



**Relieving Principal**  
Kathleen Maksymczuk



**Deputy Principal**  
David Lickess  
Lee-Anne Jones

**Year 7**  
Tara Morrison

**Year 8**  
Hayley Wilson

**Year 9**  
Riley Pike

**Year 10**  
Peita Coote

**Year 11**  
Georgina Price

**Year 12**  
Rachel Eagles

**Careers Advisor**  
Daniel West

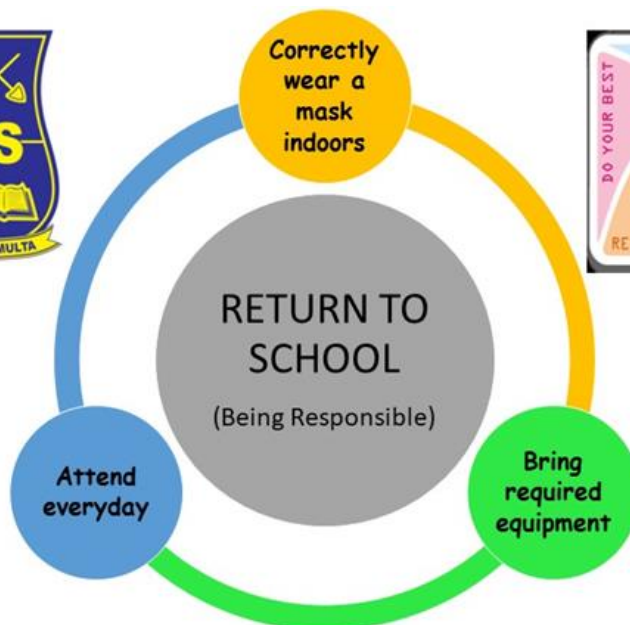
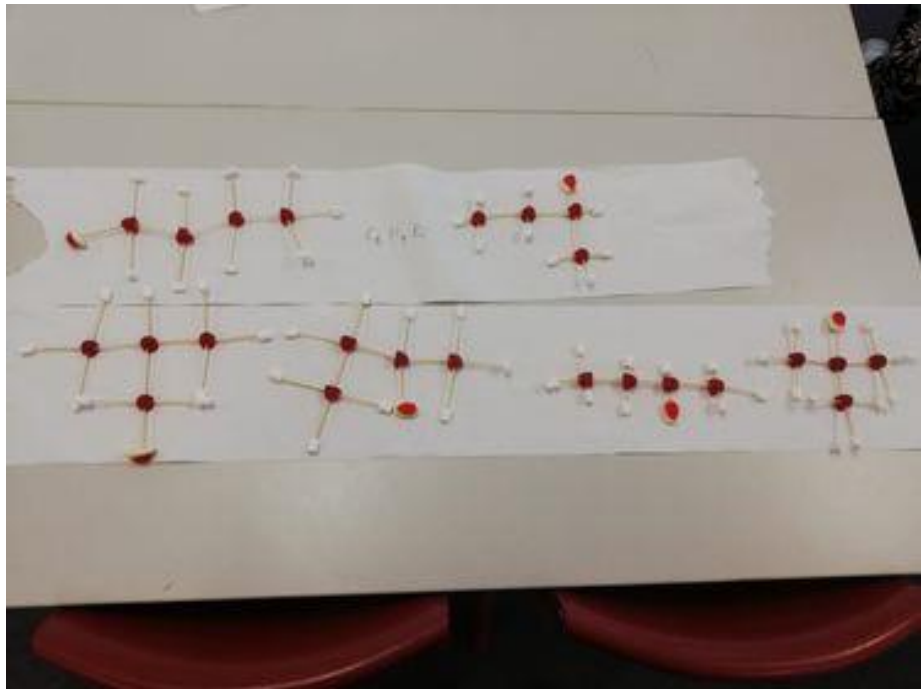
**School Counsellor**  
Elisabeth McIntyre

**Student Support Officer**  
Brooke Sargent

**HT Wellbeing/Transition and SRC Coordinator**  
Amy Adams

## YEAR 11 CHEMISTRY

Year 11 Chemistry are working on the Organic Chemistry module. This includes modelling molecules with the same number of carbon hydrogen atoms. Can you pick which are different? (The answer can be found at the end of the newsletter)



LIKE US ON

**facebook**



## Principal's Message

Dear Parent, Carers and Students,

Welcome to Term 4. It has been fantastic to start back at school in a fairly normal way. We may have to adhere to some additional conditions but being able to work alongside our students every day, face to face, is why we are here.

