

Forbes High School Newsletter



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Term 3 - Week 10

Friday September 23, 2016

PRINCIPAL'S REPORT

On Friday 23 September we will farewell our Year 12 class of 2016 at their Graduation Assembly. It has been a challenging, emotional and rewarding journey for these students as 13 years of schooling culminates on this day. As family and friends join us we celebrate the achievements of a cohort and remember a dear friend who was lost to us too early. This group of students will forever share a special bond and will join together in years to come to share memories and reminisce of these times. I would like to thank the staff who have supported our students through their learning and make special mention of Mrs Jane Hill in her role as Year Adviser and Mr Doyle who has assisted in this role in more recent times. I would also like to thank the parents, carers and families who have joined with us in creating a supportive network which has allowed our students and children to achieve and reach their goals. I wish all of Year 12 the very best in their upcoming HSC exams, encourage them to prepare to the best of their ability and look forward to seeing them develop post school into wonderful members of our community.

Special mention and thanks must be afforded to our 2016 leadership group for their commitment and the support they provided to the school community throughout their tenure. Emily, Samantha, Mathew and Oliver all brought their unique skillset to the role and strived to work with staff and students to the best of their ability.

It was magnificent to see eleven of our Year 11 students take themselves out of their comfort zone and address the staff and student body as part of our 2017 School Captain election process. Students prepared and delivered responses to two questions which outlined the skills and abilities which they would bring to the role and discussed why they believe student representation is important to the leadership of our school. All students did an admirable job and should be congratulated for the effort and application that they put into the process. The successful candidates for the positions are: Isobelle Herbert (School Captain); Nicholas Mulligan (School Captain); Elysse Girot-Serplet (Vice Captain); Galen Ryan (Vice Captain). Congratulations to these four students and I look forward to working with you throughout 2016/17.

Once again the achievements of our students were showcased through our display at the annual show and thanks must go to Natalie Walker, our Community Liaison Officer, for her first attempt at designing the site. The wide variety of samples demonstrated the broad curriculum options available and the many opportunities for success that our students are exposed to and were crucial to us receiving the Best Indoor Commercial Exhibit for the fourth time in five years. I would also like to congratulate our students who performed well in the judging of the art, cooking, show jumping and livestock categories.

After a challenging term I wish all the staff and students a safe and relaxing break over the next two weeks. Take the time to reflect and recharge before we move into the final term of the year. School will resume on Monday 10 October for both staff and students.



October 2016

- 10 Oct-** School resumes
- 14 Oct-** CW Drama day
- 13 Oct-** HSC begins
- 20 Oct-** State drama festival + Aladdin

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FHS-News

FOOD TECHNOLOGY

Mrs Coote's Year 9/10 Food Technology class enjoyed their practical lesson recently cooking up Fresh Basil and Tomato Pasta. Yum!



Fresh Basil and Tomato Pasta Recipe

Ingredients:

375g fresh fettuccini
4 vine-ripened tomatoes, coarsely chopped
1/2 cup fresh basil, loosely packed, coarsely shredded
2 garlic cloves, crushed
2 tablespoons Aged Balsamic Vinegar
60ml (1/4 cup) Extra Virgin Olive Oil
Salt & freshly ground black pepper
Shaved parmesan, to serve

Method:

1. Cook the pasta in a large saucepan of salted boiling water following packet direction or until al dente. Drain well.
2. Meanwhile, combine the tomato, basil, garlic, vinegar and half the oil in a large heatproof bowl. Taste and season with salt and pepper.
3. Add the hot pasta to the tomato mixture and gently toss to combine.
4. Spoon pasta among serving bowls. Drizzle with remaining oil and sprinkle with parmesan.



FORBES COMMUNITY NAIDOC WEEK

Congratulations to Year 9 Student, Ethan Markwort, Forbes Shire Council 2016 NAIDOC Week Indigenous Youth of the Year Award recipient.



