

Forbes High School Newsletter



18 Wyndham Avenue, Forbes NSW 2871 T (02) 68522666 F (02) 68511071 E forbes-h.school@det.nsw.edu.au

Term 3 - Week 6

Friday 25 August, 2017

RELIEVING PRINCIPAL'S REPORT

As we steam into the middle of Term 3 it is pleasing to see Forbes High School is a hive of creative and productive activity. Year 12 students are half way through their Trial Higher School Certificate exams and Music, Art, Drama, Design and Technology Year 12 students are also getting ready for the marking of major works and/or performances. So, a busy time all round for students, teachers and parents/carers alike. It is important that senior students take the time to keep their studies in perspective and ensure that they are leading a balanced lifestyle with plenty of sleep, exercise and downtime away from study to allow for the best outcome at the end of the year.

The school hosted the local Member for Orange Mr Phillip Donato, who had requested a tour of the Forbes High School Wellness Hub. Mr Donato was given a guided tour by key members of the Wellness Hub Team and Student Wellness Committee members David Chu and Elise Dukes. The school as a result also hosted a significant number of regional and local television crews and print media journalists who were keen to cover the visit. Mr Donato was extremely impressed with the Wellness Hub Pilot Project and saw it as a model that needed to be rolled out in other communities to support the important job schools do in supporting not just the educational needs but also physical and emotional needs of students. Mr Donato also made a point of commenting on how well presented and settled the school was during a visit. All in all, an excellent day for our Forbes High School community, well done!!

By the time you are reading this report parents and carers of Year 7 and 9 students should have received a letter containing their students NAPLAN results. This includes a number of documents that outline how to review the results for the test. Overall, results from Forbes High School showed growth in many areas for both Years 7 and 9. However, we still have to work at improving our focus on Literacy and Numeracy across the school, something that we will be working on as a school community in our next Strategic Plan for 2018 – 2020. There will be opportunities for parents and carers to share their views on this and other important areas in the coming months, something I look forward to working on as the Relieving Principal.

You may have noticed on Facebook and had discussions with your son or daughter about the use of mobile phones at Forbes High School. Students are permitted to bring a mobile phone to school and use it before and after school and during recess and lunch, a privilege that most people have at their place of work. However, due to an increasing number of issues with their use in class it has been necessary for us as a school community to review our procedures and guidelines on mobile phone use. Please refer to the document provided on pages 10 & 11 for further detail. In short, however, parents can support students and the school in the following ways:

- Refrain from calling or texting students during school hours;
- Contact the office if an urgent matter arises that requires contact with your son or daughter;
- Discuss appropriate mobile phone use in your home or work place;
- Show your son or daughter how to use silent/airplane mode and have a safe place to store it, and;
- Create phone free time or activities at home e.g. meal times or when having special visitors.

This whole process is not about annoying the students but teaching them responsible use of phones in appropriate situations e.g. driving or when you have a job. Thank you for taking the time to read my report, if I have raised issues you would like to discuss further with the school, please contact the school to allow us to clarify any questions you may have.



Aug
28-1 Sept- VALID Yr. 10
28-1 Sept- SASS
Appreciation Week
28- HSC Visual Arts
Major projects due.
29- Bathurst sport day
29- Valley FM
30- HSC Drama exam
Sept
4-8- VALID Yr. 10
8- Forbes Show
11- HSC Music due
11-15- Yr. 11 exams
22- Yr. 12 Graduation
Assembly

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FHS-News

MR DONATO THANKS FOR THE VISIT!

Forbes High School had the pleasure of opening its doors for local member for Orange Mr. Donato. Mr. Donato visited members of our Wellness team and checked out the great work happening in our Wellness Hub last week. Members of the Wellness committee, along with staff had a lovely morning chatting with Mr Donato about the great work happening in our school to support student wellbeing.



REGAN COMPETES FOR HIS STATE AND SCHOOL

Regan Acret has been competing in the Trans-Tasman Squash series competition in Rockhampton this week, qualifying for the NSW Combined High School team.