Congratulations to our new student leadership team! We are excited to announce our School Captains, Benjamin Barnard and Emily Gartner and our Vice Captains, Blake Bray and Rachel Todd. I know that they will be outstanding leaders in our school and wider community. We look forward to working shoulder to shoulder to take Forbes High School from strength to strength.



I would like to acknowledge our outgoing leadership team, School Captain Hannah Staines, Vice Captains Andrew Read and Matilda Langham. They have represented our school with pride and I wish them all the best for their future. Thank you for what you have done for Forbes High School.

Year 12 continue to engage with school, and this is vital, as every minute of preparation and valuable time with your classroom teacher counts. It is the smallest detail that can have an impact on exam performance. I know it has been challenging for Year 12, but I encourage you all to persevere and ensure that you make the most of the opportunity to revise in a supported learning environment.



We are looking to hold our graduation assembly on the 29<sup>th</sup> October. At this stage, we cannot have parents on site, but we will record the event and share it with our families.

Year 12 formal date is set for 10<sup>th</sup> December. Again, this will be subject to any changes to restrictions or Public Health Orders. The Higher School Certificate examinations commence on the 9<sup>th</sup> November and there will be further information sent home to parents and students regarding the specific details and guidelines.

The Department of Education has provided the opportunity for all students in Years 7, 8 and 9 to undertake a Check-in Assessment. This assessment will take place next week and will support us in ensuring that all student learning is on track. Please ensure your child's attendance to engage in these assessments. Next week will also see us acknowledge the importance of wellbeing and looking after ourselves. To celebrate this, we will have a barbeque lunch every day for a different year group, followed by a colour run.

Welcome to Mr Abdul Azim our newest member of the Science team. Mr Azim has moved from Sydney to join the Forbes High family and we welcome him and his family. I know how dedicated and how highly recommended Mr Azim has come and I know you will all make him feel incredibly welcome.



The P and C will meet next Wednesday 20<sup>th</sup> October at 5pm. This meeting, at this time, is a Zoom meeting due to current restrictions and access to the school site. If this does change, we will communicate this via Facebook.

Thank you for all that you do every day to support our school. We are eager to have parents and community back on site as soon as we restrictions ease. Please reach out and contact the school for anything that you need.

Warm regards.

Kathleen Maksymczuk





## Deputy Principal's Message

### The HSC year begins

Year 11 students have begun their HSC studies and have each been issued with a copy of the **Forbes High School HSC Assessment Procedures and Schedules 2021-2022**.

- The booklet details the school's assessment procedures which are in line with NESA expectations. *Students and families should familiarise themselves with expectations of attendance, completion and submission of tasks and making application for special consideration.* It is important that procedures are adhered to in order to ensure equity for students within courses and across the year group at Forbes High School as well as across the state.

ANCIENT HISTORY ASSESSMENT SCHEDULE



Task Number	Task 1	Task 2	Task 3	Task 4	
Assessment Title	Source Analysis Cities of Vesuvius: Pompeii and Herculaneum	Historical Analysis: Historical Periods	Expert Lesson: Ancient Societies	Trial HSC Examination	
Notification Date	T4 W5	T1 W3	T2 W6	T3 W3	
Due Date	T4 W8	T1 W7	T2 W9	Formal examination period	
Outcomes Assessed	AH12-2, AH12-5, AH12-6, AH12-10	AH12-1, AH12-2, AH12-4, AH12-8, AH12-9	AH12-3, AH12-5, AH12-7, AH12-9	AH12-1, AH12-2, AH12-3, AH12-4, AH12-5, AH12-6, AH12-7, AH12-9, AH12-10	
Components	Weighting				
Knowledge and understanding of course content	5%	10%	5%	20%	40%
Historical skills in the analysis & evaluation of sources and interpretations	10%	5%		5%	20%
Historical inquiry and research	5%	5%	10%		20%
Communication of historical understanding in appropriate forms	5%	5%	5%	5%	20%
<b>Total</b>	<b>25%</b>	<b>25%</b>	<b>20%</b>	<b>30%</b>	<b>100%</b>

