# Forbes High School Newsletter



18 Wyndham Avenue, Forbes NSW 2871 T (02) 68522666 F (02) 68511071 E forbes-h.school@det.nsw.edu.au

Term 3 - Week 10 Friday 22 September, 2017

### RELIEVING PRINCIPAL'S REPORT

Well we are coming to the end of term three and change is in the air! Not only are we seeing the change in seasons and weather but a changing of the guard so to speak at Forbes High School. As I write this Mr Byrne and Year 12 are gearing up for their final week activities and celebrations, this is a tumultuous time for our most senior students as they work to closing a major chapter in their lives. For all of them school has been a massive guiding influence on their lives but this is inevitably coming to an end and they will soon be leaving school to start the next phase in their lives, an exciting but also at times a source of anxiety as they look into the new and unknown paths of their future. Whether that is employment or further study at TAFE or university they need to draw upon the supports around them to make the correct decisions. I will cover this in greater detail during my speech at the Year 12 Graduation assembly on Friday 22<sup>nd</sup> September. I would like to take this time to thank our current school leadership team of Isobelle Herbert and Nicolas Mulligan our School Captains and Elysse Girot-Serplet and Galen Ryan our Vice-Captains for their dedication and hard work over the last twelve months.

As the current Year 12 finish up at Forbes High School it provides a great opportunity for our prospective student leaders in Year 11 to run for the positions of School Captains and School Vice-Captains. Again Forbes High School is lucky to be endowed with a strong field of potential leaders who presented their ideas to the school community at our assembly the candidates are; Kiah Peckham, Janssen Mores, Claire Maslin, Chelsea Turner, Mitchell Ashcroft and Konnor Ryan. All spoke with passion and enthusiasm about the role of student leadership in the school and why they individually would be suitable for the job. Now it is over to the school community to vote for who they think will provide the best leadership for 2018, good luck and I look forward to working with those elected in Term 4 and 2018.

Finally I would like to share with you an extremely positive story about Forbes High School and the dedication of its staff in providing a supportive and nurturing learning environment for all students to flourish in. Last Wednesday 13th September our Relieving Director Public Schools NSW, Lachlan Network Mr Charles Dwyer and I had the pleasure of attending the 2017 Minister's and Secretary's Awards for Excellence, held at the Department of Education head office in Sydney. Forbes High School had been nominated and was successful in being awarded a Secretary's Award for an Outstanding School Initiative, namely the Forbes High School Wellness Hub. Forbes High School being one of only 15 schools out of 2240 NSW public schools to be awarded in this category. It made me immensely proud to be the Relieving Principal of Forbes High School and is recognition at the highest level that Forbes High School has the capacity to achieve great things when staff, students and the wider community work together in a collaborative way to achieve goals to benefit all students. In this case it was student well-being; however, this should garner us as a learning community to get behind many of the strategies that will be the focus of our next three year school plan at Forbes High School and also our partner Public Schools.

In closing I look forward to seeing many of you on Friday 22<sup>nd</sup> September to acknowledge and celebrate the fine young men and women who are graduating from Forbes High School in 2017.

Thank you for taking the time to read my report, if I have raised issues you would like to discuss further with the school, please contact the school to allow us to clarify any questions you may have.



E LE	
Sont	

22- Yr. 12 GraduationAssembly.22- last day of termOct9- School resumes for staff and students

**10-** P&C meeting **13-** Yr 7 immunisations

16- HSC begins21- Scone beefbonanza

Inside.
moide.
PEF Awar
I LI Awai

Multi sports day pg.3 **CHS Athletics** pg. 3 Creative critters pg. 4 Yr. 6 parent evening pg.4 Student/ Staff Profile pg. 5 Farmer of the week pg. 6 Year 6 Transition pg. 6 Show team pg.7 Wellness Hub pg.8 NAPLAN readiness pg.9 NAIDOC pg.9 NAPLAN online pg.10-11

pg.2

SRC pg.12
TTFM pg.12
Cricket Gala day pg.13
LEEP Science pg.13
Yr 12 Awards pg.14
Community news pg.15-16

pg.17-18

"E

Goodbye Yr 12

# **FHS-News**

### PUBLIC EDUCATION FOUNDATION AWARDS- WELLNESS HUB A TOP PICK FOR SECRETARY!

Congratulations, Forbes High School on receiving the Secretary's Award for Outstanding School Initiative 2017, from Department of Education's Secretary Mr Mark Scott. What an achievement in leading the way in student learning and educational outcomes!

