-Anne Jones
Deputy Principal

YEAR 7 ADVISOR
Shanna Nock

YEAR 8 ADVISOR
Tara Morrison

YEAR 9 ADVISOR
Hayley Wilson

YEAR 10 ADVISOR
Riley Pike

YEAR 11 YEAR ADVISOR
Peita Coote

YEAR 12 YEAR ADVISOR
Georgie Price

CAREERS ADVISOR
Daniel West

SCHOOL COUNSELLOR
Sophie Limbert

WELLBEING / TRANSITION
Amy Adams





DRIVER LICENSING ACCESS PROGRAM

FORBES

LEARNERS
LICENCE

LOGBOOK
HOURS

PROVISIONAL
LICENCES

DRIVING
LESSONS

NEED HELP
WITH FINES?



NEED HELP GETTING YOUR LICENCE?

Birrang Enterprise will be running a free program Monday to Friday. ****Eligibility Conditions Apply**

VENUE INFORMATION

SIGN UP: Tuesday 23rd August from 9am to 1pm
VENUE: Sureway Employment & Training
ADDRESS: 96 Lachlan Street, Forbes
CONTACT: Birrang Enterprise (02) 6361 9511



BirrangEnterprise reception@birrang.com.au

02 6361 9511



We want YOU!



Make a real difference to people's lives as a Home Care Worker

If you are seeking a challenging and rewarding part-time or casual position wanting some work-life balance, this role offers flexible hours, subject to business demands however would be accommodating around school hours.

Working as a **Home Care Worker** you will help to enhance the independence and quality of life of our customers. You will assist customers to maintain their independence and provide ongoing domestic, personal and social support to people living in the community.

Working with us looks like:

- Investment in staff training & development with opportunities for diverse career paths
- A flexible & family friendly workplace
- The opportunity to take advantage of great salary packaging benefits.
- Access to Fitness Passport
- Enjoy work life balance in a regional setting.

Great careers start here!

For more information, contact
1800 580 580 or
recruitment@livebetter.org.au

liveBetter
livebetter.org.au





The Shark Cage Group Program



An eight-week supportive and informative group for women who have experienced family violence or sexual abuse in their lives.

Sometimes women begin to feel that they must attract abuse if it happens more than once in their lives. This is not true. No one is ever to blame in any way for the abusive actions of others.

This group program recognises that there are sharks out there in the world and sometimes it is not possible to avoid them. Having a strong Shark Cage of human rights can help you to recognise sharks before they become part of your life. This program will help you to strengthen your Shark Cage and make sure it has a good alarm system.

You will also explore how to recognise a respectful dolphin and identify the characteristics of healthy relationships. In working through the 5 steps in the Shark Cage framework, you will learn about the impacts of trauma, how to manage strong emotions, develop assertiveness skills and build your sense of empowerment. You will also create your personal Treasure Chest of tools to help you heal and create a new, strong and positive sense of yourself and your rights.

Dates: Thursday 04/08/2022 to Thursday 22/09/2022

Time: 10.30AM to 1PM (Morning tea, coffee and tea provided)

Cost: Free

Location: Forbes Preschool Community Room (8 Barton Street, Forbes)

We take great care to ensure our group programs are well matched to the needs and expectations of participants. To find out if this is the right program you can ring **Jess or Tanya on 6850 7300** at Forbes Community Health to book in for an individual meeting.

Please note that the agency has the final say regarding allocation of places in the group.

The Shark Cage is a registered international trademark of Ursula Benstead.