WHITE RIBBON- BOYS NIGHT IN

On Monday 31 July, Forbes High School held our Boys Night In. The night was a great success with over 50 parents, carers, students and teachers attending the event. To open the evening, we had Tyrone Gordon perform the welcome dance, and talking about how culture could help deal with domestic violence. Our guest speakers were Isobelle Herbert (school captain), Mrs. Michelle Morley and Mrs. Jodie Markwort. We had our major sponsors for the event North Parkes Mines also attend on the night, along with officers from Forbes police talking about the new Apprehended violence orders (AVO) laws.

The evening concluded with our White Ribbon Boys being presented with their white ribbons and bands promoting them to White Ribbon supporters. It is our hope that further down the track these boys will take the next step and become White Ribbon Ambassadors. Congratulations to the following students on receiving this acknowledgement Jayden Maloney, Lincoln Godden, Xander Williams, Kaidyn Haynes, Kristian Markwort, Ethan Markwort, Harry Alcorn, David Chu, Blair Thomas, Brodie Acret, Noah Girot-Serplet, Ricky Boswell, and Jacob Smith. As an ambassador for White ribbon I was very proud of each and every one of these young men and wish to thank all who helped support the night.

- Mr. Merritt



U 15'S BASKETBALL

Students participated in the U15's Basketball competition at West Wyalong on 17 August. The basketball competition included students from schools around the area. Both the boys and girls team were competitive and showcased great sportsmanship. Although the teams were unsuccessful on the day, all who attended improved their skills and had a great deal of fun!

- Ms Crain



WHATS BEHIND A MASK?

The Year 9/10 Drama class is learning all about mime this term and by the look of them they are having so much fun! According to Ms. Harrigan they had a lot of fun playing with the various masks and creating interesting performances.



STAGE 4 CAMP REMINDER

Just a reminder for students and families the third installment for the Great Aussie Bush Camp is due Friday 1st September. Please feel free to contact Mrs. Eagles at school if you require any further information about the camp and payments.
Thank you!

- Mrs Eagles

YEAR 6 TRANSITION INFORMATION EVENING FOR PARENTS/ CARERS

Forbes High School would like to invite all parents and carers of year 6 students transitioning to Year 7 in 2018 to an information evening.

The evening will include information to familiarize parents with Forbes High School and the transition process which their child will undertake.

The evening will commence at 6pm at Forbes High School in the staff common room (room 150). A light supper will be provided.

If you would like further information please feel free to contact Year Advisor Peita Coote on peita.grimshaw@det.nsw.edu.au

- Mrs Coote



EARN AND LEARN PROGRAM

Forbes High School is participating in this year's Woolworths Earn and Learn program. Boxes are available to donate stickers in at the school office or at Forbes Woolworths. This program closes Tuesday 19 September. We would really appreciate your support throughout this time. Thank you for your support!



Find us on:
facebook®

To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

FHS - News

STUDENT PROFILE

Name: Ben Adams

Year: 8

Star sign: Virgo

Do you have any nicknames? William

Do you have any brothers or sisters? 2 brothers and one sister

What is your favourite past time? Farming

Do you play any sports? No

What is your favourite subject? History

What is your favourite food? Toast

What do you want to do when you leave school? Work on the farm

What are three things you can't do without? Motorbike, farming and family



STAFF PROFILE

Name: Natalie Walker

Place of Birth: Sydney

Star Sign: Aquarius

Where you went to High School? Fort St High School

How many years working at FHS? 1

What is your role at the school?

Community Liaison Officer

How many members in your family? 4

What is the most important thing in your life? My family

Best book or movie? The Alchemist

What is your favourite food? Thai

Best holiday destination? Italy or Africa

What are three things you can't do without? Family, friends and music.



FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

FHS - News

SSE AGRICULTURE- "FARMER OF THE WEEK"

Farmer of the Week award goes to Sam. Sam demonstrated exceptional skill moving livestock this week and putting the show halters on the sheep. Well done Sam!