Relieving Director for Public Schools Mr Charles Dwyer and Relieving Principal Mr Jason Nottingham attended the awards ceremony, accepting the Secretary's Award for Outstanding School Initiative 2017, from Department of Education's Secretary Mr Mark Scott.

The award recognizes a NSW Public School's commitment to teaching and learning outcomes, leadership, supporting their students and/ or creating a sustainable learning environment via the delivery of a discreet program or initiative.





### LEEPING INTO AGRICULTURE

Recently, stage 3 students had a hands on approach with our agriculture team as part of our Lachlan Enrichment and Engagement Program (LEEP). The day was filled with catching the show cattle, washing the heifers, using the blower and parading. We had a fantastic day with our feeder primary schools. Thanks again to our Forbes High School Show team helpers and Mrs Eagles!





### SCHOOL UNIFORM CLOTHING POOL

If you have any unwanted school uniform articles lease drop them into the school's administration office so that they can be added to the school clothing pool. If you require items please contact the school office to help assist you.

# **FHS-News**

#### MULTI SPORTS DAY

The multi-sports day excursion was for students with disabilities and provided an opportunity for schools in the central west to attend. There were ten schools from the Central West that attended this event in Bathurst.

The day was funded by the Department of Education Sports Unit in Sydney. Although the students had to pay a small fee to cover some costs, it is important that we attend because if it isn't supported then funding will cease. Ensuring our students have access to various opportunities is something we strive for at Forbes High School.

Staff and students met with various Central West Sport Development Officers and coaches who provided modified games to develop the students' physical needs.

Our staff were encouraged to participate in each of the activities with the students, which was a lot of fun.

The organiser was Terry Neal, WSSA Para - Athlete Co-ordinator.

The students all participated to the best of their ability and achieved success because of the types of activities on offer. Thank you to all staff that assisted on the day to help make this possible.

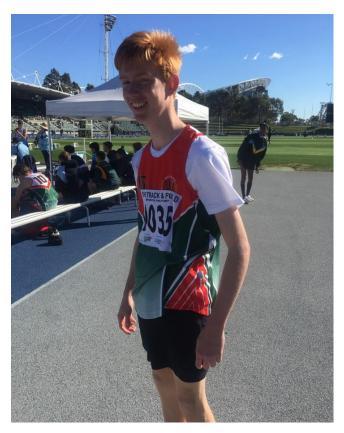
- Mrs Dwyer



## NSW COMBINED HIGH SCHOOL ATHLETICS CHAMPIONSHIPS

Elysse Girot-Serplet, Tyrone Clothier along with Mr. Doyle (training as an official) attended the State Athletics Championships recently competing for the first time at a state level. Well done to Elysse & Tyrone for qualifying, they showed great sportsmanship and achieved excellent results. Well done!





### **CREATIVE CRITTERS**

Mr. Doyle and Year 10 students enjoyed a more practical side to math, enjoying an outdoor classroom and getting creative. Teams were created and asked to design their own critter, and then apply their math knowledge to find its surface area and volume.







### YEAR 6 PARENT INFORMATION EVENING

Families and Year 6 students were able to find out a little bit more about Forbes High School and what is on offer for 2018 at our information evening. Year 7 Advisor for 2018, Mrs. Coote and school staff provided a great overview of the programs and opportunities for students and families at Forbes High School and is looking forward to supporting families and students next year. For families seeking further information in regards to transition to high school please feel free to contact the school or Mrs. Coote on 68522666.