- The booklet presents an assessment calendar and schedule for each HSC subject offered. Students should be aware of due dates for assessment tasks and ensure all tasks are submitted on time.
- Students are expected to hand assessment tasks in **by 9am on the due date at the front office to the Deputy Principal Curriculum and Assessment, Mrs Jones, or her delegate.**



SPECIAL CONSIDERATION - Extension, Illness, Misadventure, Appeal  
(APPENDIX 1)

Name:  Year:  Date:

Subject:  Teacher:

Assessment Task Title:

I wish to apply for an: Extension ☐ Illness ☐ Misadventure ☐ Appeal ☐

based on the consideration of the following factors which may affect my performance in this assessment task. Supporting evidence (medical certificate or other) must be provided.

In applying for this special consideration, I assure the Principal that I am not seeking unfair advantage over other students in this course.

Student:  Parents/Careg:

Recommendation of Teacher/Head Teacher:

Teacher:  Head Teacher:

ASSESSMENT COMMITTEE

Special consideration Upheld: ☐ Denied: ☐

Assessment Committee comment:

Principal/DP:  Assessment Coordinator:

Year Adviser:  Date:

4/9

- If students cannot meet a due date they will need to apply for *Special Consideration* for illness/misadventure/or other reason prior to the due date or make an appeal after the fact. If a student has been unwell during the preparation of an assessment task, they must produce a doctor's certificate to support their claim for special consideration. It is recommended that students communicate with teachers whilst completing their tasks, for example sharing drafts, which may be able to support their claim in the case of unforeseen circumstances.

- Time has been set aside within the assessment calendar for a *non-formal examination period at the beginning of Term 2*. This has been planned in recognition that the Year 11 End of Course examinations were cancelled and consequently, students missed out on an opportunity to develop their exam technique. It is hoped that all students will *embrace* this opportunity to work under exam conditions in preparation for their own HSC examinations.
- A copy of the assessment booklet will be available through the Sentral portal or from the school. Copies of the Special Consideration form can be downloaded or students may see Mrs Jones or their teacher for assistance.

Regular attendance and the completion of classwork and assessment tasks will ensure that our students are well placed for success in their HSC exams, which although 12 months away, will be upon us before we know it!

Regards,

Mrs Jones



**What's  
Happening  
At  
Forbes  
High  
School**

**Week 3 & 4 of Term 4 2021**

**Week 3**

18 Oct	Yr 7 Mini Colour Run Check In Assessment
19 Oct	Yr 11 Mini Colour Run
20 Oct	Yr 9 Mini Colour Run Check In Assessment
21 Oct	Yr 10 Mini Colour Run
22 Oct	Yr 8 Mini Colour Run Check In Assessment

**Week 4**

25 Oct	Covid Vaccination Clinic
26 Oct	Transition
27 Oct	
28 Oct	
29 Oct	Year 12 Graduation Assembly

**Reminder**

To start the day off  
right, breakfast club  
is now running out of  
the canteen and is  
now serving free toast

## FHS P & C

Below are the dates of the FHS P&C meetings for the remainder of 2021. All members of the Forbes High School Community are welcome to attend.

- Wednesday 20<sup>th</sup> October 5pm Online via Zoom. If you are new and would like to attend, please email the address below and a link to attend will be sent.
- Wednesday 10<sup>th</sup> November (venue/ time TBC)
- Wednesday 8<sup>th</sup> December + Xmas dinner @ Club Forbes

### FHS P&C Executive committee 2021

**President:** Raewyn Molloy **Vice president:** Jo Barnard  
**Vice President:** Louise Allen **Treasurer:** Lisa Fraser  
**Secretary:** Nat Walker

FHS P&C would like to welcome new families to come along and join up.

Membership forms can be found on the school website.

Membership fees are \$2.

For further information please feel free to contact the committee on [forbeshighschool@pandcaffiliate.org.au](mailto:forbeshighschool@pandcaffiliate.org.au)

## VACCINATION AVAILABLE AT PHARMACIES

You may be aware Moderna Covid19 Vaccination is now available for children 12 years and over. Both Pharmacies in Forbes are now vaccinating with the Moderna vaccine.

To book at Flannery's Pharmacy please follow the link below, scan the QR code below or phone 02 6852 1111

[Flannery's Pharmacy Bookings](#)





## PARTNERS IN LEARNING PARENT SURVEY

This Term, our school will be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement also conducted this Term. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted over Term 3 and early Term 4. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

Please use the following link to complete the survey.

