

Forbes High School Newsletter



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Term 4 - Week 3

Friday October 28, 2016

PRINCIPAL'S REPORT

As we move into the final term of 2016 our Year 12 students are currently completing their HSC examinations. As a school community we wish them all the best for this period and the post school pathways that they will encounter. I would like to thank all involved in the organisation of our graduation assembly at the end of last term as it was a wonderful opportunity to celebrate the achievements of our students with family, friends, staff and peers.

It gives me great pleasure to introduce our school leadership group for 2017 to the community. I congratulate Isobelle Herbert and Nicholas Mulligan on being elected School Captains and Elysse Girot-Serplet and Galen Ryan on their election as Vice Captains. We as a school have been fortunate to have had strong student leaders over the years and I have every confidence that our incoming leaders will uphold this tradition and bring their own personal style and skillset to the role.

On Wednesday 16 November we will be taking 54 students to see the stage production of Aladdin at the Capitol Theatre in Sydney as part of our Positive Behaviour for Learning (PBL) rewards program. This will be a great experience for these students and I would like to highlight that over 200 students were eligible to be considered for this trip and it is a credit to them for their commitment to our four core PBL values of being **respectful, responsible, honest and doing your best**.

Congratulations to Maddison Collits on her performance as a member of the State Drama Ensemble. Maddison performed last week at the State Drama Festival at the Seymour Centre in Sydney, she was supported by her peers from her Drama class, Mr Swan and Ms Bass. The group were also lucky enough to catch a performance of Aladdin on their travels.

As we forward plan into 2017 we are making some subtle changes to our bell times to better support students and the school community. The changes are highlighted below; school will begin at 8.55am each day except Wednesday which begins at 9.10am. There will be two 30 minute breaks through the day. School will finish at 3.10pm each day except Wednesday which ends at 2.50pm. Please be aware students will still be dismissed from sports venues outside of the school grounds.

Monday	Tuesday	Wednesday	Thursday	Friday
DEAR/RC 8.55-9.10	DEAR/RC 8.55-9.10	DEAR/RC 9.10-9.20	DEAR/RC 8.55-9.10	DEAR/RC 8.55-9.10
P1 9.10-10.00	P1 9.10-10.00	P1 9.20-9.50	P1 9.10-10.00	P1 9.10-10.00
P2 10.00-10.50	P2 10.00-10.50	P2 9.50-10.40	P2 10.00-10.50	P2 10.00-10.50
Recess 10.50-11.20	Recess 10.50-11.20	Recess 10.40-11.10	Recess 10.50-11.20	Recess 10.50-11.20
P3 11.20-12.10	P3 11.20-12.10	P3 11.10-12.00	P3 11.20-12.10	P3 11.20-12.10
P4 12.10-13.00	P4 12.10-13.00	P4 12.00-12.50	P4 12.10-13.00	P4 12.10-13.00
Lunch 13.00-13.30	Lunch 13.00-13.30	Lunch 12.50-13.20	Lunch 13.00-13.30	Lunch 13.00-13.30
P5 13.30-14.20	P5 13.30-14.20	Assembly 13.20-13.30	P5 13.30-14.20	P5 13.30-14.20
Assembly 14.20-15.10	P6 14.20-15.10	Sport 13.30-14.50	P6 14.20-15.10	P6 14.20-15.10



NOVEMBER 2016.

- 1 -Love bites
- 10/11- VALID Year 8
- 14/15- Yr 10 exams
- 16- TPL Aladdin
- 19- Yr 12 Graduation
- 22- Ben Hall Cup
- 22- LEEP Science/ maths
- 24- LEEP Drama
- 25- White Ribbon Day March

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2016 SCHOOL PHOTOS

Cliff Dykes will be cleaning up their library of 2016 photos at the end of the year.

If you would like to order school photos please contact Cliff Dykes Photography at cliff@cliffdykes.com.au or Ph. 02 6342 3070 as soon as possible to order.

ANNUAL EVENTS CALENDAR

Forbes High School will be providing an annual events calendar to all students in 2017. If you have a business or know of one that would like to support our planner, please contact Classroom Calendars on 1300 987 650 for further information.

Your Child will be receiving an Annual Events Planner in February 2017!

