

Forbes High School Newsletter



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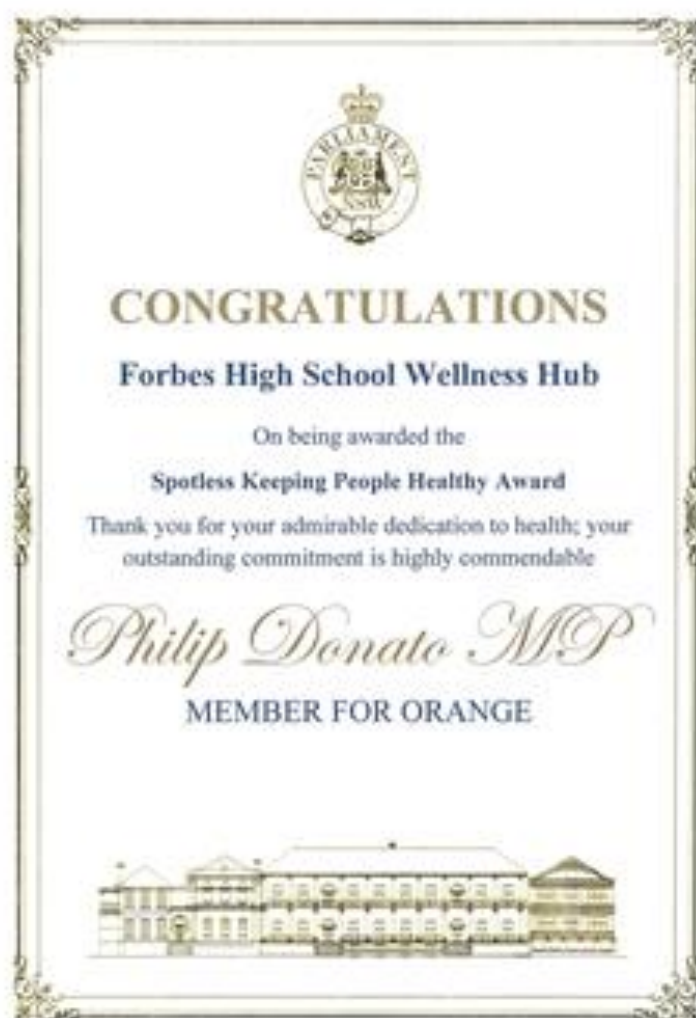
Term 4 - Week 3

Friday, November 2 2018

WELLNESS HUB RECOGNISED

In our newsletter back in Term 2 – Week 9, the Wellness Hub in partnership with NSW Health were acknowledged for making a difference for the youth at Forbes High School by winning the category 4, The Spotless 'Keeping People Healthy' accolade.

Forbes High School has recently received an acknowledgement certificate from Phil Donato MP Member for Orange which will be displayed in the Wellness Hub for our continued support towards making a difference for our youth.



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AUSSIE BISCUITS OPENING

House With No Steps Aussie Biscuits recently opened their new premises in Forbes. Some of our students were lucky enough to be there for the official opening and were able to work in the new facility.



PRINCIPAL'S REPORT

After a year of dedication and hard work the Year 12 students have finished their Higher School Certificate exams. According to the moderators of the exams our students worked to the best of their ability and I look forward to seeing them all with their families at the Graduation Dinner this Saturday night.



40 YEARS SERVICE

Mr Denis Gill recently received his certificate for 40 years of service with the NSW Department of Education. Well done Mr Gill.



Deciding what not to do is as important as deciding what to do.

Steve Jobs

FHS - News

DESERT PEA MEDIA

Some of our Indigenous students have been busy working with Desert Pea Media writing and producing a music video. They enjoyed writing a song about our community. Stay tuned for the big reveal coming very soon!!

- Barry Merritt



SCHOOL VALUES WEEKLY AWARDS- TERM 4 WEEKS 1 & 2

Congratulations to the following students: Claudia Cheney, Whitney Duffy, Georgia Palazzi, Brody Bolesta, Liam Kollis, Jazlyn Sauer, Brodie Morley, Blake Berry and John Azzi on receiving recognition during the last three weeks for consistently displaying our school values of being Responsible, Respectful, Honest and Doing your Best. Well done everyone!



Find us on:
facebook®

To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

FHS - News

SHOW TEAM

Congratulations to Louise and Jasmine exhibiting Charnell Jackie 2nd and Warrendine Ruby's Redemption at Cowra Show in the school holidays. Both heifers won their classes, with Ruby winning Champion charolais female. Louise won the 14-18years parader and was overall reserve champion parader. Well done ladies.