<http://nsw.tellthemfromme.com/forbeshs> More information about the survey is available at: [education.nsw.gov.au/ttfm](http://education.nsw.gov.au/ttfm). The survey is available in 23 languages.

## CHECK-IN ASSESSMENT

Year 7, 8 and 9 students will participate in a reading and numeracy Check-In assessment. The Check-In assessment is a NSW Department of Education online reading and numeracy assessment available to support schools to assess and monitor student learning.

The assessments can supplement existing school practices to identify how students are performing and to help teachers tailor their teaching more specifically to student needs.

- The assessment will be scheduled for our Year 7, 8 and 9 students during Term 4 Week 3

Students with disability may receive the same level of support during the assessment that they would normally receive in the classroom.

Optional advice:

Students will be asked to bring headphones or earbuds that plug into a computer to enable them to hear audio during the assessment. Earbuds used for mobile phones or other portable devices may be suitable for use during the assessment. The type of computer connection needed is a jack or USB.

If your child needs earbuds provided by the school, please contact Daniel West.





## **MATHEMATICS / LOTE / LEARNING & SUPPORT**

The Mathematics Faculty have purchased some Active Stools for students who like to be active whilst working in class. These tools have already proven to be a positive tool in the classroom.



The Learning and Support teachers have continued to work wonders with the students' literacy and numeracy levels. Mrs Viv Bolam works one-on-one with students to improve literacy levels and her amazing techniques and style have seen students grow every week and work towards becoming confident independent readers.



Mrs Angela Bottaro-Porter has been working as the CILSP (Covid Intensive Learning and Support Person) this semester and has worked with small groups to improve numeracy skills. This term, Mrs Bottaro-Porter has been helping other faculties in their classrooms to deliver quality numeracy lessons across the whole school.





## SCHOOL VISITOR CHECK IN

A single School Visitor Check-In system for every school across the state is coming from 18<sup>th</sup> October! The Department of Education has partnered with Service NSW to provide a streamlined, digital school sign-in system for visitors and contractors at every NSW government school.

Benefits of the new system include: -

- Accelerating your check-ins to as fast as 20 seconds!
- Linked to NSW Health's COVID-19 contact tracing ensuring every school is compliant with the NSW COVID-19 mandate.
- Giving every school greater access to streamlined NSW Government services.

Watch our short parent video to see [how it works for parents](#) or our [contractor video](#).

Who can use School Visitor check-in: - visitors such as parents and carers, contractors, service providers and volunteers.

Students or visitors under the age of 18 are not required to use School Visitor Check-In. For more information visit School Visitor Check-In on the department website.

NSW Department of Education

# School Visitor Check-in



All visitors and contractors are required to check-in at the front office at all times.

education.nsw.gov.au



NSW Department of Education

# Thank you for visiting our school



Please remember to check out **on your app** and return your visitor ID to the front office.

education.nsw.gov.au





## School Travel for 2022



### 2022 school travel applications are now open

Students who need a School Opal card or travel pass for 2022 can [apply](#) now. A new application will need to be submitted if they are applying for a school travel pass for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, or who have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications and current entitlements are updated and remain valid. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2022.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.



## School Student Transport Scheme site change

On 1 October 2021 the School Student Transport Scheme (SSTS) information and application portal was moved to **[transportnsw.info](https://transportnsw.info)**. This will assist families to find all their travel information in the one place.

## Travel from Term 1 2022

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for the School Student Transport Scheme (SSTS) open at the start of Term 4 2021 for travel in 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a difficult period for local bus operators, and students travelling without a valid ticket make service planning and operations increasingly difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel on a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Please also remember that students using Opal cards must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Transport  
for NSW

Further information can be found at [transportnsw.info/travel-info/using-public-transport/school-travel](https://transportnsw.info/travel-info/using-public-transport/school-travel)

Enquiries can be submitted at [transportnsw.info/contact-us/feedback/passes-concessions-feedback](https://transportnsw.info/contact-us/feedback/passes-concessions-feedback)





# PLAY CRICKET

**Join your local club**  
Play cricket with your  
friends and stay active

**JOIN YOUR NEAREST CLUB**

**Q Play Cricket**



**PROUDLY  
PRESENTED BY**





# SHOW YOUR SKILLS PLAY TOGETHER



## JUNIOR CRICKET 1

**AGES UNDER 10-11**  
**2 HOURS**

- + Short, action-packed games played in under two hours.
- + Smaller team sizes offer everyone more opportunities to bat, bowl and field.
- + Play on a shorter pitch for more consistent ball delivery and skill development.
- + A fun, welcoming and inclusive environment.



