

Forbes High School Newsletter



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Term 4 - Week 3

Friday 27 October, 2017

RELIEVING PRINCIPAL'S REPORT

Welcome back to term 4. Our Year 12 students are still working away studying and sitting their exams. Many are coming into school to study in our school library during the day and taking advantage of our homework centre on Monday afternoon's, which is great to see. All this extra commitment and hard work will pay dividends when the final results come out in mid-December. I have been lucky enough to have a number of conversations with excited Year 12 students who have been accepted into early entry programs at a variety of universities, an excellent outcome for all involved. I would also like to take this opportunity to congratulate the rest of the school community for their respectful and responsible behaviour displayed around the exam venues within the school; it is greatly appreciated by students and staff alike.

We are also busy as a school community preparing our draft School Strategic Plan for 2018 – 2020. This will build upon many of the excellent initiatives that resulted from our current plan that concludes at the end of this year including; the implementation of our Head Teacher Wellbeing and the Wellness Hub. These initiatives are possible through the Gonski funding the school has received and the hard work and commitment of Forbes High School staff, students and the backing we receive from the wider community. We will be surveying the community shortly and would greatly value your input on the ideas we have for the school.

You may have seen a recent Facebook post that reported a meeting between Forbes High School staff, including myself and Sally Bourne a landscape architect who has worked with many schools and councils around the Central West and in Sydney. She has been commissioned by the school to draw up a Forbes High School Beautification and Environmental Plan that will form part of our School Strategic Plan 2018 – 2020. We have big ideas that we want to share with the students, community and staff over coming weeks. If you have a 'green thumb' it maybe a project you might like to get involved with, we will be running a parent and community meeting on the evening of 8th November from 6pm until 7 pm. During this meeting our ideas for the School Strategic Plan 2018 – 2020 including this project will be outlined for consultation. This is one example of the direction we want to take Forbes High School, your school. Get involved in what we are doing and share in the great ideas we have for the future of Public Education in Forbes.

Parents of Year 11 students should have received their final report for the Preliminary course on Friday 20th October, it is important that parents and carers read and acknowledge the work that your son or daughter has completed over the Preliminary course, this is the prerequisite learning needed to successfully attempt the Higher School Certificate in Year 12.

Lastly, the school day for student's starts at 8.30am, this is when as a school we are legally required have staff on duty supervising students. Prior to 8.30am the school does not provide formal supervision, to assist the school and provide the safest start to the day can parents ensure students to arrive at school after 8.30am, unless other arrangements have been made such as a pick up for a sports team or excursion. Your support in this area is greatly appreciated.

Thank you for taking the time to read my report, if I have raised issues you would like to discuss further with the school, please contact the school to allow us to clarify any questions you may have.



October

16- HSC begins

27- Scone Beef Bonanza

31- Blayney Visit

November

1-10- Valid Science

3- Junior Dinner Dance

6-9- Geography excursion

7-8- Sydney excursion

13-14- Year 10 exams

14- P&C meeting

24- WRD March

25- Yr. 12 Graduation dinner

28- MADD night

December

4-6- Stage 4 excursion

8- Presentation Assembly

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FHS-News

YEAR 12 ASSEMBLY AND AWARDS

Forbes High School had a lovely day celebrating the success of all of our year 12 students, with staff, students, family and friends on the last day of term 3. It was quite an emotional day for many. Currently our year 12 students are undertaking their HSC and we wish them all the best in their final weeks of exams.



SCHOOL UNIFORM CLOTHING POOL

If you have any unwanted school uniform articles please drop them into the school's administration office so that they can be added to the school clothing pool. If you require items please contact the school office to help assist you.

NICHOLAS NAMED ONE OF THE NATIONS BEST

Forbes High School has announced Year 12 student Nicholas Mulligan as the school's recipient of the 2017 Caltex Best All Rounder Award, one of Australia's most prestigious secondary school prizes.

Nicholas joins a select group of secondary students around Australia who have received a Caltex Best All Rounder Award for excellence in their studies, on the sports field and for their work in the community.

Nicholas has represented the school as a part of our school leadership team in particular as our school captain and on our school representative council.

He has achieved the Caltex Best All Rounder two years in a row. Nicholas has represented the school in several school sporting events like Opens Soccer, Opens Rugby League and our Open Rugby Gala Day.