- Rachel Eagles



FITZY AND WIPPA VISIT

FHS were lucky enough to receive a visit from radio personalities, Fitzy and Wippa, along with local Kim Lowe and Charles Alder from Rural Aid recently. They thanked our SRC for their efforts in making lunches for the volunteers of the Mega Farm Rescue in Forbes. They also donated some wonderful musical instruments for our school's use. This was a great reward for our school, well done to the SRC and Pam McConnell.



BEEF BONANZA

The show team have had stellar results at the Scone Beef Bonanza recently! Nugget, bred by Sherrie & Luke Whitty placed Highly Commended. Fred, donated by Fred Vella, placed 4th. Our Paraders did a fantastic job in their age heats with Louise placing 1st, Chloe 3rd, Kyle 3rd and Emily 4th. William placed 4th in the 16yrs Junior Judging. Incredible results, especially as there were 890 students and 430 beef cattle competing in the Bonanza! We are so proud of our students and how they represent themselves and our school with pride. Thanks to all that have supported our show team this year.

- Rachel Eagles



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STUDENT PROFILE

Name: John Azzi

Year: 12

Do you have any nicknames? Azzi

Do you have any brothers or sisters? 3 brothers, 1 sister

Hobbies or interests: Hang out with mates, work out at the gym and make people laugh

Favourite food: Lasagne, steak or chops

What do you want to do when you leave school? Become a personal trainer

Best book or movie: Dumb and Dumber

Favourite subject: SLR

What are three things you can't do without? Friends, family and physical activity



STAFF PROFILE

Name: Debra Slack-Smith

Position at FHS: Head Teacher Instructional Leader

Where did you go to High School? Glen Innes High School

How many years working at FHS? 7

Favourite Pastime? Retail Therapy

Best book or movie: James and the Giant Peach

What is your favourite food? Fresh pasta and chocolate (not together though)

Best holiday destination? Yamba

What are three things you can't do without? Husband, children, sleep



FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

FHS - News

YEAR 12 ASSEMBLY

Congratulations and farewell to the Forbes High School Year 12 class of 2018.



FHS - News

YEAR 12 ASSEMBLY



BIG FARM RESCUE LUNCHEON

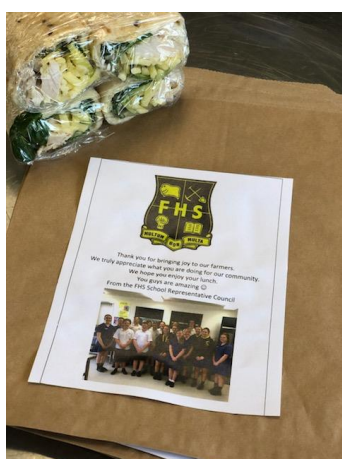
On Tuesday 16th October our SRC gave their time to help make lunches for the Big Farm Rescue held in Forbes. Rural Aid organised their Mega Farm Rescue with the support of major sponsors Nova and Bendigo Bank. There were renovators, tradies, grey nomads and other volunteers who committed their time to painting, plumbing, building, fencing, mechanical work or other on farm activities. This provided some mental relief and fun for our farmers and to take their minds off the challenges they are faced daily in one of the worst droughts we have experienced.

These volunteers donated their time and services to bring joy to our farmers who have been affected by drought. This also brought many people to our community.

Our students wanted to help in a special way so they decided to make lunches and morning tea for the volunteers on one of their farm visits. Students had a wonderful time making sandwiches and putting together their lunch packs. It was a rewarding experience with volunteers commending us on how enjoyable and scrumptious our lunches were.

A massive thank you to Ann-Maree Neville, Karen Norris and Marilyn Hollstein for their help and our SRC for making this generous offer to our community. Another proud moment for a team of FHS students. A big shout out to Kim Lowe from K and H Interiors for the help and direction with the SRC. You have done an amazing effort in bringing the Big Farm Rescue to Forbes.

- Pam McConnell



CASTING CALL



BIG LIVE ENTERTAINMENT TV IS BACK AND WE WANT YOU!

CHRIS & JULIA'S SUNDAY NIGHT Takeaway

Chris & Julia's Sunday Night Takeaway is an unpredictable new show that's packed with hilarious pranks, celebrity guests and incredible prizes for both our studio audience and viewers at home.