To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

### STUDENT PROFILE

Name: Kelsey Cook

**Year:** 12

Star sign: Virgo

Do you have any nicknames?

Cookie

Do you have any brothers or sisters?

Yes 2 sisters and 1 brother

What is your favourite past time?

Drawing

Do you play any sports?

Karate

What is your favourite subject?

Drama

What is your favourite food?

Chocolate

What do you want to do when you leave

school?

Not sure

What are three things you can't do without?

My laptop, friends and my dogs.

### **STAFF PROFILE**

Name: Jason Nottingham

Place of Birth: Chipping Sodbury in England

Star Sign: Aquarius

Where you went to High School?

Brimsham Green (UK), Lisarow High (Central

Coast)

How many years working at FHS? 3

What is your role at the school? I am the

Relieving Principal

How many members in your family? 5 plus

1 dog, 3 cats, 1 green tree frog

What is the most important thing in your

life? Oxygen!

Best book or movie? Saving Private Ryan

What is your favourite food? Chicken

Vindaloo (hot Indian curry) and my mum's baked dinners

Best holiday destination? South Island of

New Zealand

What are three things you can't do





### FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

## SSE AGRICULTURE- "FARMER OF THE WEEK"

Our Farmer of the Week award goes to William. William has displayed an amazing have a go attitude during class and demonstrated the skill of being able to parade a cow. He was even photo bombed by our friend Flower. Congratulations William



### YEAR 6 TRANSITION DATES TERM 4

Students from year 6 partner primary schools have commenced their high school transition program here at Forbes High School. Please find the following dates below for upcoming transition days for term 4. The only change is to week 3, which will be science and math, not drama. If you require any further information regarding transition dates please contact our 2018 Year Advisor Mrs Coote at school on 68522666.

Week 2 18/10	Forbes North, Bedgerebong Eugowra Session 3 - 1:20 – 2:45pm Science /DRAMA Renee Hall & Sharni Harrigan
Week 3 25/10	Forbes Public Session 3 - 1:20 – 2:45pm Science/DRAMA Renee Hall & Sharni Harrigan
Week 4 1/11	Forbes North, Bedgerebong Eugowra Session 4 - 1:20 – 2:45pm Woodtech/Ag Chris Moore & Damien Byrnes
Week 5 8/11	Forbes Public Session 4 - 1:20 – 2:45pm Woodtech/Ag Chris Moore & Damien Byrnes



### **NUTRITION IN HIGH SCHOOL**

University of Sydney students Bec and Rachel have conducted a high school nutrition survey at Forbes High School this term. Both students are completing their Masters in Nutrition and Dietetics. The survey forms part of their community project they will be undertaking whilst on their six week placement at Forbes hospital.



## NATIONAL MERINO WETHER CHAMPIONSHIPS- DUBBO

The Forbes High School Show team had a great time in Dubbo and was able to come home with some fantastic results. Congratulations to everyone involved and a big thanks to Mrs. Eagles and Mr. Byrnes for organizing and providing these additional learning opportunities for our students. Results included;

- 3rd place Individual Carcase lamb
- 1st place- Best presented team for Jack Coles, Kyle Bolam and Jed Matheson.
- Champion Woolcutters Projection Class -Team 3.
- Mrs. Eagles





#### **FORBES SHOW 2017**

Fantastic showing results for Forbes High School students at Forbes Show recently. The show team students competed in the paraders competition, followed by the junior heifer show. Congratulations to the students with the results as follows: Junior Handler 8-13years; 3rd Chloe Kemp, and 4th Jasmine Casey. Paraders 13-18 years were 1st Gabby Alley, 2nd Jack Cole, 3rd Louise Herford, and 4th Kyle Bolam. Great effort team!

- Mrs. Eagles





### Thank you

Forbes High School would like to acknowledge the ongoing support of our student programs from Woolworths Supermarket and Evolution Mining Cowal. Without these partners, many programs at Forbes High would not be able to run.