CALCULATORS STILL AVAILABLE FOR MATHEMATICS

All students in Yr. 7-12 require a scientific calculator for Mathematics. If students still haven't purchased they can do so at the front office. As students are not permitted to use the phones in class, it is important that all students have access to a calculator. The CASIO FX 82 AU PLUS II is available for \$25. If anyone requires financial assistance please contact Math Head teacher Mr Player on 68522666.



INDIGENOUS POLICE RECRUITING OUR WAY DELIVERY (IPROWD)

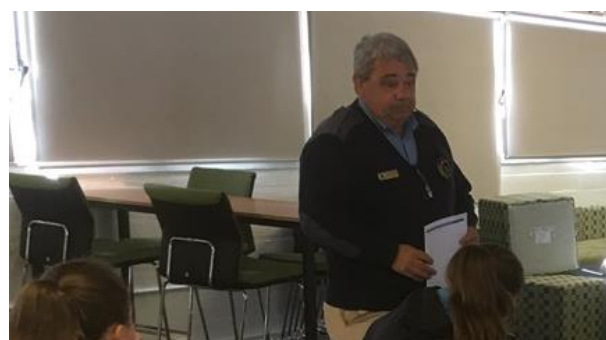
Forbes High School hosted an IPROWD program for young indigenous students. The information session was facilitated by Mr. Read from the NSW police force. The program aims to help support young aboriginal students into the police force. It is aimed at year 10 students going into year 11. We had six students attend the program information session with Mr. Read.

The IPROWD Training Program provides:

- A Certificate III Vocational and Study Pathways (10098NAT). This course is designed to help students prepare for the entry requirements of the University Certificate in Workforce Essentials and the Constable Education Program / Associate Degree in Policing Practice offered by Charles Sturt University at the NSW Police Academy
- Fulltime and flexible course delivery options
- An opportunity to undertake an excursion to the NSW Police Academy at Goulburn
- Skills and knowledge in: Communication, information technology, writing and presentation skills, ethics and workplace responsibilities and Aboriginal studies
- Support to acquire the various certificates to meet the requirements of NSW Police Recruitment.
- Support with completing application for Charles Sturt University and the NSW Police Force

If you would like more information about this program you can visit <http://iprowd.tafensw.edu.au/> or contact our AEO Mr. Barry Merritt at school for further information.

- Mr Merritt



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BEDGERABONG SHOW 2017

On Saturday 19 August, Forbes High School Show Team competed at Bedgerabong Show with both beef cattle and merino wethers. The students and livestock did an amazing job with the results as follows:

Merino Wethers

- 1st and 3rd in a pen of three school wethers.
- 1st in the individual wether.

These wethers will compete in Dubbo this week at the National Merino Competition in the school section.

Beef Cattle

- 1st Warrendine Lucy's Stage heifer under 12 months Euro
- 2nd Lachlan Dale Delungra heifer 13-18months Euro
- 2nd Nero Honour Heifer under 12months British Breed
- 2nd Langley Dale Marissa 13-18 months Bos Indicus

All students participated in the paraders competition, with Kyle Bolam taking first place and Louise Herford 2nd in the Novice class.

Congratulations to all involved and a big thank you to the owners of the stock and for the donations of feed.

- Mrs. Eagles



Thank you

Forbes High School would like to acknowledge the ongoing support of our student programs from Woolworths Supermarket and Evolution Mining Cowal. Without these partners, many programs at Forbes High would not be able to run.

FHS - News



WELLNESS HUB INFORMATION

"Forbes High School and Community Partners working together for student success"

In cooperation with our community partners Forbes High School has created a safe place for students and their parents/carers to assist with a wide range of concerns. We have provided our community partners with six onsite offices for these interactions.

Forbes High School Wellness Hub provides free private and confidential services to our students and their parents/carers who may have a wide range of issues; from everyday topics such as family, friends and school or simply feeling 'down' to more serious issues of child abuse (exclude), bullying, nutritional health, mental health, smoking, alcohol and other drug use, homelessness and suicide.