WE ARE LOOKING FOR FAMILIES AND FRIENDS FROM ACROSS AUSTRALIA TO TAKE PART IN THIS NEW HEART-WARMING SERIES!

If you want to...

- Dob in a mate
- Nominate a hero
- Share an amazing story
- Play a game show from your couch
- Propose to your partner

APPLY AT SUNDAYNIGHTTAKEAWAY.COM.AU

This could be your chance to nominate yourself, or surprise a friend, colleague or a family member on TV with a prize, an experience or a celebrity encounter!

IT'S TOO GOOD TO MISS!

itv STUDIOS AUSTRALIA

ten

Production company ITV Studios is currently looking for great people to be a part of their brand new show called *Chris & Julia's Sunday Night Takeaway* for Channel 10.

As a part of the show they want to recognise the amazing work teachers and all those in our schools do so they want assistance in their hunt for a star teacher, assistant or even parent to appear on the show. They would be a genuine person who goes above and beyond their responsibilities to make sure their school and community is a better place or maybe a character that just gives a laugh to those they come in contact with or even a super gran that deserves to be seen.

COMMERCE POP-UP SHOPS

Mr Brown's commerce class is studying business operations at present. They have just created a pop up shop where they get to make or purchase a product and then sell it to their fellow students. Each business had to pop up instantly. The product was advertised and sold with a mark-up for profit and the students were also required to write a report on their business. The day went very well with lots of interesting business ideas and the students enjoyed the day.

- Rob Brown



FHS - News

CLASS OF 1958



(l to r) Peter Charles, Tom Pardy, Robyn Wood (Acret), Lorna Konopka (Frost), Helen Green (Brown), Phillip Shirvington, Ian Buddle

Dear Safija, Daniel and Staff,

Thank you so much for your warmth and hospitality to us last week.

Our education at Forbes High School has always been a strength and source of happy memories to us, and our tour of the impressive new school has now added to our experiences.

Our classroom at the old school was a small wooden building in one corner of the playground, heated by a wood burning stove. Assemblies were held in the Town Hall, to where we marched in our houses each week regardless of the weather.

Play nights were held here too and some dances in the hall at the back of St John's C of E.

There were only twelve who completed the Leaving Certificate in 1958, as we are not "baby boomers ". The next year had 30, I think. Ian Buddle had come from Orange and I from Taree after the Intermediate Exam. We both wanted to continue Latin, so one teacher, Mrs Humphries, agreed to teach us - a class of only two.

Best wishes and again, thank you.

Yours sincerely

Lorna Konopka

FHS - News



WELLNESS HUB INFORMATION

"Forbes High School and Community Partners working together for student success"

In cooperation with our community partners Forbes High School has created a safe place for students and their parents/carers to assist with a wide range of concerns. We have provided our community partners with six onsite offices for these interactions.

Forbes High School Wellness Hub provides free private and confidential services to our students and their parents/carers who may have a wide range of issues; from everyday topics such as family, friends and school or simply feeling 'down' to more serious issues of child abuse (exclude), bullying, nutritional health, mental health, smoking, alcohol and other drug use, homelessness and suicide.