**7 PLAYERS**



**20 OVERS**



**16M PITCH**

## JUNIOR CRICKET 2

**AGES UNDER 12-13**  
**2-3 HOURS**

- + Short, action-packed games played in under three hours.
- + Improve your technical cricket skills with a longer pitch & wider boundaries.
- + Develop your teamwork in a friendly competition.
- + Smaller team sizes offer everyone more opportunities to bat, bowl, field.
- + A fun, welcoming and inclusive environment.



**9 PLAYERS**



**20/30 OVERS**



**18M PITCH**

## JUNIOR CRICKET 3

**AGES UNDER 14-18**  
**2.5-4 HOURS**

- + Short, action-packed games played in under four hours.
- + Refine your technical cricket skills with a full length pitch and wider boundaries.
- + Develop your teamwork in a friendly competition.
- + A fun, welcoming and inclusive environment.



**11 PLAYERS**



**20/40 OVERS**



**20.1M PITCH**

## JOIN YOUR NEAREST CLUB

**Forbes Junior Cricket Club**

Jeff Nicholson (President)

0421490083

[forbesjnrcricket@gmail.com](mailto:forbesjnrcricket@gmail.com)

<https://www.facebook.com/Forbesjnrcricket>



**Play Cricket**



**PROUDLY  
PRESENTED BY**







Book  
your free  
breast  
screen  
at our  
clinic in  
**Forbes.**



BreastScreen  
NSW

Where  
**Victoria Park**  
**Behind Cenotaph on Harold**  
**St, FORBES NSW**

When  
**Mon 18<sup>th</sup> October –**  
**Thurs 28<sup>th</sup> October,**  
**2021**

**Call 13 20 50**



We recommend women aged 50 - 74 have a mammogram every two years.  
Book your free mammogram online at [book.breastscreen.nsw.gov.au](https://book.breastscreen.nsw.gov.au) or call 13 20 50.





# An important message from BreastScreen NSW



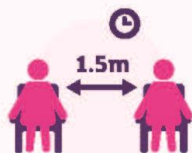
BreastScreen NSW has resumed breast screening. Your safety is our priority.

That's why we've put extra measures in place to protect women and staff against the risk of COVID-19 transmission.