FHS WELLNESS COMMITTEE LAUNCHES NEW PROJECT!

The Forbes High School Wellness Committee project for 2016 had a focus on supporting and respecting all people in our community, in particular the LGBTIQ community. The launch coincided with Wear It Purple Day, which aimed to help educate people and provide supportive environments for LGBTIQ young people. Use the following link to view the Same But Different video.

<https://vimeo.com/177005193>



SCHOOL UNIFORM CLOTHING POOL

If you have any unwanted school uniform articles lease drop them into the schools administration office so that they can be added to the school clothing pool. If you require items please contact the school office to help assist you.

FHS - News

FORBES HIGH MERINO'S DOMINATE AT DUBBO!

On the 23rd of August The Forbes High Show Team took five teams of Merino wethers to the 2016 School Wether Challenge at the National Merino Show and Sale.

The competition consisted of 44 teams, of a range of public and private schools from throughout N.S.W. The teams were judged over 2 days on their wool quality, carcase quality and their scores added together to calculate the overall most valuable teams. Forbes High school had 1 team from the Dunkley family in Forbes, 1 team from the Noakes family in Bedgerebong and 3 teams from the Kirk family in Condobolin.

All teams were judged with wool on and given a combined valuation, then shorn, muscle and fat scanned and judged on their carcase quality. All Values were then calculated together to determine the overall champion team.

Forbes High School had an extremely successful show.

The Dunkley team placed 1st in the combined valuation, 2nd in wool evaluation and 2nd in carcase valuation giving them the overall ranking of first in the fine wool class.

The top Kirk team placed 1st in combined evaluation, 2nd in wool and 2nd in carcase valuation placing them 1st in the medium to strong wool class. This team was then placed 1st overall as the top team of the show.

The Noakes team placed 2nd in carcase evaluation but finished with an overall ranking of 8th.

Our teams finished 1st, 6th, 8th, 14th in the medium/strong wool class, and 1st in the fine wool class.

This was an amazing achievement for Forbes High considering the calibre of the 40 plus opposition teams.

Mr Byrne and Mrs Eagles were extremely proud of the student's behaviour and effort across the 2 days. The results we have achieved at this show were great reward for all the hard work and dedication the show team had put into preparing the wethers for the event.

None of our achievements would be possible without the support of our local sheep producers. Forbes High would like to thank the Noakes, Dunkley and Kirk families for their support and donations this year. As well as Jason Hoey of Advanced Animal Nutrition for the donation of mineral supplement. To have the 2 top teams at the show is a credit to the producers of the stock and nutritional supplement provided by Advanced animal Nutrition.

FORBES SHOW



Our show team achieved great things at the Forbes Show. Congratulations to Konnor Ryan for his 2nd place and Blake Maslin who received an encouragement award in the meat sheep judging. Brielle Thornton received 3rd in merino fleece judging.



Find us on:
facebook®

To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

FHS - News

STUDENT PROFILE

Name: Maddison Collits

School: Forbes High School

Year: Year 11

Age & Birthday: 16 26th September

Star sign: Libra

Do you have any nicknames? Mads or MC Star

Do you have any brothers or sisters? Yes 2 brothers & 3 sisters

What is your favourite past time? Music and drama

Do you play any sports? No

What is your favourite food? Steak

What do you want to do when you leave school? Study a Bachelor Arts/ B Social work at Sydney Uni

Who is your idol? Oprah

What are three things you can't do without? Water, Paige and my siblings

STAFF PROFILE

Name: Joe Doyle

Place of Birth: Orange

Star Sign: Capricorn

Where you went to High School? Kinross Wolaroi School

How many years working at FHS? 3Years

How many members in your family? 5

What is the most important thing in your life?

Friends

What is your favourite past time?