Wellness Hub services we currently have available to students and their parents/carers are;

Organisations	Positions
Binaal Billa	Counsellor/Caseworker
LiveBetter	LiveBetter/Ability Links Team Member
Centacare	Links2Home Youth/Homelessness
Centacare	Mental Health Team – Early Intervention
Community Health Services	Women's Health Nurse
Community Health Services	Nurse Practitioner
Community Health Services	Caseworker
Community Health Services	Dietician
Community Health Services	Orange Sexual Health Nurse
Community Health Services	Dietician
Community Health Services	Community Health Drug & Alcohol
Hearing Support	Itinerant Support Teacher
Lifestyle Solutions	Psychiatrist
Yoorana Gunya	Parenting Program Coordinator
Youth Hope	Youth and Family
Uniting	Family Connector

Contact Forbes High School on 02 68 522 666 if you would like to make an appointment. Or you can fill out a referral form from the front office or from our website and send it to forbes-h.wellnesshub@det.nsw.edu.au and we will contact you. If you would like further information please also visit our website www.forbes-h.schools.nsw.edu.au/caring-for-students/wellness-hub

It is important to seek help early if you notice any major change in your child's behaviour.

FHS - News

FORBES HIGH SCHOOL & COMMUNITY PARTNERS WELLNESS HUB QUOTE OF THE WEEK

"Take a look at yourself in a mirror? Who do you see looking back? Is it the person you want to be? Or is there someone else you were meant to be, the person you were meant to be but fell short of? Is someone telling you, you can't or won't because you can. Believe that love is out there. Believe that dreams come true every day, because they do. Sometimes happiness doesn't come from money or fame or power. Sometimes happiness comes from good friends and family and the quiet nobility of leading a good life. So, take a look in that mirror and remind yourself to be happy because you deserve to be. Believe that and believe that dreams come true every day because they do!"

-Anonymous



FHS & Community Partners - Working together for students success

POSITIVE BEHAVIOUR FOR LEARNING IGNITES HOUSE SPIRIT

And the winning house for week 5 was Gamilaroi!



UNIVERSITY OF SYDNEY SUPPORTING STUDENTS AT FORBES HIGH SCHOOL

The University of Sydney, Widening Participation and Outreach (WPO), program was delivered on Tuesday 25th July with the Year 11 and 12 students at Forbes HS. Our school was part of a four-day central west road show.

Workshops delivered on the day included:

1. Year 12 Promote Yourself
2. Year 12 HSC Exam Prep
3. Year 11/12 SMASH Essay

Thanks Sydney Uni!



POSITIVE BEHAVIOUR LEARNING (PBL)

Congratulations to the following students receiving recognition for displaying our values of being Responsible, Respectful, Honest and Doing their Best in weeks 4, 5 and 6 this term. Congratulations to Sybella Carlisle, Nyla Hapgood, Alex Constable, Nick Petrovich, Kyle Ryan, Jai Nolan, Zayne Merritt, Ryan Girot, Jed Matheson

THERE ARE SOME IMPORTANT CHANGES FOR 2018 ADMISSIONS THROUGH UAC.

For further information please go to <http://www.uac.edu.au/>. You can also access key dates for 2018 UAC admissions.

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School Alert **Mobile phone usage at Forbes High School**

Over recent months our school data has shown an increase in the incorrect use of mobile phones in the classroom.

Teachers spend a great percentage of their working day in having conversations with students about this when their time would be better suited to teaching and learning in the classroom.

We, as a school understand that technology is a very large part of 21st century learners lives and (in the correct environment) should be celebrated, however students often forget the requirements both legal and school based that surround the use of telecommunications.

In this vein and in order to re-teach our student body the expectations and in conjunction with our PBL philosophy of being Respectful, Responsible, Honest and Doing our Best we have adapted the guidelines the school uses in relation to the use of mobiles for the foreseeable future.

