

Forbes High School Newsletter



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Term 4 - Week 6

Friday, November 23 2018

YEAR 12 GRADUATION

Year 12 2018 celebrated the end of their school years with a Graduation at the Forbes Services club on Saturday night. It was a lovely evening and all in attendance enjoyed a wonderful night to celebrate the achievements of the students and wish them all the best for their future. Thank you to everyone who helped to make the night such a success.



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PRINCIPAL'S REPORT

Year 12 HSC Examinations

Last week ended the final HSC examinations and on that note, I would like to congratulate Year 12 students for completing these tasks effectively. The Presiding Officer shared with me that our students demonstrated exemplary attitude and application during the official HSC final examination. I congratulate you all for persevering and doing your best. I look forward to the next chapter of your life as it unfolds. We expect the HSC results to be released on 13 December and the ATAR results released the following day.

Year 12 Graduation Dinner

Last Saturday night we celebrated the conclusion of 13 years of education with our Year 12 students and their family and friends. I would like to extend gratitude especially to Ms Emma Northam who as their Year 12 Adviser provided the pastoral care that kept our seniors level-headed and balanced as they developed skills and values that will hold each student in great stead as they embark on other endeavours post schooling.

Acacia Magazine

The Acacia magazine is produced and available for purchase through the front office at a cost of \$20. It is a delightful snapshot of the contribution, progress and achievements made by our students and broader community.

Wellness Hub Open Day

On the 22nd November FHS hosted its regular term Wellness Hub Open Day. Staff including Principals from Gilgandra HS, Canobalas Rural Technology HS, Molong Central School, and the Dubbo Education office attended as well as staff from NSW Health (Orange), National Association for Loss and Grief (NSW) and Forbes Rotary. The day is made up of a tour of the Wellness Hub, presentations by Deputy Principal Jason Nottingham, Youth Worker Brooke Sargent, Wellness Hub Officer Leah Williams and the students from the Youth Wellness Committee David C, Holly C and Paige S. Participants then take part in a Q & A panel session where they can ask presenters and other key staff about issues or information specific to their context. It was another highly successful day and the feedback from the participants, especially visiting Principals was that FHS has developed a proactive and positive school culture. Developed a ground breaking facility for its students and it has set the standard in terms of supporting student wellbeing in a rural High School. Anyone interested in attending one of these Open Days run once a term, can contact the office and make a booking with Leah.



FHS & Community Partners - Working together for students success

CUP GRANT

The Science faculty and HSC Biology students would like to formally thank Charles Sturt University for their generous CUP grant to buy textbooks for the new HSC Syllabus. Every member of the class was able to benefit from the grant, with brand new texts to use.

- Toni Edwards



WESTERN NETBALL

Under 15's netball had a lovely day at Orange recently. We had a couple of close games and a win in our final game. Thanks to Libby and Sophie for umpiring and Mr Little for driving the bus.

- Georgie Price



ROTARY WELLNESS HUB CHARITY GOLF DAY

Last weekend, staff members from Forbes High School enjoyed a day of fun in a Charity Golf Day at the Forbes Golf Club in support of the Wellness Hub. A great day was had by all involved and thank you to Rotary for supporting our school.



COMMUNITY GARDEN SCARECROWS

The support unit entered 2 scarecrows in the recent community garden open day scarecrow competition. The Senior Life Skills class put in a competitive entry with Sheryl Crow, however, it was the Junior Life Skills class who won in their division with their Russell Crowe. Well done to all involved.

- Fran Hinchcliffe-Emmett and Nicole Patten



FHS - News

LONG TAN AWARD

Congratulations go to Georgia Palazzi who was the recipient of a Long Tan Award at a recent school Muster.

The ADF Long Tan Youth Leadership Award is to recognise students who demonstrate leadership and teamwork within both the school and the broader local community. At the same time, they recognise those who display strong values, such as doing one's best, respect for others and "mateship", characteristics that are integral to Australian society.



JUNIOR DINNER DANCE

Forbes High School students from years 9, 10 and 11 recently enjoyed an evening out at the Junior Dinner Dance. The students looked lovely and a delicious meal was served by members of the SRC and staff. Thank you to all the staff and students involved in organising this event for all your hard work.



Find us on:
facebook®

To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

SCHOOLS SPECTACULAR

The students, their families and the staff of the support unit have been humbled by the amount of local support and donations that have been received for the Schools Spectacular.

Representatives from Evolution Mining and Helen Pitt from Rotary Ipomea who both gave generous donations are pictured below with some of the students.

Students have been working extremely hard to learn all the steps for the three dance routines they will be performing at Schools Spectacular 2018.

- Nicole Patten



DEB BALL DONATION

FHS students from a recent Debutante Ball presented Yvonne Shaw from Forbes Breast Cancer Support Group with a cheque for \$1300.