### WELLNESS HUB INFORMATION

"Forbes High School and Community Partners working together for student success"

In cooperation with our community partners Forbes High School has created a safe place for students and their parents/carers to assist with a wide range of concerns. We have provided our community partners with six onsite offices for these interactions.

Forbes High School Wellness Hub provides free private and confidential services to our students and their parents/carers who may have a wide range of issues; from everyday topics such as family, friends and school or simply feeling 'down' to more serious issues of child abuse (exclude), bullying, nutritional health, mental health, smoking, alcohol and other drug use, homelessness and suicide.

Wellness Hub services we currently have available to students and their parents/carers are;

Organisations	Positions
Binaal Billa	Counsellor/Caseworker
LiveBetter	LiveBetter/Ability Links Team Member
Centacare	Links2Home Youth/Homelessness
Centacare	Mental Health Team – Early Intervention
Community Health Services	Women's Health Nurse
Community Health Services	Nurse Practitioner
Community Health Services	Caseworker
Community Health Services	Dietician
Community Health Services	Orange Sexual Health Nurse
Community Health Services	Dietician
Community Health Services	Community Health Drug & Alcohol
Hearing Support	Itinerant Support Teacher
Lifestyle Solutions	Psychiatrist
Yoorana Gunya	Parenting Program Coordinator
Youth Hope	Youth and Family
Uniting	Family Connnector

Contact Forbes High School on 02 68 522 666 if you would like to make an appointment. Or you can fill out a referral form from the front office or from our website and send it to forbes-h.wellnesshub@det.nsw.edu.au and we will contact you. If you would like further information please also visit our website www.forbes-h.schools.nsw.edu.au/caring-for-students/wellness-hub

It is important to seek help early if you notice any major change in your child's behaviour.

# FORBES HIGH SCHOOL & COMMUNITY PARTNERS WELLNESS HUB QUOTE OF THE WEEK

"The bad news is that time flies. The good news is you're the pilot!"

- Anonymous



### NAPLAN READINESS TEST

To prepare for the move to online testing, Forbes High School has participated in an online practice run, known as the NAPLAN Online School Readiness Test.

The readiness test is an assessment of a school's technical readiness to administer NAPLAN Online. It is an opportunity for schools to become familiar with the NAPLAN Online test platform and to identify any technical issues they may have.

The test was for students in Years 7 and 9 and comprised of two one-hour tests. Forbes High School conducted the Readiness Test for an entire week between Monday 18 September and Friday 22 September (Week 10.)

The readiness test was an opportunity to experience the online environment and the different question types that can be used in online testing. It is not a test of skills and knowledge. Please note that these results will NOT be recorded they are for testing the process only.

If you have any questions please feel free to contact Mr Jason. McKee our NAPLAN coordinator at the school on 68522666

#### CELEBRATING NAIDOC WEEK

Girri Girri Sports Academy visited Forbes Preschool today teaching the children all about indigenous games. They then participated in the community NAIDOC day march and continued celebrations with the rest of Forbes High School and the community at the Dreaming Centre and South Circle.









# Fact sheet for parents and carers

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for students in Years 3, 5, 7 and 9. Planning has begun to move NAPLAN from a pen and paper assessment to an online assessment.

## What are the benefits of NAPLAN Online?

#### Results will be faster and more precise

- Your child's individual results will be returned to you within just a few weeks of the NAPLAN testing.
- Online assessment will reduce the time it takes to mark and provide feedback to schools, teachers and parents.
- Improved precision and timing of results will help teachers to tailor their teaching more specifically to address students' learning needs.

#### Tailored tests will provide better assessment

- The online format allows for 'tailored testing', where the test adapts to a student's performance and asks questions that match their achievement level
- Students in each year level start with the same set of questions which can then branch into a different set of questions based on their responses to the first set of questions.
- This means that students will be directed to questions that may be easier or more challenging depending on their responses.
- This test design will allow students to better demonstrate their literacy and numeracy skills.
- Students find online assessment is more engaging\*, which means they are encouraged to persist longer and try harder.
- \* Research by the Australian Curriculum, Assessment and Reporting Authority (ACARA) into online assessment has shown that students have engaged well with electronic tests.