Forbes High School, Relieving Principal Mr Jason Nottingham said "Nicholas was a worthy recipient of the nationally-recognised award."

"The award recognises Nicholas's contribution across several disciplines. He has been a wonderful asset to our school and the wider community, setting a terrific example for others to follow," Mr Jason Nottingham said.

Caltex Australia Managing Director and Chief Executive Officer, Julian Segal, said the Australian fuel company was proud to have recognised generations of students like Nicholas since the awards began in 1985.

"I congratulate Nicholas and wish him well as he moves into the next phase of his life," Mr Segal said.

"Nicholas joins an exclusive list of Caltex Best All Rounders to have been recognised over the past three decades."

The Caltex Best All Rounder Award has been presented to thousands of final-year students around the country across its 32-year history.

As a proud Australian business that's been part of local communities for more than a century, Caltex seeks to acknowledge the all-round contribution that each student makes to their schools and communities, their leadership abilities and the good example they set for others.

Past winners include children's show actor Emma Watkins (the current 'Yellow Wiggle') from The McDonald College in Sydney, and Frisbee world-champion Adrian Gepp (PhD) from Faith Lutheran College in Tanunda, South Australia. For further information, please visit www.caltexbestallrounder.com.au



P&C MEETING

Forbes High School P&C will be holding their next meeting on Tuesday 13 November 2017 starting at the new time of 6pm at the Forbes Services Memorial Club.

All welcome!



FHS - News

FORBES HIGH SCHOOL STUDENT REPRESENTATIVE COUNCIL LEADERS 2017/2018

Forbes High School would like to congratulate and welcome on board our new Student Representative Council leaders for 2017/2018. Captains: Mitchell Ashcroft & Chelsea Turner. Vice Captains: Claire Maslin and Konnor Ryan.



HOUSE LEADERS

Forbes High School has taken a new approach to their house leadership structure, nominating four seniors and two juniors as House leaders for the coming year ahead.

Congratulations to the following students on being nominated as house leaders for 2017/2018.



BURRABINYA



GAMILAROI



NGURI



WIRADJURI



Find us on:
facebook®

To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

FHS - News

STUDENT PROFILE

Name: Finnlay Bennett

Year: 12

Star sign: Sagittarius

Do you have any nicknames? Fin

Do you have any brothers or sisters? One sister and two brothers.

What is your favourite past time? Netflix

Do you play any sports? No

What is your favourite subject? History

What is your favourite food? Any dessert

What do you want to do when you leave school? Be a nurse

What are three things you can't do without?

My phone, my eyebrow pencil and my boyfriend.



STAFF PROFILE

Name: Georgie Price

Place of Birth: Sydney

Star Sign: Gemini

Where you went to High School?

Tullamore Central and Yanco Ag

How many years working at FHS? This year

What is your role at the school? Careers, PE and science teacher

How many members in your family? 4

What is the most important thing in your life? Family

Best book or movie? The Power of One

What is your favourite food? Chops

Best holiday destination? Hawaii

What are three things you can't do without? Food, money and family.



FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

EUGOWRA SHOW- SHOW TEAM END ON A HIGH!

Eugowra show was the last of the local shows attended for the year, with our students doing a stellar job and finishing on a high. The students dominated the paraders competition with the novice class being won by Jack Cole, 2nd to Louise Herford and Jasmine Casey placing 4th. Kyle Bolam went on to win first in the experienced paraders class and win Champion parade. Kyle qualified for the Sydney Royal Show paraders competition next year for our zone. Well Done!

Kyle Bolam and Cody Neilsen were finalists in the beef judging and Louise Herford in the Fleece Judging. Our heifers had a fantastic last show with Escalar Park RR Honour M214 placing first and winning Reserve Champion Heifer. Warrendine Lucy's Stage placed second to Honour in her class and Langley Dale Marissa placed second in her interbreed class heifer 13-18 months.

- Mrs Eagles



MEET OUR NEW MESH STAGE 6 MATHEMATICS VIRTUAL NETWORK COORDINATOR

Some of you know Mrs Bottaro-Porter as our maths teacher at Forbes High School, but recently she has taken on a new role within the Department as a mEsh Stage 6 Mathematics Virtual Network Coordinator for the Wagga Wagga Operational Directorate.

mEsh stands for Mathematics, English, Science and History.