Watching sports or playing sports

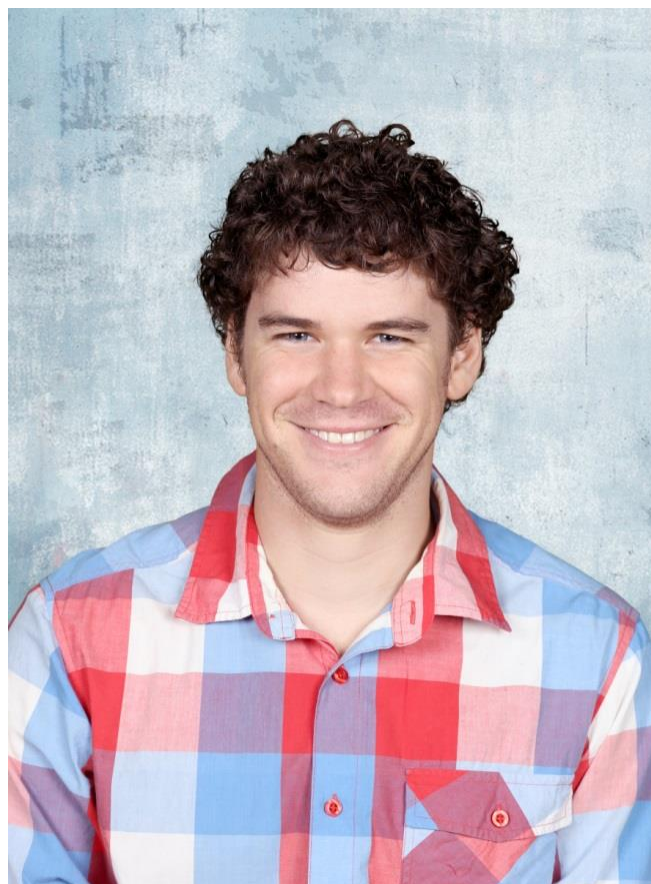
Best book or movie? Anything by Matthew riley

What is your favourite food? BBQ

Best holiday destination? USA

Who is your idol? George Smith

What are three things you can't do without? Sport, music and sleep



FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

FHS - News

TELL THEM FROM ME PARTNERS IN LEARNING PARENT/CARER SURVEY

This Term, our school is participating in the *Partners in Learning* parent/carer survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent/carer surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online using a phone, tablet or computer. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent/carer survey is available now until the 21st October. Participating in the survey is entirely voluntary; however, your responses are very much appreciated.

The survey is available at: <https://nsw.tellthemfromme.com/forbeshs>

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

WINNERS!

BEST INDOOR COMMERCIAL DISPLAY

Congratulations to our staff and students! A very well deserved award. Thanks also to Forbes Show for giving us an opportunity to showcase our wonderful school community



R U OK DAY?

Forbes High School Peer leaders were again raising awareness within their school community about RU OK day's vision, which is a world where we're all connected and are protected from suicide. The peer leaders provided a presentation to the school assembly for staff and students to help look to inspire and empower their school community to make meaningful connections and support those around them that maybe struggling with life.



YEAR 12 MAJOR WORKS

Fantastic effort with your HSC Major Works boys!



FHS - News

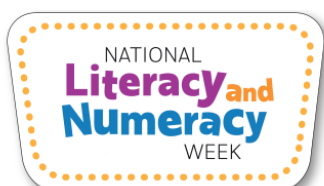
LACHLAN ENGAGEMENT AND ENRICHMENT PROGRAM

Forbes High School continues its strong connection with local public primary schools with the Lachlan Engagement and Enrichment program (LEEP). This term saw students engage in a variety of subjects that included math, science and drama. Students who engaged in a day full of Drama were able to make their own Bunraku puppets with some fabric, stuffing, and elastic bands!



LITERACY WEEK - CATCH-A-READER

Forbes High School celebrated Literacy Week with a new initiative Catch-A-Reader, which proved popular with students.