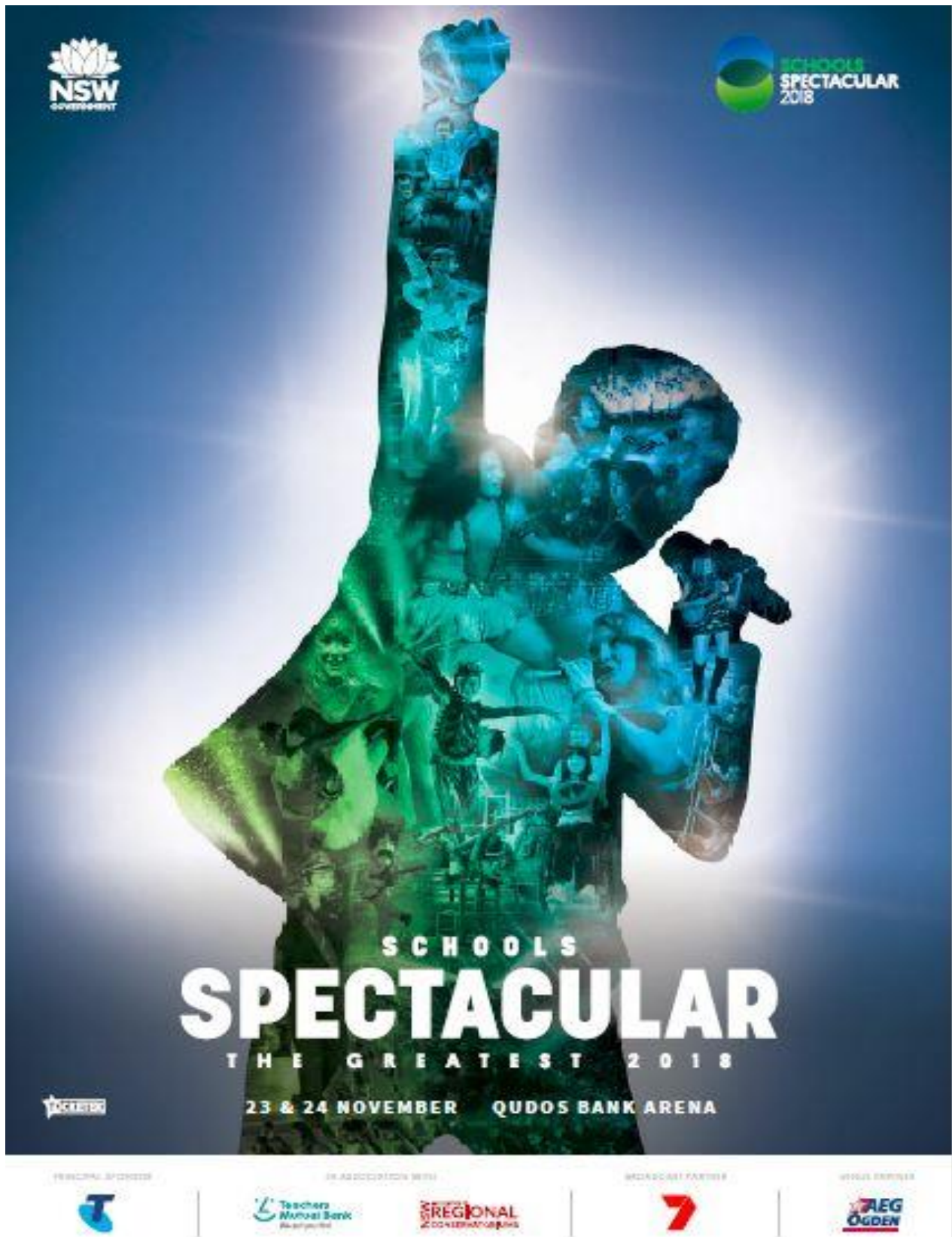
Wellness Hub services we currently have available to students and their parents/carers are;

Organisations	Positions
Binaal Billa	Counsellor/Caseworker
LiveBetter	LiveBetter/Ability Links Team Member
Centacare	Links2Home Youth/Homelessness
Centacare	Mental Health Team – Early Intervention
Community Health Services	Women's Health Nurse
Community Health Services	Nurse Practitioner
Community Health Services	Caseworker
Community Health Services	Dietician
Community Health Services	Orange Sexual Health Nurse
Community Health Services	Dietician
Community Health Services	Community Health Drug & Alcohol
Hearing Support	Itinerant Support Teacher
Lifestyle Solutions	Psychiatrist
Yoorana Gunya	Parenting Program Coordinator
Youth Hope	Youth and Family
Uniting	Family Connector

Contact Forbes High School on 02 68 522 666 if you would like to make an appointment. Or you can fill out a referral form from the front office or from our website and send it to forbes-h.wellnesshub@det.nsw.edu.au and we will contact you. If you would like further information please also visit our website www.forbes-h.schools.nsw.edu.au/caring-for-students/wellness-hub

It is important to seek help early if you notice any major change in your child's behaviour.

FHS - News



WHAT'S ON @ FORBES HIGH SCHOOL

Term 4 calendar

Week	Mon	Tue	Wed	Thu	Fri
4 Nov	5 VALID 8 Science Test Wiradjuri Language and Culture Camp	6 VALID 8 Science Test Wiradjuri Language and Culture Camp	7 VALID 8 Science Test	8 VALID 8 Science Test	9 VALID 8 Science Test HSC Exams Conclude Support Transition
5 Nov	12 PAT Testing School Remembrance Day Service	13 PAT Testing P&C Meeting	14 PAT Testing Support Transition	15 PAT Testing	16 PAT Testing
6 Nov	19 Year 10 Exams	20 Year 10 Exams	21 Schools Spectacular	22 Schools Spectacular	23 White Ribbon March Schools Spectacular
7 Nov	26	27 LEEP	28	29 PBL Excursion	30 Support Transition

ASSESSMENT CALENDAR- Students must seek confirmation of specific days and times assessments are due in each week from their teacher in relation to individual assessment tasks. This is only a general reminder for students and families.