SCHOOL VALUES WEEKLY AWARDS-TERM 4 WEEKS 3, 4 & 5

Congratulations to the following students: Lachlan McWilliams, Laura Campbell, Jaylin Ware, Will Driscoll, Matilda Langham, David Chu, Daniel Radburn, Jaylin Ware, Toby Hodges, John Dietrich, Jacob Radburn, Ben Adams, Harry Alcorn, Alister Carlisle, Whitney Duffy and Layne Girot on receiving recognition during the last three weeks for consistently displaying our school values of being Responsible, Respectful, Honest and Doing Your Best. Well done everyone!



MOVEMBER GAMES

Staff and Year 11 students have been enjoying a week of fun and competition in the Movember Games activities. The games have been hard fought and victory much prized.



JANSSEN NAMED ONE OF THE NATIONS BEST



Forbes High School has announced Year 12 student Janssen Mores as the school's recipient of the 2018 Caltex Best All Rounder Award, one of Australia's most prestigious secondary school prizes.

Janssen joins a select group of secondary students around Australia who have received a Caltex Best All Rounder Award for excellence in their studies, on the sports field and for their work in the community. Janssen has represented the school as a part of our school leadership team in our school representative council and in several school sporting events like volleyball, netball and basketball.

Forbes High School, Principal Ms Safija Bristina said "Janssen was a worthy recipient of the nationally-recognised award." "The award recognises Janssen's contribution across several disciplines. She has been a wonderful asset to our school and the wider community, setting a terrific example for others to follow."

Caltex Australia Managing Director and Chief Executive Officer, Julian Segal, said the Australian fuel company was proud to have recognised generations of students like Janssen since the awards began in 1985. "I congratulate Janssen and wish her well as she moves into the next phase of her life," Mr Segal said. "Janssen joins an exclusive list of Caltex Best All Rounders to have been recognised over the past three decades."

The Caltex Best All Rounder Award has been presented to thousands of final-year students around the country across its 32-year history. As a proud Australian business that's been part of local communities for more than a century, Caltex seeks to acknowledge the all-round contribution that each student makes to their schools and communities, their leadership abilities and the good example they set for others.

REMEMBRANCE DAY CEREMONIES

Students and staff from Forbes High School were involved in both the community and school Remembrance Day services. This year marked the 100th Anniversary of the Armistice and all involved showed great respect in honouring our service men and women.



FHS - News

STUDENT PROFILE

Name: Jessie Rix

Year: 11

Do you have any nicknames? Jess

Do you have any brothers or sisters? 2 older brothers

Hobbies or interests: Sport, music and the farm

Favourite food: Tacos and vegemite

What do you want to do when you leave school? I'd like to be a primary school teacher but I'm still figuring it all out

Best book or movie: Footloose

Favourite subject: Community and Family Studies

What are three things you can't do without? Family, food and friends



STAFF PROFILE

Name: Jason McKee

Position at FHS: English History Teacher
Where did you go to High School? Dapto High School

How many years working at FHS? 1

Do you have any hobbies or interests? Riding motorcycles

Best book or movie: Star Wars (all of them)

What is your favourite food? Good pizza

Best holiday destination? Southern USA

What are three things you can't do without? Motorbikes, food, sleep



FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

Forbes High School Presents:

The
2018
M.A.D.D.
Night
M A D D
u r a r
s t n a
i c m
c e a

Tuesday, December 4th

Doors Open at 6:00

Show Starts at 6:30

Gold Coin Donation



WELLNESS HUB INFORMATION

"Forbes High School and Community Partners working together for student success"

In cooperation with our community partners Forbes High School has created a safe place for students and their parents/carers to assist with a wide range of concerns. We have provided our community partners with six onsite offices for these interactions.

Forbes High School Wellness Hub provides free private and confidential services to our students and their parents/carers who may have a wide range of issues; from everyday topics such as family, friends and school or simply feeling 'down' to more serious issues of child abuse (exclude), bullying, nutritional health, mental health, smoking, alcohol and other drug use, homelessness and suicide.

Wellness Hub services we currently have available to students and their parents/carers are;

Organisations	Positions
Binaal Billa	Counsellor/Caseworker
LiveBetter	LiveBetter/Ability Links Team Member
Centacare	Links2Home Youth/Homelessness
Centacare	Mental Health Team – Early Intervention
Community Health Services	Women's Health Nurse
Community Health Services	Nurse Practitioner
Community Health Services	Caseworker
Community Health Services	Dietician
Community Health Services	Orange Sexual Health Nurse
Community Health Services	Dietician
Community Health Services	Community Health Drug & Alcohol
Hearing Support	Itinerant Support Teacher
Lifestyle Solutions	Psychiatrist
Yoorana Gunya	Parenting Program Coordinator
Youth Hope	Youth and Family
Uniting	Family Connector

Contact Forbes High School on 02 68 522 666 if you would like to make an appointment. Or you can fill out a referral form from the front office or from our website and send it to forbes-h.wellnesshub@det.nsw.edu.au and we will contact you. If you would like further information please also visit our website www.forbes-h.schools.nsw.edu.au/caring-for-students/wellness-hub

It is important to seek help early if you notice any major change in your child's behaviour.