As of week 6 (21/08/17) the use of mobile phones in the classroom FOR ANY PURPOSE will be banned. Phones will still be allowed in the playground at recess and lunchtime.

We have spoken to the students and explained the new procedures and the consequences of not following the expectations.

If you need to contact your child during the school day, please contact the front office who will get a message to them.

The following link is available through the Department of Education website and informs staff, parents and guardians on the legal issues around the confiscation of student property.

https://www.det.nsw.edu.au/media/downloads/about-us/how-we-operate/legal-issues-bulletins/number_56.pdf

The procedure by the school will be as is shown in the attached flow chart.

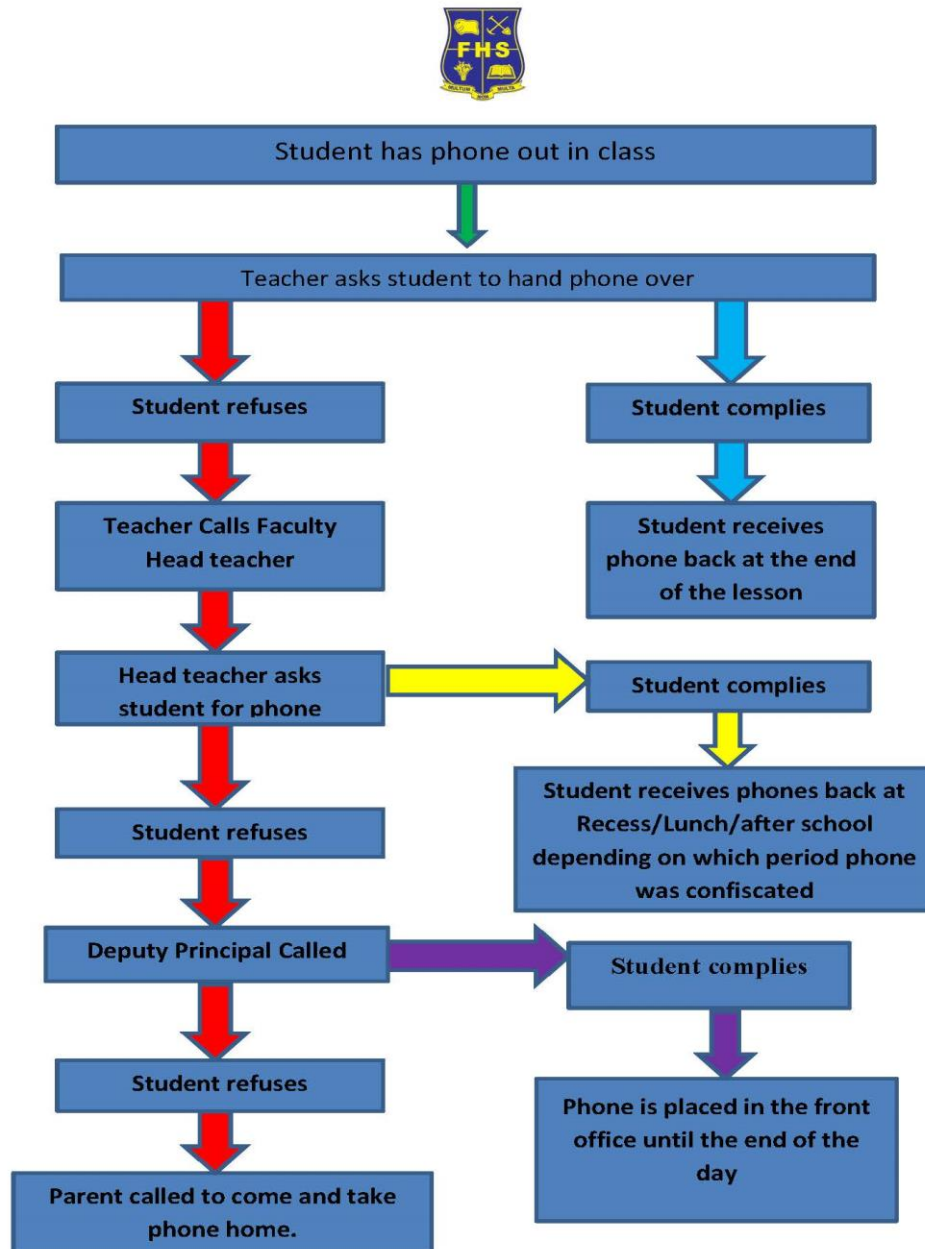
If you would like further information please feel free to contact our school.