### NAPLAN Online School Readiness Test

### NSW schools will participate in a school readiness test between 14 August and 22 September 2017.

The school readiness test is a 'practice run' for schools to assess their technology ahead of NAPLAN Online. The readiness test is not an assessment of student ability. The readiness test allows schools to:

- become familiar with the NAPLAN Online test format and processes
- check whether they have the technical capacity, rooms and devices to administer NAPLAN Online
- provide students in NAPLAN years 3, 5, 7 and 9 with the opportunity to experience the online test question types and format by completing a practice NAPLAN online test.

### For more information

Parents, students and schools interested in familiarising themselves with the NAPLAN Online format can access the NAPLAN Online demonstration site that includes sample tests for each NAPLAN year. Use the following link:

http://www.nap.edu.au/online-assessment/naplan-online/naplan-online-publicdemonstration-site

Further information about NAPLAN Online is available on the national ACARA website:

http://www.nap.edu.au/online-assessment/naplan-online

Contact your school principal or visit the ACARA NAP website for more detailed information:

http://www.nap.edu.au/online-assessment/online-assessment.html

NAPLAN Online - Fact sheet for parents and carers

ş



### Frequently asked questions

### Which students will participate in the NAPLAN Online School Readiness Test?

Students in Years 3, 5, 7 and 9 will participate.

### How should I prepare my child for the NAPLAN Online School Readiness Test?

Your child will not need any academic preparation for the school readiness test. This is not a test of their literacy and numeracy skills, but an opportunity for them to experience the online test format and for their school to assess its online testing capability.

#### How long is the school readiness test?

The school readiness test is expected to include two assessments: a writing assessment\* and a combined numeracy/literacy assessment. The duration of each assessment will be approximately 40 minutes.

\* Year 3 students will only be expected to complete the combined numeracy/literacy assessment.

### When will my school participate in the readiness test?

One week within the test period in August and September will be identified for each school to conduct readiness testing.

### How will students be prevented from using the internet or spellcheckers when completing the test?

The NAPLAN Online assessment platform will have state-of-the-art security protections. The assessment is delivered inside a locked-down browser. This ensures students cannot access the internet or spellcheckers while completing the test.

### Will schools and parents be provided with information on the results of the readiness test?

There will be feedback to schools about the technical information gained from the readiness testing. There will be no reporting of student test results from the readiness test.

NAPLAN Online - Fact sheet for parents and carers

## STUDENT REPRESENTATIVE COUNCIL (SRC) NEWS

### FOOTY COLOURS DAY

The SRC organised a Footy Colours Day fundraising event for students and staff. Students participated in the Footy Colours Day touch football competition to help raise money for the Fight Cancer Foundation. The foundation has used funds raised through Footy Colours Day to help young learners continue with their education while they receive treatment for cancer. Great effort everyone!







## TELL THEM FROM ME-PARENTS HAVE YOUR SAY!

Our school is participating in the Tell Them From Me Partners in Learning parent/carers survey, with a focus on student wellbeing, engagement and effective teaching practices. The survey provides our school with information that we can use for practical improvements and to better cater for our school community.

The survey can be completed anonymously on a phone, tablet or PC and takes approximately 10 minutes to complete. You can complete the survey by clicking the link below. Your responses will be greatly valued.

### https://nsw.tellthemfromme.com/forbeshs

Parent Survey FAQ's http://www.forbesh.schools.nsw.edu.au/.../ttfm\_p arent\_survey



LMBR UP AND RUNNING!



The new financial system LMBR is up and running. There are changes to how we process excursions and incursions that all families and students need to be aware of.