Yoorana Gunya presents to you **CULTURE CONNECT** **LAUNCH**



On the 8th of October 2018, we had our first community meeting with Desert Pea Media and we talked about the struggles & challenges our kids have to face on a daily basis. These discussions continued throughout the first week of the project.

The second week, DPM went up to Forbes High School, met with the students and collaborated with them in the composition of a song.

The last 2 days of that week they started filming in various locations.



***BRING THE
WHOLE FAMILY ALONG
& WATCH THE OFFICIAL
SCREENING***



On the night there will be a screening of the music video/short film by DPM who was in collaboration with Yoorana Gunya, FHS Indigenous students and the Forbes Indigenous community. There will also be a look at behind the scene's photos of all who were involved in this project. Followed by a short presentation after the screening.

DATE: THURSDAY 29 NOVEMBER 2018

TIME: 5PM

WHERE: FORBES TOWN HALL



THE FORBES COMMUNITY IS INVITED TO THE SCREENING

WHAT'S ON @ FORBES HIGH SCHOOL

Term 4 calendar

Week	Mon	Tue	Wed	Thu	Fri
8 Dec	3 Support Unit Basketball Year 7 2019 Transition	4 MADD Night	5 Support Unit Swimming	6 Girri Girri Bronze Medallion	7 PBL Purple Day Support Transition
9 Dec	10	11 P&C Meeting Christmas Party Inter-generational Volunteering	12 Support Unit Swimming	13 Girri Girri Bronze Medallion	14 2018 Presentation Assembly
10 Dec	17	18	19 Support Unit Swimming Final day of school for students	20	21

ASSESSMENT CALENDAR- Students must seek confirmation of specific days and times assessments are due in each week from their teacher in relation to individual assessment tasks. This is only a general reminder for students and families.

YEAR GROUP	WEEK 8	WEEK 9	WEEK 10
YEAR 7			
YEAR 8			
YEAR 9			
YEAR 10			
YEAR 11	Business Studies Drama PD/H/PE	Ancient History CAFS Industrial Tech- MM Mathematics Standard 2 Mathematics Standard 1 Mathematics Physics SLR	Biology Legal Studies Work Studies

COMMUNITY NEWS



Ladies Night Fundraiser

Thursday 29th November 2018 7-9pm

Forbes Services Club

Come and join us for a night of fun.

**Stalls, Lucky door prizes,
competitions and more.**

Lots to look, touch and try.

**All funds raised will go to support
CanAssist and Northside Chapel**

Cost: \$10 each

For more details contact Ruth 0438642113



COMMUNITY NEWS



Request a free brochure!
Text 'EXCHANGE' to
0428 246 633

Are you in years 8, 9 or 10?
Explore your student exchange options!

**BESTIE DISCOUNT
AVAILABLE!**

Imagine seeing the world in 2019!
Choose from over 26 countries.

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INFO@WEP.ORG.AU WEP



A new \$100 Creative Kids Rebate will allow young people to experience cultural and learning activities outside of school from 2019.

The Creative Kids Rebate can be put towards the cost of registration, participation or tuition fees for creative and cultural activities such as music lessons, language classes, coding and digital, visual and performing arts.

From 1 January 2019, parents will be able to access both the \$100 Active Kids voucher and the \$100 Creative Kids Rebate each year for every school-aged child.

Parents will be able to access the rebate online or in person at a Service NSW centre.



Apprenticeship – Boilermaker

Evolution Mining is a leading, growth focused Australian gold company. Our best discoveries are found every day through the innovation displayed by our people, our great teams, our 100% focus on getting our people home safely and our commitment to building an exceptional company. Explore your talent and develop your career within Evolution Mining!

Cowal Gold Operations is a first class open cut mine and mineral processing operation, located on the edge of Lake Cowal approximately 45km from the town of West Wyalong.

We are looking for an enthusiastic team player to join the Mobile Maintenance team as an Apprentice Boilermaker. If you are ready to commence your challenging and rewarding career in the mining industry, are over 16 years of age, adaptable to changing environments and have a strong interest in steel fabrication and welding, this four year apprenticeship offers you the opportunity you complete your trade qualification while learning from and working with our experienced tradespeople.

To apply please visit www.evolutionmining.com.au/discover using job reference 11501 to submit your application.

Closing Date: Wednesday 28 November 2018