ADELAIDE ROYAL SHOW AYRSHIRE FEATURE BREED

Huge congratulations to Kyle Bolam in Yr8 on his success at Adelaide Royal Show in the preparing, showing and parading of dairy cattle. Kyle went with local dairy farmer Steve Eagles of Gooloogong and 5 head of Ayrshire cattle. Kyle lead Paschendaale Riggins Klassy ET where he was placed first in the Youth Show in the 12-18 month class, 1st in the 12-18 month Ayrshire Feature Breed Show class and went on to win Reserve Junior Champion. Kyle also was pulled into the top line of the handler's competition which is a credit to him, being that this is only his second time showing dairy cattle and a class of 30 handlers.



Thank you

Forbes High School would like to acknowledge the ongoing support of our student programs from Woolworths Supermarket and Evolution Mining Cowal. Without these partners many programs at Forbes High would not be able to run.

2016 Year 12 Graduation Assembly Major Awards

Dux
Year 12 – Sally Downie

Blue & Gold Citizenship
Year 12 – Emily Godden

Caltex Best All Rounder
Monica Pascoe

Carmel Hodges Humanitarian Award
Oliver Carlisle

Citizenship Awards
Monica Pascoe
Nicole Morrison

Reuben F. Scarf Award
Madeline Dukes

Louise Stephenson Award
Jake Ellison

TVET Class Awards
Animal Studies – Morgan Penman
Early Childhood - Grace Quigley
Information Technology – Quintin Hapgood
Certificate III in Media – Jacob Beard

VET Student of the Year
Sally Downie

FHS - News

COMMUNITY NEWS

AUSTRALIAN GOVERNMENT MOBILE SERVICE CENTRE TO FORBES

Town	Date of Visit	Servicing Times
Forbes	6 October 2016	10 am to 3.30 pm

Australian Government Mobile Service Centres travel to rural and regional locations. The Mobile Service Centres provide an opportunity for personalised service to community members who may not have easy access to a Department of Human Services office. Staff who travel with the Service Centres can assist with a range of Program services such as Centrelink, Child Support, Medicare, ATO and Australian Hearing. A unique feature is the Australian Hearing touch screen that enables customers to perform hearing assessments.

A Social Worker will also be available. The Mobile Service Centres are equipped with:

- a private interview room
- a soundproof Australian Hearing testing room
- service/assistance desks
- a waiting area
- a publication display area
- self-service computer access
- LCD display screens
- disabled access
- wireless IT connectivity for greater servicing flexibility.

Forbes Netball Association

SUMMER WEDNESDAY NIGHT NETBALL

LADIES AND MIXED COMPETITIONS

Team and individual nominations now open

Please email

secretary.forbesnetball@gmail.com

or visit our website

www.forbesna.nsw.netball.com.au

for more information and forms



Forbes Community Safety Art Competition

Forbes Neighbourhood Watch is working with other service providers in the community to increase awareness in our community about the importance of safety and security. To do this, we are running an art competition for children in the Forbes community and hope to see lots of great original art works produced!

It is a competition, so there are prizes **BUT** the biggest winners of all will be being part of the competition and maybe seeing your art work displayed down town and at community events.



Primary students – theme "Community Safety"

First prize \$30, runner up \$20



Secondary Students – theme "Preventing Domestic Violence"

First prize \$50, runner up \$25

Neighbourhood Watch
helping to provide a safer community



COOKING



PLANTS

16th October
Byrnes Park
Eugowra
\$5 per stall
To book a place
phone Noela
6859 2366
or
0428 719 900



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ANIMALS
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PRODUCE

WE NEED YOU!!!

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FORBES SCHOOL HOLIDAY ACTIVITIES

Safer Driver course- 26-27 September



PCYC POLICE CITIZENS YOUTH CLUBS
SAFER DRIVERS COURSE FOR LEARNER DRIVERS

THE SAFER DRIVERS COURSE INVOLVES TWO MODULES:

MODULE ONE:
 A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of 12 participants and will be delivered by a facilitator.

MODULE TWO:
 A two-hour, in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach.