**ALL excursion/incursion** notes and money **MUST** be in by the cut-off date on the note. We **MUST** have a written permission note to be kept for records. A phone call from parent/carers will not be enough to allow students to participate in an excursion/Incursion. Students will **NOT** be able to pay later. If you have any questions please feel free to contact our School Administration Manager Mrs Anita Morrison on 68522666. Thank you for your support throughout this transition.

### CRICKET NSW GALA DAY

On Tuesday 5th September, eight students from Forbes High volunteered their time to assist with umpiring and scoring at a Cricket Gala Day held at the Botanical Gardens in Forbes. Several primary schools in the area competed in the Milo Cricket Gala Day. The primary schools played several 8 overs per innings matches, and our students umpired and scored several matches.

The weather was bleak and cold but a good day was had by all.

Also present on the day were two players from the Sydney Thunder Women's team who at the end of the day signed autographs for their fans.

Those representing Forbes High were Jed Matheson, Toby Matheson, Jack Cole, Connor Greenhalgh, Toby Hurford, Lachlan Wark, Alister Carlisle and Kyle Bolam. They all did a great job on the day and represented the school with pride.

Thanks boys- Mr Blyth



#### LEEP- SCIENCE

On Tuesday 29 August, primary school students completed their third session of LEEP. Stage 2 students were introduced to microbiology and cells and Stage 3 students constructed catapults.

Ms Hall





#### PBL ASSEMBLY AWARDS

Congratulations to the following students, Daniel Balas, Cherylee Byrne, Kristian Markwort, Tianna Huggard and Tammi Hall, Jai Nolan, Anna Armstrong, Duncan MaCrae, Daniel Radburn and Lachlan Boswell on receiving recognition for consistently displaying our school values of being Responsible, Respectful, Honest and Doing your Best during weeks 9 and 10. Well done everyone!



### 2017 Year 12 Major Awards

**Dux of Year 12** Year 12 – Baedon Isbester Blue & Gold Citizenship
Year 12 – Isobelle Herbert

### Caltex Best All Rounder

Nicholas Mulligan

### **Carmel Hodges Humanitarian Award**

Isobelle Herbert

### **Citizenship Awards**

Elysse Girot-Serplet
Paige Ellison
Jack Piercy
Nicholas Mulligan

### Reuben F. Scarf Award

Timothy Dukes

### **Louise Stephenson Award**

Maddison Collits

### **TVET Class Awards**

Automotive – Jack Hodges-Lockwood Early Childhood – Courtney Sinclair Metals and Engineering – Hamish Coles

### VET Student of the Year

Kaitlyn Andrews



#### **COMMUNITY NEWS**



Sporting club and association members are invited to nominate individual volunteer(s) or youth (25 years and under) who would be deserving of such an award.

To be eligible for the winter award the nominee must have been a volunteer with the club or association during the period from April to September 2017.

Nominations close on Friday 13 October 2017. Terms and conditions apply.

nominate your volunteer, tell us in 150 words or less why your nominee is the most serving volunteer. This might include the: Time they dedicate to the club, association or committee Positive attlude they demonstrate while volunteering Positive role model they provide to younger, and other club members Expertise and knowledge they bring to volunteering Encouragement they give to others in the club, association or committee.

Submit nomination online at sport.nsw.gov.au/award









### FORBES JUNIOR CRICKET ASSOCIATION REGISTRATIONS

Time to get your Cricket Registrations done! Signup online at http://www.playcricket.com.au/

#### Pre Season rego's close next Saturday 23rd Sept ####

The club has to nominate teams for the competition next Saturday, so we need your regos please!!

Information sessions at Grinsted Oval Nets this week, come down if you have any questions.

Tuesday 19th September 4pm-5:30pm Grinsted oval Nets Saturday 23rd September 9am-10:30am Grinsted oval Nets

T20 Blast & Stage 1 Grading sessions also at Grinsted nets Tuesday & Saturday as above.

Please like & share our Facebook post as well if you're on Facebook! Prompt your footy friends to get their regos in.

Competition starts 14th October so plenty of time for a rest, we just need registrations.

Big thank you if you have already registered from FJCA.