YEAR GROUP	WEEK 4	WEEK 5	WEEK 6	WEEK 7
YEAR 7	Science S2 Test LOTE Research Task Music	English Task 4 Geography Exam Maths Yearly Exam	Technology Prac	Tech Mandatory Music Visual Arts
YEAR 8	Science LOTE Research Task Music PDHPE	English Task 4 History Exam Maths Yearly Exam	Technology Prac Visual Arts	Music PDHPE
YEAR 9	LOTE Research PDHPE	Food Tech Theory Drama Essay and Exam	Geography Exam Music Maths Visual Arts	Food Tech Practical Industrial Tech English Task 4
YEAR 10	History English PaSS	Geography Visual Arts	English History Music Science Exam	Drama Food Tech Theory Industrial Tech

COMMUNITY NEWS



Please join us for the

ROTARY IPOMOEA 8TH CHRISTMAS TREE FESTIVAL

OPENING	Friday 30th November	6.30pm
VIEWING	Friday 30th November	5pm
	Saturday 1st December	9am to 5pm
	Sunday 2nd December	9am to 3pm
VENUE	Forbes Town Hall	
CONTACT	Sue-anne Nixon	6851 5197
	Helen Pitt	0427 201 445

Enter a tree for your school, club,
business or family!

There is an election job to suit you

Can we count you in?



Register your interest
for election work today!



www.aec.gov.au 13 23 26



Rural and regional school travel



Your child may be eligible
for free travel between
home and school

Simply apply online

Save time. Apply online

You can now apply online for free school travel in rural and regional NSW instead of using paper forms. This means you only need to complete one form, even for journeys using more than one bus company. It's also easier for schools and bus companies, as Transport for NSW now handles the applications.

Who can apply

To be eligible for free school travel, students may need to live a minimum distance from their school:

- Years K-2 (Infants)**
There's no minimum distance.
- Years 3-6 (Primary)**
More than 1.6km straight line distance or at least 2.3km walking.
- Years 7-12 (Secondary)**
More than 2.0km straight line distance or at least 2.9km walking.

Who needs to apply

You only need to apply if the student has never been approved for free school travel before.

However, you need to update student details online if the student is:

- changing schools or campuses
- changing address
- changing operator
- requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

How to update your details

If the student has already been approved for school travel and they change addresses, schools or their name changes you will need to update your details at apps.transport.nsw.gov.au/ssts/update/details

How to apply for free travel for the first time

You can apply for free school travel for next year from the start of Term 4 this year.

Step 1

Once you have enrolled your child at the new school, apply online at transportnsw.info/school-students giving your home address and telling us which bus company the student needs to travel with between home and school.

Step 2

The school then confirms to us that your details are correct.

Step 3

We will then work on your application. You will get an email confirming if the student is approved for free travel. If so, we will tell your local bus company who may send a school travel pass (if needed) to your school or, in some cases, the bus company will contact you directly about travel arrangements.

A parent or guardian must apply for students aged 15 years and under. Students who are 16 years and over must apply for themselves.

Frequently asked questions

How can I apply if I don't have internet access?

Call **131 500** to get help with your application.

Does the approved free travel include travel outside school hours?

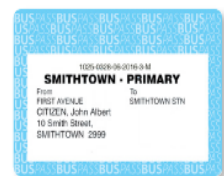
Approved free school travel is only for travel to and from school. So for travel after hours, on weekends or during school holidays, students will need to buy a ticket.

What if there's no public transport in my area?

In areas where there is no public transport, you may be able to get a subsidy for driving the student to school. For details visit transportnsw.info/school-students

How do I apply if the student needs to travel from two addresses because the parents live separately?

Each parent (or the student if aged 16 or over) needs to apply separately for each address. The same minimum distances apply.



Want to know more?

For more information call **131 500** or visit transportnsw.info/school-students

For help in your language, call the Translating and Interpreting Service (TIS) on **131 450**.

Visit transportnsw.info/school-students