These planners are a fantastic communication tool letting you know important School dates throughout the year.

If you have a business that you would like to showcase and support these planners please contact

 **classroom calendars**
www.classroomcalendars.com.au 1300 987 650



FHS P&C MAJOR RAFFLE

Forbes High School P&C have organised a fantastic raffle for the end of year to help raise funds for the school.

A 55" full HD LED LCD flat screen TV is the major prize. Tickets have gone home with students and are only \$2 each. They are also available at the front office. The raffle will be drawn on Friday 9 December at the presentation assembly.

YEAR 11 GEOGRAPHY AUSTRALIAN GEOGRAPHY COMPETITION AWARD RECIPIENTS

Year 11 Geography students from Forbes High School tested their geographical skills and knowledge against students from all around Australia in the 2016 Australian Geography Competition in Term 3.

Deputy Principal and Geography teacher Mr. Nottingham recently received the results and was pleased at how well the students performed. There were a number of students who performed at a very high level from the school.

Congratulations to the following students for participating and achieving the following results:

Finnlay Bennett- Participation
Jarrod Buckman- Participation
Maxi Lambe- Participation
Jeremy Nicholson- Participation
Grace Quirk- Participation
Malcolm Radburn- Participation
Courtney Sinclair- Participation
Maddison Cowan- Credit
Isobelle Herbert- Credit
William Herridge- Credit
Hamish Coles- Distinction
Maddison Collits- Distinction
Tyler Watson- Distinction

The competition is a joint initiative of the Australian Geography Teachers Association and the Royal Geographical Society of Queensland and in NSW is sponsored by Macquarie University.



SCHOOL UNIFORM CLOTHING POOL

If you have any unwanted school uniform articles please drop them into the schools administration office so that they can be added to the school clothing pool. If you require items please contact the school office to help assist you.

WELLBEING COMMITTEE ROAD TRIP

The next stage to the Youth Wellness Committee (YWC) project this year is to take the short film - We are all the same but we're different - on a 'road show'. As in previous years the YWC will be heading to Canowindra, Cowra and Grenfell High Schools where the committee will give a school presentation and then deliver a viewing of their short film to the students. Darby Carr from the Safe School Coalition will be attending the road show, as well providing professional support for students and answering any questions that may arise at each of the schools. Clarissa Steward from Forbes Shire Council will also be attending and supporting the YWC.



BEYOND THE GOAL POST

Forbes High School students did a fantastic job officiating junior league tag games at the Grenfell Gala Day this term. Their efforts were rewarded with a range of NRL merchandise.



SPORTS TAPING COURSE

Students in the Girri Girri program and in Year 10 & 11 completed an introduction to sports taping course. Students gained a qualification through Sports Medicine Australia and are now certified to tape ankles, fingers and thumbs. Additionally students learnt how to tape injuries associated with a shoulder, knee and wrist. Thank you to Tod Healey from Tod Healey First Aid Training for running the course for our students.



LEARNING SKILLS TO SAVE A LIFE!

Students in Year 11 Sport, Lifestyle & Recreation (SLR) have completed a First Aid module as part of their unit of work. Students are provided with information and skills in First Aid, including how to perform CPR. Later on in the term, both SLR students and Year 11 students at Forbes High School will have the opportunity to gain their First Aid certificates, which is a crucial qualification for many occupations and assist them in their post school pathways, when they finish school.



Find us on:
facebook®

To keep up to date with all the news and activities happening at Forbes High School, like us on Facebook.

FHS - News

STUDENT PROFILE

Name: Jacob Beard

School: *Forbes High School*

Year: 12

Age & Birthday: 17 - 27 November

Star sign: Sagittarius

Do you have any nicknames? Beardy

Do you have any brothers or sisters? Yes - 2 brothers

What is your favourite past time? Playing music

Do you play any sports? No

What is your favourite food? Pizza

What do you want to do when you leave school? Work in 3D design

Who is your idol? Myself

What are three things you can't do without? Coca cola, music and video games



STAFF PROFILE

Name: Ann- Maree Neville

Place of Birth: Corowa

Star Sign: Sagittarius

Where you went to High School? Forbes High School

How many years working at FHS? 10+

What do you teach? School Administration Officer

How many members in your family? *Extended family 6*

What is the most important thing in your life? Family

What is your favourite past time? Hobby farm & RFS

Best book or movie? Along came a spider

What is your favourite food? Tapas

Best holiday destination? Anywhere

What are three things you can't do without? Brendon, Luke and Tim



FORBES HIGH SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

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YEAR 12 GRADUATION ASSEMBLY

On the last day of Term 3 Forbes High School staff and students, along with family and friends celebrated the achievements of our Year 12 students, as well as wishing them the best of luck in their HSC.