Thank you for your understanding.

For more information contact

Relieving Principal
Jason Nottingham
Wyndham Ave Forbes NSW 2871
(02) 6852 2666
forbes-h.school@det.nsw.edu.au

FHS - News



Education
Public Schools

STUDENT REPRESENTATIVE COUNCIL (SRC) NEWS

SCHOOL DISCO

The Year 12 students will be holding a disco with the theme future occupations on Thursday 31 August from 6:30-9:30pm, with an entry fee of \$3. There will be themed food and drinks available.



ART EXCURSION

On Friday, August 4 a group of year 9, 10, 11, and 12 art students went on an excursion to the Western Plains Cultural Centre in Dubbo to see various exhibitions which included the 2016 Archibald Prize, 365 by Gregory Carosi, ArtExpress, White Wash by Paris Norton, and Portraits of Language, People Places and Possessions, and a 1950's classroom.

The Archibald Prize is a prize awarded to the best portrait, painted by an Australian artist. This exhibition is held annually, and it was amazing to see the works of the all the artist.

365 is an exhibition that captures the audience in the visual and temporal compression of 365 days of seasonal shift, and strip back the universe to its fundamental components.

Each of the paintings was as tall as the walls, and some were even as wide as the walls, giving the experience on a human scale.

ArtExpress is a selection of the best 2016 Higher School Certificate Visual Arts practical examination. These works

show how spectacular their technical skills, and just how many different types of visual art there is available.

White Wash explores the concepts surrounding the Stolen Generation. It focuses on how the Stolen Generation was a failed role in the attempt to breed out Indigenous heritage based on the colour of skin.

Portraits of Language informs people on how important language is to a culture. The exhibition had a practical side to it that involved taking a piece of tape, and covering a word on a person, eventually covering the person complete until they cannot be seen.

People Places and Possessions is a museum that contains various old technologies, and items. There are various symbols of agriculture, and family spirit. There was also an extension to the exhibition which was the 1950's classroom.

Massive thanks to Sally, our bus driver, and the coach provided by Parkes Western Road Liners for the amazing trip to and from Dubbo.

- Tessa Pymont



COMMUNITY NEWS



Women's Group

Dates for Term 3 groups

19th July- Wall hangings- Weaving CentaCare office

2nd August- Candles decorating CentaCare office

16th August- Binaal Billa Information afternoon at Binaal Billa

30th August- Cooking CentaCare office

13th September- Drumming to at Wiradjuri Dreaming Centre

Groups to be held from 1pm-3pm

If you require transport please contact Dallas, Bree or Tash on

6850 1777

Please remember we are unable to cater for children at these groups



Currajong Autism & Special Needs Group



Presents

'Teaching Strategies & Behaviour Support Workshop with Sue Larkey'

Parkes Services Club- Monday 11th September 2017

9.30am-3.00pm (doors open at 9am)

AUTISM / ASPERGER'S SYNDROME

For Teachers, Teacher Assistants, Families, Service Providers, Therapists and anyone wants to learn more about Autism Spectrum Disorder.

SUE LARKEY: International Author, Autism Spectrum Specialist, Teacher



Sue Larkey is a highly qualified special educator in mainstream and special schools. She has authored several books and collections of resource materials. Sue is uniquely positioned within the education system having taught both as a primary school teacher and a special education teacher. She has taught students with an autism spectrum disorder in the mainstream and at a special autism school. She combines this practical experience with extensive research, having completed a Masters in Special Education and currently undertaking a Doctorate of Education, focusing on inclusive education. Sue is unashamedly passionate about her mission – to inspire parents and educators and teach them how to Make it a Success.