## The changes we've made:



A minimal contact check-in process



Social distancing in clinic waiting rooms



Providing hand sanitiser



Ongoing cleaning of equipment and commonly used surfaces



Precautionary questions around health and travel

## To prepare for your appointment:



Attend your appointment alone



Stay a safe distance from others



Stay at home if you are unwell



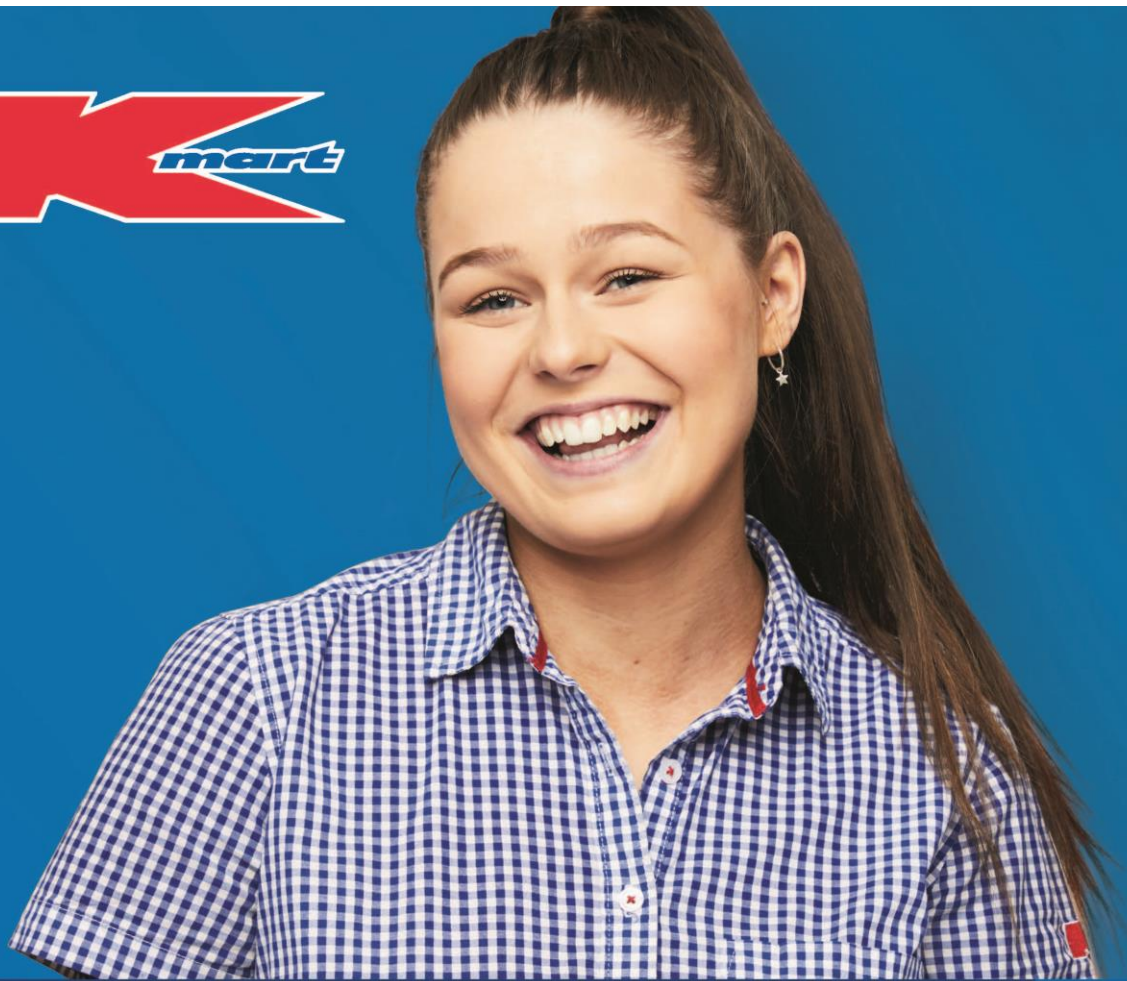
Arrive only five minutes prior to your appointment



Wash your hands before your appointment

For more information please visit [breastscreen.nsw.gov.au](https://breastscreen.nsw.gov.au)

If you require help or further information please call us on 13 20 50



**Join us to  
help make  
everyday  
living brighter  
for our  
customers!**

Scan the QR Code to  
apply today, and a  
member of our Talent  
Acquisition Team will be  
in contact.







# Run, Jump, Throw, Walk or Roll **TO BE YOUR BEST**

Sign up for your local Little Athletics Centre this Summer

**Forbes Little Athletics**

welcomes you and runs **Tuesday Evening**

**Visit [lansw.com.au](http://lansw.com.au) to join today**

*Active Kids vouchers accepted*

Little Athletics is a Foundation sport that focuses on leaning and developing fundamental skills with a focus on Family, Fun and Fitness!