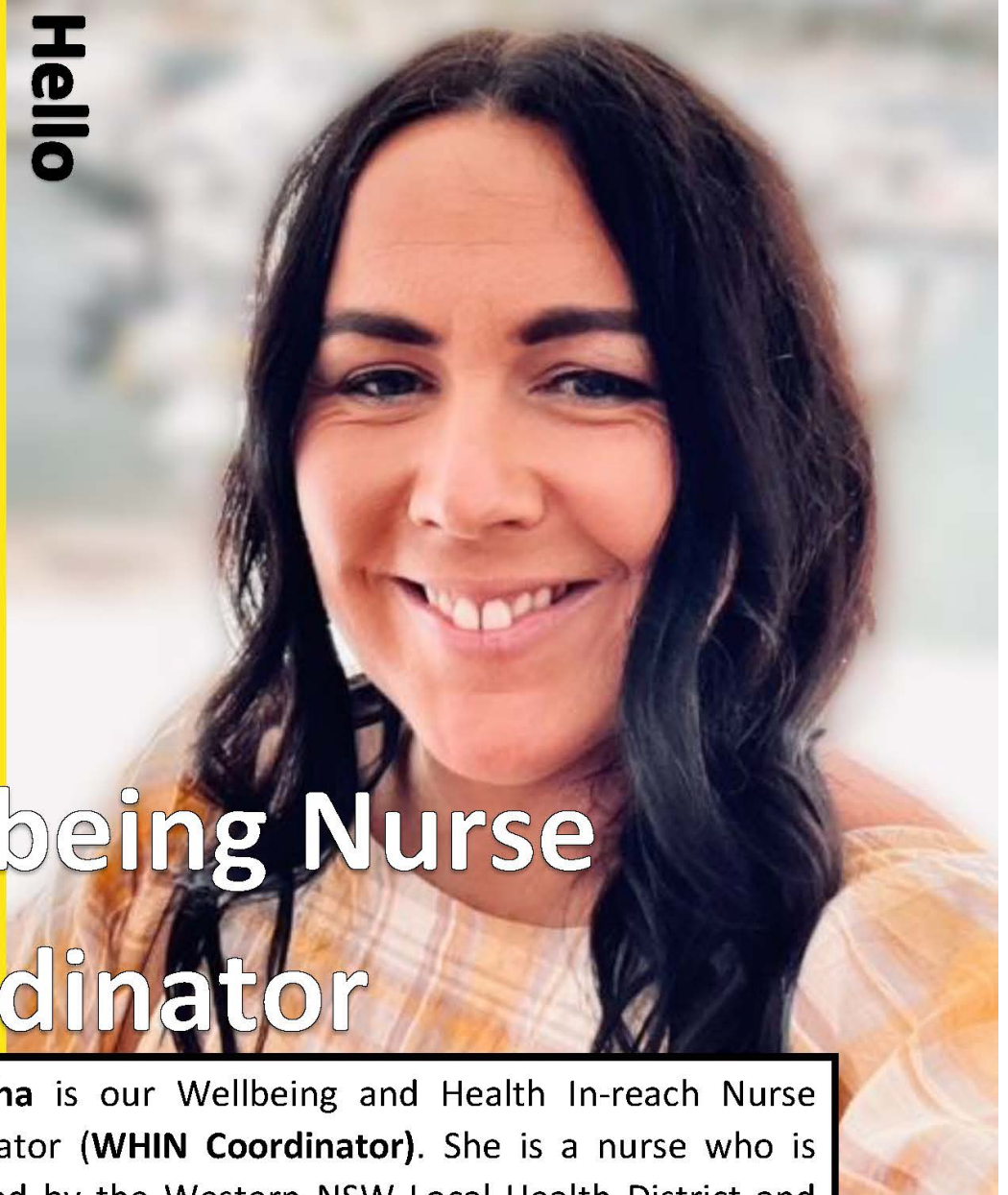


Hello

Forbes

High School!

Every Wednesday



Wellbeing Nurse Coordinator

Samantha is our Wellbeing and Health In-reach Nurse Coordinator (**WHIN Coordinator**). She is a nurse who is employed by the Western NSW Local Health District and works with us **every Wednesday** as part of our Wellbeing Team. **Sam** is here to provide advice and support for students and their families. You can chat to her about any kind of health issue you might need help with.



**Need advice about a health issue?
Come and have a chat!**

Phone: 6852 2666

Email: samantha.hunter@health.nsw.gov.au