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DRAMA EXCURSION TO ALADDIN

As part of our drama subject, some of our Drama students went to Sydney to watch Aladdin the musical. The students also went along to the State Drama Festival to support Year 11 student Maddison Collits.



FUNDRAISING AT ROTARY MARKETS FOR SCHOOLS SPECTACULAR STUDENTS

Seven of our students have been offered a position for Schools Spectacular 2016 in the D'Arts Ensemble. The Schools Spectacular is a showcase of the performing arts talent in NSW public schools, which our students are thrilled to have been chosen to participate in. Students and staff have been busy fundraising to help support them in attending this event. A stall will be set up at the Forbes Rotary Markets this Saturday 29 November at 9am with a variety of goodies to purchase.



Thank you

Forbes High School would like to acknowledge the ongoing support of our student programs from Woolworths Supermarket and Evolution Mining Cowal. Without these partners many programs at Forbes High would not be able to run.

SHOW TEAM ATTEND SCONE BEEF BONANZA

Forbes High School show team participated in the Scone Beef Bonanza last weekend. Students did a tremendous job in very wet conditions. The show team represented Forbes High School in the steer judging and paraders events. The show team left Scone Beef Bonanza with a highly commended being awarded to Jessie Alcorn placing 5th in the under 16's junior judging and a 2nd place in the Heavy Weight Steer category with Billy the Steer. Well done to Jess and the rest of the team.



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SCHOOL POLICY UPDATE

Mobile Phones and Electronic Devices

Electronic devices and mobile phone usage has become increasingly relevant in today's society. These devices are welcome at Forbes High School if they are used in a responsible and respectful manner. Students using these devices in an inappropriate manner will be subject to consequences that are consistent with the school's welfare and discipline policy.

Inappropriate use of electronic devices and mobile phones includes:

- Using it in a way that disrupts or is likely to disrupt the learning environment or interfere with the operation of the school.
- Bullying, intimidating or otherwise harassing others through SMS or text messaging or through photographic, video or other data transfer system available on the phone.
- Recording of conversations, including lessons, without the knowledge and permission of the teacher or those involved in the conversation.
- Downloading or otherwise accessing inappropriate material on the internet such as child abuse or pornographic or other offensive material.
- Filming of fights or other criminal behaviour involving students that occur at school, during school activities or while on the way to and from school.
- Using it in a way that threatens the safety or wellbeing of any person.
- Use that is in breach of any law.

***Please note:** Forbes High School takes no responsibility for the loss or damage to electronic devices or mobile phones (or any other private property) brought to the school.*

IMPORTANT: It is also important for parents and families to remember to contact the school office if they need to talk to or provide information to their child. This helps to ensure that student and teacher class time is not disrupted and the allocated class time is able to focus on the student's area of learning without being interrupted unnecessarily.

HUNTINGTON'S DISEASE BENEFITS FROM DEBUTANTE BALL

Around 120 family and friends showed their support for the Forbes High School debutantes and their partners on Saturday 15 October, by attending their ball and supporting their chosen charity, Huntington's disease. The group was inspired to support the research into Huntington's disease following the knowledge that one of their teacher's had been personally affected by the disease with his beautiful wife being diagnosed recently.

The debutantes were escorted in by Flower girls, Georgia Drane and Page boy Sam Drane and were presented to Kimberley Jackson while Emily Bass performed the duties of MC.

The hard working group conducted fundraising activities including a raffle which was drawn on the night seeing Dixie Maslin collecting 1st Prize and Barry Merritt taking home 2nd prize. Their efforts culminated in more than \$1000 being raised for this worthy cause. The presentation dance choreographed by dance instructor, Rachel Wythes, amazed guests and was stunning to watch.