The role is to support stage 6 teachers of the Wagga Wagga Operational Directorate to:

- * Create and maintain a collaborative virtual Mathematics network to support the implementation of the 2018 Mathematics Standard course.

- * Provide Professional Learning through a range of technologies (such as video-conferencing, Adobe Connect sessions and Face-2-Face).

- * Share quality resources (such as assessment tasks and teaching activities).

Mrs Bottaro-Porter will be based at Forbes High School in the position until the end of the year, with a possible extension into 2018.

Congratulations Mrs Bottaro- Porter!



FHS - News

PUBLIC SCHOOLS CONTINUE TO CREATE STRONG PARTNERSHIPS.

Public schools in Forbes continue to work together forming strong partnerships to create amazing opportunities for students and staff in all of the schools. Leaders of public schools in Forbes came together to provide support and feedback into the development of Forbes High Schools communication and engagement strategy. Thanks Mrs. Morley and Mr. Thomas for your input and to Sophie for your continued support. Exciting times ahead for continued strong partnerships with our primary public schools!



AURORA COLLEGE- STELLAR AWARD

Congratulations to Rohan Webb on receiving recognition from Aurora College. Rohan was presented the Stellar Award from Mr Nottingham on behalf of Aurora College.



Thank you

Forbes High School would like to acknowledge the ongoing support of our student programs from Woolworths Supermarket and Evolution Mining Cowal. Without these partners, many programs at Forbes High would not be able to run.

SELECTIVE SCHOOL APPLICATIONS OPEN

Applications for selective high school placement in Year 7 in 2019 open on 10 October 2017 and close on 13 November 2017. You must apply before the due date. For further information, click on the link below.

<https://education.nsw.gov.au/.../selective-high-school.../year-7>

COMMUNITY STRATEGIC WORKSHOP

At Forbes High School the input of our school community is highly valued. You are warmly invited to come along on Wednesday 8 November at 6pm to give your thoughts on our next school plan. We encourage you to come along and join us in shaping the best possible future for your child at our school. Light refreshments will be provided.

Please RSVP to Natalie Walker by calling 68522666 or emailing natalie.walker17@det.nsw.edu.au

We look forward to seeing you on the night!



FHS - News



WELLNESS HUB INFORMATION

"Forbes High School and Community Partners working together for student success"

In cooperation with our community partners Forbes High School has created a safe place for students and their parents/carers to assist with a wide range of concerns. We have provided our community partners with six onsite offices for these interactions.

Forbes High School Wellness Hub provides free private and confidential services to our students and their parents/carers who may have a wide range of issues; from everyday topics such as family, friends and school or simply feeling 'down' to more serious issues of child abuse (exclude), bullying, nutritional health, mental health, smoking, alcohol and other drug use, homelessness and suicide.

Wellness Hub services we currently have available to students and their parents/carers are;

Organisations	Positions
Binaal Billa	Counsellor/Caseworker
LiveBetter	LiveBetter/Ability Links Team Member
Centacare	Links2Home Youth/Homelessness
Centacare	Mental Health Team – Early Intervention
Community Health Services	Women's Health Nurse
Community Health Services	Nurse Practitioner
Community Health Services	Caseworker
Community Health Services	Dietician
Community Health Services	Orange Sexual Health Nurse
Community Health Services	Dietician
Community Health Services	Community Health Drug & Alcohol
Hearing Support	Itinerant Support Teacher
Lifestyle Solutions	Psychiatrist
Yoorana Gunya	Parenting Program Coordinator
Youth Hope	Youth and Family
Uniting	Family Connector

Contact Forbes High School on 02 68 522 666 if you would like to make an appointment. Or you can fill out a referral form from the front office or from our website and send it to forbes-h.wellnesshub@det.nsw.edu.au and we will contact you. If you would like further information please also visit our website www.forbes-h.schools.nsw.edu.au/caring-for-students/wellness-hub

It is important to seek help early if you notice any major change in your child's behaviour.

FORBES HIGH SCHOOL & COMMUNITY PARTNERS WELLNESS HUB QUOTE OF THE WEEK

"The bad news is that time flies. The good news is you're the pilot!"
- Anonymous



FHS & Community Partners - Working Together For students success

FORBES ROTARY CHARITY GOLF DAY

Forbes High School has been lucky enough to be nominated as the local charity/ organisation to support for Rotary's Charity Golf Day.