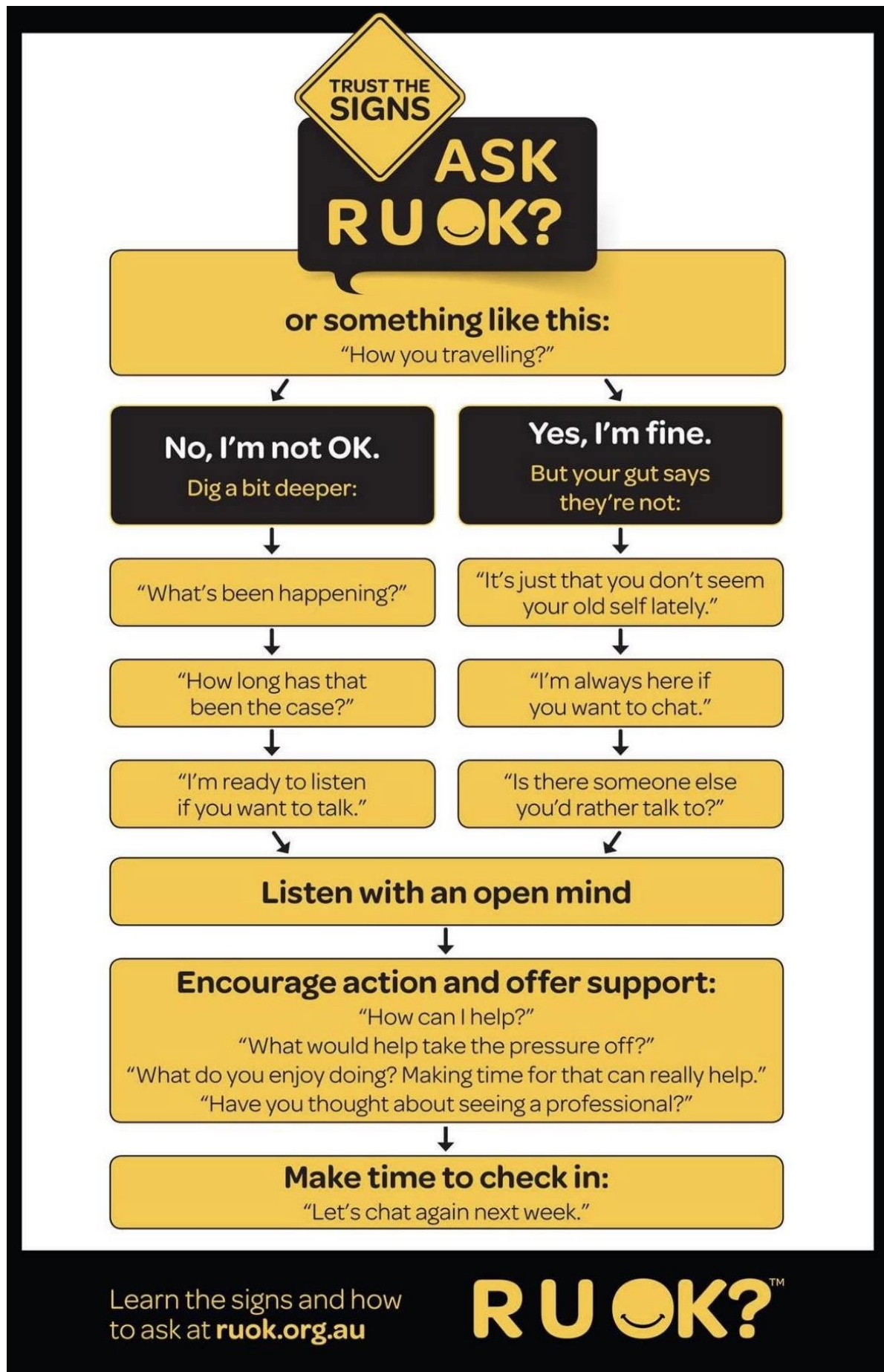


Scan to register at your  
Little Athletics Centre



Major Sponsor







# Your personal mental health check-in



## Feelings

On a scale from 0 ('not at all') to 10 ('extremely'), how stressed, anxious or down you are feeling?

## Body

Notice any tension in your body like tight shoulders, chest, or jaw. Other signs you might be feeling stressed include dryness of the mouth, difficulty breathing, and a racing heart.

## Sleep

Are you constantly struggling to get to sleep, waking in the night, earlier than usual, or finding it difficult to get back to sleep? These are signs your mind is unable to switch off and relax.

## Thoughts

Are you always worrying about the worst-case scenarios? Focusing on the 'what if' scenarios is not useful and it's best to try and limit this as much as possible.

## Reactions & behaviour

If you're frequently snapping at those you love, finding it extremely difficult to focus, or always depending on things like alcohol or food to cope, it's time to prioritise your mental wellbeing.

## Check-in buddy

Choose a check in buddy. This may be your partner, housemate or even a friend or colleague you're keeping in touch with via video messaging. Be honest about how you are coping.



## 24/7 support lines

If you or someone close to you is experiencing distress or is in immediate danger dial **000**

beyond blue  
**1300 22 4636**

lifeline  
**13 11 14**

mensline  
**1300 78 99 78**

kids helpline  
**1800 55 1800**

suicide call  
back service  
**1300 659 467**

qlife  
(3pm-midnight)  
**1800 184 527**

**1800RESPECT**  
**1800 737 732**



**Black Dog  
Institute**

## CHEMISTRY QUIZ ANSWER

The top left, bottom left and bottom right are all unique. The other three are actually the same.