Huntington's disease is an inherited disorder that results in death of brain cells. Symptoms usually begin between 30 and 50 years of age, but can start at any age. To find out more information about Huntington's go to www.huntingtonsnsw.org.au



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COMMUNITY NEWS



Forbes Basketball Association's Summer Competition will kick off on Tuesday 25/10/16 from 5:30pm and will run during school term 4 2016 and term 1 2017.

Registration days have already been held, however if you are interested and would like further information please contact forbesbasketballassociation@gmail.com or call Kristy Smith 0459211381

JUNIOR POSITION AVAILABLE

Little Extras Lifestyle is seeking a 15-16 year old junior for Saturday morning work and the occasional school holiday shifts.

Essential:

- Great communication skills
- Show initiative and enthusiasm
- Neat, tidy and friendly appearance
- Willing to learn and take direction from senior staff
- Appropriate dress sense

Please drop your resume into Little Extras Lifestyle and ask for Leigh at Little Extras Lifestyle 1 Templar Street Forbes NSW 2871 02 68515686 or email info@littleextras.com.au

BUSINESS HOUSE BOWLS

Friday Night Bowls will commence Friday 7 October and conclude at the end of March. There are teams of three mixed, ladies and gents.

No experience necessary.

Free coaching will be available on hand if required.

Green fees are \$10 per person per week which includes a BBQ snack at the end of play.

Play commences at 6:30pm for a 7pm start and concludes about 9:30pm.

For further information contact Peter Mackay 68 522146 or Ray Dunstan on 68 522721.

Forbes Netball Association SUMMER WEDNESDAY NIGHT NETBALL

LADIES AND MIXED COMPETITIONS

Team and individual nominations now open

Please email

secretary.forbesnetball@gmail.com

or visit our website

www.forbesna.nsw.netball.com.au

for more information and forms



COOKING



PLANTS



20th November
Byrne's Park
Eugowra

\$5 per stall

To book a place
phone Noela
6859 2366

or

0428 719 900

Eugowra Country Fair is on Facebook
& on the Eugowra Website
www.eugowra.aus.net



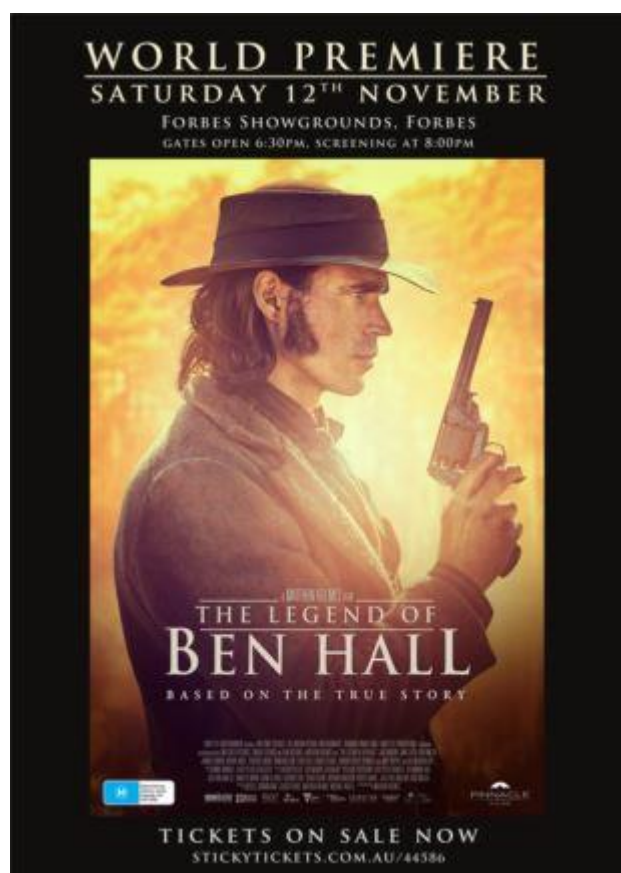
GAMES
BUSKING
MUSIC



ANIMALS
&
PRODUCE

WE NEED YOU!!!