The Wellness Hub at Forbes High School will be the lucky project to receive the proceeds from the day to help support the programs offered to support our students.

If you love a game of golf, why not get a team together for the Forbes Rotary Charity Golf Day on Sunday 29 October at the Forbes Golf Course.

Time: Shotgun start 9am

Cost: \$35 per person (includes green fees and BBQ lunch)

3 person Ambrose

All bookings can be taken at the Forbes Pro golf shop.

All ages welcome!



FORBES HIGH SCHOOL SAYS THANKYOU FOR YOUR SUPPORT IN THE EARN AND LEARN PROGRAM

A big thank you to everyone who supported Forbes High School with the Woolworths Earn and Learn program held last term. We had a fantastic result, achieving 2000 more points than last year!



SUPPORT UNIT RAISING FUNDS AT FARMERS MARKET

Get down to Forbes Farmers Markets this Saturday the 28th October in Victoria Park. There will be some delicious treats you can buy. Also tomato and sweet corn seedlings, and succulents a plenty. All money raised goes to Forbes High Support Unit. Show your support, tell friends and family and come down to Victoria Park this Saturday morning.

FISHING COMPETITION WINNERS

Congratulations to Jarrod and Dylan on winning the fishing competition for term 3.



JUNIOR DINNER DANCE

The Forbes High School P&C Junior Dinner Dance will be held on Friday 3 November at the Forbes High School hall. This is a great opportunity for students to get together and celebrate the great year they have all had in 2017. If any parents/ carers are available to help out on the evening could you please contact Mrs Morrison at the school office.



HOUSE SPIRIT RESULTS FOR WEEK 2/ T4

House spirit results for week 2 this term are;
1st-Gamilaroi 129 slips
2nd- Wiradjuri 128 slips
3rd- Burrabinya 124 slips
4th- Nguri 92 slips
Congratulations to everyone for being Responsible, Respectful, Honest and Doing your Best!



POSITIVE BEHAVIOUR FOR LEARNING ASSEMBLY AWARDS

Congratulations to the following students, Blake Maslin, Mark Cobb, Billie Jo Crisp, Chelsea Turner, Sam Taylor, Lachlan Boswell, Jessica Cole, Kendi-Lee Morley, Tamika Goldsmith and Joey Symonds on receiving recognition for consistently displaying our school values of being Responsible, Respectful, Honest and Doing your Best during weeks 2 and 3 of term 4. Well done everyone!



FORBES HIGH SCHOOL BEAUTIFICATION & ENVIRONMENTAL PROJECT

Forbes High School has employed the talented Sally Bourne to assist our school in developing a draft landscaping plan for the front of the school. To help us bring this plan to fruition, we would love to invite community members to be a part of our team. If you have an interest in gardening or have skills in landscaping and would like to be involved in this project, please contact the school on 68522666 or email Natalie Walker on natalie.walker17@det.nsw.edu.au. If you have any feedback you would like to provide please feel free to email through to the above address. Plans can be viewed at the school or at our community strategic planning workshop next week.



COMMUNITY NEWS

NOMINATIONS FOR FORBES NETBALL ASSOCIATION OPENS TEAMS

Forbes Netball Association would like to call for nominations from netball players for their 2018 Open's team. The Open's team is open to all ages and players must have played and be registered with Forbes Netball Association in 2017 to be eligible to trial. Nomination forms are on the Forbes Netball Association website and must be emailed to Tiffany Nicholson at secretary.forbesnetball@gmail.com before close (8:00pm) on Wednesday 1st November 2017.

Trials for selection in the Opens team will take place on Monday 13th November 2017 and Monday 20th November 2017 at 6:00pm at the Forbes Netball Courts. The opens will play in a regional competition which will be held in Orange on the following Sundays in 2018; 25/2/2018, 25/3/2018 and 15/4/2018.

FORBES WHITE RIBBON DAY COMMUNITY MARCH



Will YOU walk with us for our annual

White Ribbon Day March

Friday 24th November 2017

We are marching in support of Australia's campaign to stop men's violence against women—**White Ribbon Day**.

We will meet at Cross Street in front of Carpet Court **10.00am** & finish in **Victoria Park** where our youth will share their thoughts on why it is so important to stand up and speak out against violence and how **together we** can all make Forbes a safer community for everyone.

A **FREE** sausage sizzle will be provided for all participants.

All of Forbes community are invited and we hope we can count on YOU to walk with us!