"Come and join me for a fun, fast moving, exciting day." - Sue

Course content:

Behaviour Support: What are ASD behaviours? What to do with special interests. Strategies for home. Strategies for school (pre-school, primary and secondary). Sensory issues in relation to toileting, sleeping, clothing, eating, etc. Repetitive and obsessive behaviours. Dealing with anxiety. Teaching Strategies: What is ASD? Autism learning style. Visual strategies. Social skills. Teaching play. Transitions. How to motivate.

Cost (including GST):

Parents: \$100 each (\$80 early bird price)
Professionals: \$130 each (\$110 early bird price)

-Registration includes morning tea and light lunch

Previous Feedback

"Her advice is succinct and wise. Realistic and practical strategies."	"I attended your workshop and walked away feeling better about my way of dealing with my son. Thank you from ALL my family."	"I found your workshop very inspiring. I work in a special unit with 11 Autistic kids. I think you described all of them at some point during the day."	"The strategies you spoke of were presented in a real way. Thanks for such an enjoyable and practical session. I look forward to hearing more of your ideas in the future."
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WESTERN REGION WINTER VOLUNTEER SPORTING SPIRIT AWARD

YOUTH + OPEN CATEGORY



The Western Region Winter Volunteer Sporting Spirit Award is an opportunity to recognise volunteers who are the lifeblood of grassroots sport in country NSW.

Sporting club and association members are invited to nominate individual volunteer(s) or youth (25 years and under) who would be deserving of such an award.

To be eligible for the winter award the nominee must have been a volunteer with the club or association during the period from April to September 2017.

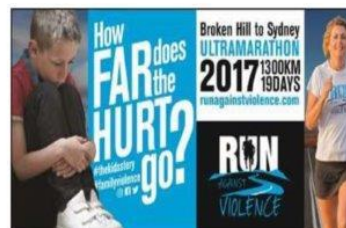
Nominations close on Friday 13 October 2017. Terms and conditions apply.

To nominate your volunteer, tell us in 150 words or less why your nominee is the most deserving volunteer. This might include the:

- Time they dedicate to the club, association or committee
- Positive attitude they demonstrate while volunteering
- Positive role model they provide to younger, and other club members
- Expertise and knowledge they bring to volunteering
- Encouragement they give to others in the club, association or committee.

In March 2018 there will also be an opportunity to nominate someone for the Summer Volunteer Sporting Spirit Award (for those who volunteer between November 2017 and March 2018).

Submit nomination online at sport.nsw.gov.au/award



SAT 9 SEP 2017 Forbes Annual Show

For 19 days in August/September 2017, solo ultramarathon runner and co-founder of Run Against Violence, Kirrily Dear will run 1300km from Broken Hill to Sydney in the 'Steps Together Ultramarathon' to give a voice to the often-silent victims of family violence – the children.

On Kirrily's arrival at Forbes, she will be running into the Forbes Show ground to do a lap of the racetrack with her support runners to raise awareness to the community. All community members are invited to join her for this lap around the race track, so please bring your running shoes and show your support.



FORBES ANNUAL SHOW

Anticipated arrival of Kirrily between 12 and 1pm

Information on Family violence provided in the show pavilion

Committee members from the Forbes Domestic & Family Violence committee will be present at the information table for any inquiries

ALL WELCOME TO JOIN IN THE RUN!

COMMUNITY NEWS



Western Region Academy of Sport (WRAS) 2018 Netball Squad Trials

The WRAS 2018 netball program is part of the Netball NSW Athlete Pathway.
The program will run from November 2017 to August 2018.

The selection process for the 2018 squad is:

Phase 1 selection trials – open to netballers born in 2002, 2003 and 2004 living or attending school in the WRAS catchment area. The WRAS catchment includes the following council areas: Bathurst Regional, Bland, Blayney, Cabonne, Cooma, Dubbo Regional (including Wellington), Forbes, Gilgandra, Hilltops (including Young), Lachlan, Lithgow, Mid-Western Regional, Narramallee, Oberon, Orange, Parkes and Wodonga.