Course cost: \$140

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3-for-1 scheme cannot be included.

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.

ALL PARTICIPANTS MUST:

- Hold a valid NSW Learner Licence
- Be under 25 years of age
- Have completed 50 logbook hours (of actual on road experience and not credits gained under the 3 for 1 professional instruction scheme)

JREC, 40-70 Church Street, Forbes
 10am Monday, September 26, 2016
 To book call 6360 2249 or email orangesdc@pcycnsw.org.au

Find us on **facebook.**

ADTA
 SAFE DRIVERS FOR LIFE

PCYC
 ORANGE

Theatre Sports and Improv Workshop
 30 September



THEATRE SPORT & IMPROV WORKSHOP
30TH SEPT 2016
10AM-4PM \$15PP
YOUTH & COMMUNITY CENTRE

Pop up art workshop- 27-28 September



POP-UP ART WORKSHOP
FORBES YOUTH & COMMUNITY CENTRE
27TH & 28TH SEPT 2016
\$15/DAY
MORNING TEA PROVIDED
BYO LUNCH.

Movie Screening (YACC) - 30 September
 For further information check out Forbes Youth Advisory Committee Facebook for updates or contact FSC Youth Development Assistant on 68502357

LITTLE ATHLETICS REGISTRATION DAYS

Registration days will be Tuesday September 20 (last week of term 3) and Tuesday October 11 (first week of term 4) from 6pm at the Botanical Gardens.

Tiny Tots (4 & 5 yr. olds)- \$60

U6 to U17- \$75

Like us on Facebook for more details about online registrations.



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CINEMA UNDER THE STARS

During the school holidays the Zoo is coming to Tottenham!

Before you go to Dubbo to the Taronga Western Plains Zoo, come to the Tottenham Sports Ground to see Disney's Zootopia with all of those wonderful and exciting animals on the BIG SCREEN!

Meet Judy Hopps, Nick Wilde, Finnick, Mayor Bellwether, Mr Big and Mr Otterton and you could win one of them just by writing your name on the back of your ticket when you come through the gate. There is also a picnic basket filled with goodies that one lucky person will enjoy. Families might take home some animals at the end of the night with our face painter extraordinaire at the grounds for the evening.

On Wednesday 28th September at the Tottenham Sports Ground, the gates will open at 5.00pm with Zootopia (PG) commencing at 6.15pm and Eddie the Eagle (PG) at 8.30pm. Tickets & bookings are available at the Tottenham Early Childhood Centre. For more information call the Centre on 02 6892 4230 or visit our facebook page: Tottenham Preschool & Long Day Care Centre.

**Tottenham War Memorial Early Childhood Centre – Major Fundraiser for 2016*



Event Trekkers presents

ORANGE CIVIC SQUARE

LIVE LIFE LIVE FESTIVAL

SATURDAY SEPTEMBER 24 2016

FREE KIDS ACTIVITIES & NRL CELEBS

JUMPING CASTLE & BUNGEE RUN

HARLEY DAVENSON JUMPSTAY DISPLAY & FREE PRINTER

MENTAL AS ANYTHING

ERIC GROTHE JMB SARAH McLEOD DIANA ANAID LANCEY ANDERSON

www.livelifelive.today

SPURZ B94.9FM McDonald's HENNARDS think HUBBARDS JAX CYBERS



Forbes Basketball Association's Summer Competition will kick off on Tuesday 25/10/16 from 5:30pm and will run during school term 4 2016 and term 1 2017.

Registration Days will be held on Tuesday 11/10/16 and Tuesday 18/10/16 at the town courts from 5:30-6:30pm.

New registrations are \$75 which includes our \$15 summer Comp fee.

Existing members must attend our registration days to nominate they will be playing and pay the \$15 comp fee.

Age divisions offered and teams will depend on registration numbers of each age group.

For more information please contact forbesbasketballassociation@gmail.com or Call Kristy Smith 0459211381

Happy Holidays Everyone!