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LITTLE ATHLETICS

Little Athletics has begun! If your child is interested in joining come along to the Botanical Gardens on Tuesday afternoons 6pm to find out more information or like us on Facebook for more details about online registrations.



Northside Chapel 40 Johnson St Forbes
Is hosting a

MARKET DAY

White Elephant Stall



Gold Coin BBQ
Face Painting

12th November
8.30am - 1pm

We are looking for stall holders

Stall prices **Outside \$10** **Inside \$15** Stall holders must have own insurance

Please ring

June 0458 616 836

or Robyn 0418 631 641

to book a place, RSVP by 21st October

All proceeds will be put towards sponsoring children who attend our annual Northside Kids Camp

**Master Builders
Pre Apprenticeship
Program**

**Start your
apprenticeship
in 2017**



Come along to our Information Evening to find out more!

When: Wednesday 2nd of November
Time: 6pm - 8pm
Where: Orange City Bowling Club
61/89 Warrendine St, Orange, NSW, 2800

**Book Now!
Limited Places**

02 8586 3533
careers@mbansw.asn.au



**Master
Builders
Association**

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Rotary
Ipomoea

CHRISTMAS Tree Festival

Friday 2nd to Sunday 4th of December
2016

Forbes Town Hall

Make an entry for your family, club, business, or school.
Cost per entry is \$5.
Make an entry, call Helen 6851 4930
OR Sue-anne 6851 5197

Visit us on
Facebook

Binaal Billa
FAMILY VIOLENCE PREVENTION LEGAL SERVICE

FREE WILLS

Planning Ahead for Aboriginal People
Who will take care of me & my mob if something happens?

**FREE WILLS WORKSHOP
FOR ABORIGINAL PEOPLE IN THE FORBES AREA**

To make the plans easier for our families and friends we leave behind, why not write up a will and let your family and friends know what you want done and who you want your belongings to go to.

WILLS WORKSHOP WILL PROVIDE ADVICE & INFORMATION ON

- Making a Will
- Power of Attorney
- Appointment of Enduring Guardian
& what this all means!

Our solicitors can prepare your legal documents for **FREE**
(only available if you attend the workshop)

WORKSHOP SESSION & INTIAL DRAFTING INSTRUCTIONS

Wednesday 16th November 2016
10am—12pm (2 hours)
18 Spring Street FORBES
(BINAAL BILLA OFFICE)

MORNING TEA WILL BE PROVIDED
Phone 6850 1234 for more info

FORBES
TOWN & DISTRICT
BAND

CONCERT



MARCHES & MOVIE MUSIC



6TH NOVEMBER 2016 AT 5PM

AT THE FORBES SERVICES MEMORIAL CLUB
41-43 TEMPLAR ST., FORBES

ADMISSION ADULTS \$10
CONCESSION \$5
FAMILY \$25



FoodREDI™

Australian Red Cross and Forbes SaCC are pleased to announce the FoodREDI™ program is returning to Forbes! Gabriella Barnett from Australian Red Cross will be presenting the FoodREDI™ program to families in Forbes as a FREE service!!!

When:	Friday mornings 10:30am – 1pm starting November
Where:	Forbes North Public School in the Brekky room
How much does it cost?	This course is FREE!
Who can come?	People with young children – some child minding is provided
How do I enrol?	Contact Aileen at Forbes SaCC on tel: 6852 3008 mob:0427 963 048 for an expression of interest or marlee.vapp@det.nsw.edu.au

The program will run for seven weeks on a Friday morning in the Brekky room at Forbes North Public School. FoodREDI™ program will run 10:30am to 1pm with some child-minding provided.

Australian Red Cross FoodREDI™ food education programs teach people how to get value for money and achieve a balanced diet in a relaxed atmosphere. Red Cross helps families make sustainable changes to diet, physical activity, food budgeting and healthy weight, helping them to improve their health, prevent and manage chronic disease better and learn skills for economic self-reliance.

Still want to know more? Check out the website for more information at:
<http://www.redcross.org.au/foodcents.aspx>

or give Gabriella a call at Australian Red Cross in the Dubbo office on freecall
1800 088 586

Forbes SaCC
a Schools as Community Centres