Phase 2 selection trial – by invitation only.

PHASE 1 TRIAL	PHASE 2 TRIAL
Sunday 27 August 2017 – Orange (Kinross Wolaroi School)	Sunday 24 September 2017 – Bathurst (Charles Sturt University Gymnasium)
OR	No cost.
Sunday 3 September 2017 – Dubbo (Dubbo Christian School)	To be invited to Phase 2 (final selection trial for WRAS 2018 squad) netballers must attend one of the Phase 1 trials, be an age eligible WRAS 2017 squad athlete or be identified by Netball NSW.
The number of places at each location will be limited. Netballers cannot attend both days. WRAS will attempt to allocate places on 1 st choice of date/location. However, this may not be possible for all. Places will be allocated in the order that nominations are received.	A list of athletes invited to Phase 2 will be published on the WRAS website by Thursday 7 September 2017. All netballers who attend Phase 1 trials will receive email notification after the list is published.
Time: 8.45am to 4.00pm	
Cost: \$40 per person	
Nominations for Phase 1 trials close 10am Thursday 17 August 2017	
CLICK HERE to nominate to trial	
Payment due 17 August 2017 WRAS account (BSB No 882 000, Acc No 300015812) Please include player's name as the reference.	
Acceptance of nomination to trial will be confirmed by email after payment has been received.	

For more information please contact the WRAS office by phone 6338 4821 or email to tpallen@csu.edu.au

FORBES PA&H ASSOCIATION INC.
Forbes Pastoral, Agricultural and Horticultural Association Inc.
ABN: 62 404 278 500

All correspondence to:
The Secretary
Jan Facey
PO Box 188
FORBES NSW 2871

Phone 6852-1311
Email: forbesshow@gmail.com

MEDIA RELEASE

Get involved, put yourself out there

The 2017 Forbes Showgirl search has begun and we are looking for young women aged 18 to 24 to put their hand up and get involved.

The Showgirl competition showcases women who have personality and presentation - a women's overall "style". Most importantly however, the winner of the competition must have a genuine interest in, and good knowledge of, rural NSW. Entrants are asked to demonstrate knowledge of their local community and current affairs. They are also judged on their involvement and experience in rural affairs. The Competition encourages the participation and subsequent awareness of rural women's contribution and involvement in both local communities and rural NSW as a whole.

The Land Sydney Royal Showgirl Competition shines the spotlight on the brightest young women across country NSW. The event attracts high-calibre competitors who display confidence, rural knowledge, ambition and a passion to represent country-Australia.

The competition has made a significant contribution to the advancement of women in regional and rural areas ever since the first Showgirl crown was awarded to Margaret Mackay of Dungog in 1962.

Showgirl judging comprises a 15 minute interview with three judges followed by a general discussion with the judges and family and friends. Each entrant is invited to walk the showground and meet the community on the Friday of the show followed by the announcement of the 2017 Showgirl that evening.

Judging will take place on Saturday 2nd September. The Friday activities take place on Friday 8th September.

If anyone has any questions please do not hesitate to contact:
Miss Casey Maguire – casey.maguire@wf.catholic.edu.au
Mrs Susan Earl – dsearix@bigpond.com or 0428445531
The Forbes show office – forbesshow@gmail.com

BreastScreen
Every 2 years

FREE SCREENING MAMMOGRAMS
Recommended every 2 years for women
aged 50 – 74.

The BreastScreen Van is coming to

FORBES

WHEN: 7th August to mid-September 2017

WHERE: Victoria Park (Harold St)

Call **13 20 50** TODAY



Information Evening

12 September 2017 - 6pm
Orange City Bowling Club
61-89 Warrendine St
Orange
Chris 0458 243 976

Pre Apprenticeship Program

An introduction to the building
and construction industry



Master
Builders
Association
Since 1917

02 8586 3533

www.mbansw.asn.au