Women's Conference and Careers Expo Parkes

Venue Parkes Services Club – Starlight lounge

When Wednesday November 1st, 2017

Time 10:30am – 2:00pm

An opportunity not to miss!

CentaCare Wilcannia Forbes will be holding a free Women's Conference and Careers Expo. We aim to empower women, as well as encourage and inspire change.

Keynote speakers from inspirational and successful women will be presenting on the day with an opportunity to speak with them in a Q & A session.

Services will be available to offer information for women wishing to enquire about jobs, career paths, study options and anything related to getting into a workplace industry.

Free child minding will be provided on the day.

Keynote Speakers -



Tracey Spicer has anchored national news, current affairs and lifestyle programs for several TV networks, and has brought her savvy style to talkback radio. Tracey will be the MC at the Women's Conference.



Stacey Currie should be living on the streets, in jail, on drugs or dead but has remarkably defied all odds in a spectacular way by getting up when everyone counted her out. Stacey has risen to become a successful businesswoman, author and international speaker.



Tania Major is a young indigenous woman from a remote community in far North Queensland. She has been recognised as a leader and advocate for Aboriginal people at the national and state levels. Tania's qualifications include a Bachelor of Arts (Criminology), a Master in Public Policy from University of Sydney and a mother to a 4 year old boy.

For more information:
Phone or visit the team at CentaCare Wilcannia Forbes
17 Church Street
Parkes NSW 2870
p. 02 9953 9429



PCYC SAFE DRIVER COURSE

The safer driver course is a combined theoretical and practical course for under 25 year old learner drivers who have completed 50hrs of log book hours.

There are two modules.

Module 1- 3hrs

Module 2- 2hrs

Cost: \$140 per person

To book a place visit the website or click on the link below

<http://saferdrivers.org.au/>



COMMUNITY NEWS

TIPS FOR ADULTS AT KIDS SPORT

- 1. Keep it fun**
don't take it *too seriously*
It's not the World Titles
- 2. Be enthusiastic**
but don't *scream* & *shout* instructions from the sideline
- 3. Emphasise trying hard**
not winning
- 4. Cheer & acknowledge**
good plays by *all players, both teams*
- 5. Accept decisions by officials**
they are human & *can make mistakes*
- 6. Let coaches do the coaching**
- 7. Always remember, volunteers run kids sport**
- 8. Understand, uphold and support your club's code of conduct**
- 9. Allow your child to play for themselves**
Let kids make the decisions on and off the field
- 10. Think before you speak**
Your words may harm others



#shooshforkids | sport.nsw.gov.au

SHOOSH FOR KIDS

If your comment is negative, then **SHOOSH!**

Reward good effort with applause; if you can't then **SHOOSH!**

If your negative comment is directed at an official, then **SHOOSH!**

If your negative comment is directed at a child, then **SHOOSH!**

Show respect to kids and officials. **Remember, sport should be fun!**



Shoosh for Kids is proudly supported by:



#shooshforkids | sport.nsw.gov.au

Rotary Ipomoea's CHRISTMAS TREE FESTIVAL 2017



Make an entry and come and join us to see the wonderful display of Christmas trees in the Forbes Town Hall

Festival opens with an official opening with refreshments at 6pm December 1st

Open 9am - 5pm Saturday December 2nd

Open 9am - 1pm Sunday December 3rd

Make an entry phone Helen 68514930 or Sue-anne 68515197 Email sueanne.nixon@hotmail.com

\$5 to enter a tree/ deliver between 8am - noon Dec 1st - Anyone can enter any type of tree.

Town Hall fees for this event have been kindly waived by Forbes Shire Council

Service Providers Information Day

Presented by

THE FORBES INTERAGENCY GROUP

Tuesday 31st October, 2017

VICTORIA PARK

Forbes

10.00 am - 2.00 pm

Please come along to find out more about the multitude of services in your community

BBQ and giveaways on the day

Services available: Australian Unity Home Care, Meals on Wheels, Home Modification, Dementia Carers Support, Carewest, Baptist Care, Benevolent Society, Community Transport, Binaal Billa, Centacare, NDCO, Yoorana Gunya, Fair Trading, NDCO and many more..

The Australian Government Mobile Service Centre will be on location to help rural families, older Australians, students, job seekers, people with disability, carers, farmers and self employed people.

