

Forbes High School Newsletter

Part of the Lachlan Valley Community of Schools



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Term 3 - Week 6

Friday August 21, 2015

PRINCIPAL'S REPORT

Fresh off the press this week is news of our NAIDOC debating team defending their regional title in Dubbo on Monday 17th August. The team consisting of Maddison Collits, Nic Mulligan, Jessy-lea Byrnes and Whitney Duffy confirmed their standing of the champion school in the region with successes over Lithgow and Cowra High Schools. Both of these schools boast student populations over 700 students and it is a great achievement for our students to succeed against the bigger schools. Further to this, Whitney Duffy was judged speaker of the day which is a fantastic achievement for a student in year 7! The team will now go onto defend their state title in Sydney on 22nd and 23rd November and we wish them all the best. Year 12 have recently completed their trial examinations and are working with their teachers in preparation for their external HSC examinations which begin on 12th October. They are also nearing the end of their tenure as students at Forbes HS and we will be recognising their achievements and contributions to our school at the graduation assembly on Friday 18th September. I would like to invite family and friends to attend and share in the celebrations and morning tea from 10.00am in the school hall.

On Monday 31st August we will be holding a parent information evening in the hall from 5.00 to 7.00pm. The evening will involve:

- An opportunity for parent/teacher discussion on the progress of your children and any other pertinent information
- An opportunity to discuss stage 6 subject selections. Year 10 students and their parents are invited to discuss individual subjects with faculties and specific information with Mr West and myself
- A discussion on the Bring Your Own Device (BYOD) program which will be implemented from 2016 onwards. Information on policy and hardware specifics will be available on the night.

The information available will be beneficial to the success of your children and I encourage you to attend. Light refreshments will be available on the night.

We are currently inviting nominations for our school captain positions in 2016. These roles are an important part of our school structure and provide the opportunity for students to gain valuable leadership experience and act as a representative for the student body. I encourage all interested year 11 students to nominate, take themselves out of their comfort zone and be part of the rewarding learning experience. Nominees will address the school at our assembly on 31st August and voting will take place thereafter. Our successful candidates will be announced during the year 12 graduation assembly.

The annual Forbes Show on Friday 11th September is fast approaching and again we will be exhibiting the tremendous work of our students. In recent years our display has twice been awarded 'best commercial exhibit' and we are keen to claim the title again. We hope to see you there and come up and say hello. The day has been gazetted as a 'local event day' and not a public holiday therefore the school will be open from 9am to 3.10pm.

I mentioned in our last newsletter about the imminent launch of our school Facebook page. For this to happen we are still awaiting outstanding permission to publish forms. Information relating to this is on our website <http://www.forbes-h.schools.nsw.edu.au/> or alternatively forms are available through the front office.



CALENDAR

August

22 – Bedgerabong Show

24 – AECG Meeting

25/26 – Dubbo Wether Challenge

31 – Parent/Teacher Interviews

September

3-5 – CHS Athletics

3 – Junior Chess Dubbo

7 – Year 11 Exams commence

11/12 – Forbes Show

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CUPCAKE DECORATING

Late in term 2 local cake decorator Leanne Alley visited the school to pass on her knowledge and skills to junior Food Tech students. Both Mrs Coote's year 7 class and Mrs Jones' year 8 class got to participate in a demonstration, with Leanne showing many different techniques that can be used to ice and decorate cakes. The year 8 class then got to decorate three cupcakes of their own, showing a high level of creativity and enthusiasm. Thanks again must go to Leanne for giving up her time to work with our students.

Pictured below are some of the students with their creations.



YEAR 12 VISUAL ARTS

BOW State Lockup Date/Finalisation Task 4:

Due: Monday 24th August

P&C NEWS

The next monthly P&C meeting will be held on Tuesday 8th September at the Forbes Services Memorial Club commencing at 7.00pm. Everyone is welcome to attend and please bring a friend.

NAIDOC DEBATERS WIN WESTERN TITLE FOR SECOND YEAR RUNNING

A huge congratulation to our team of NAIDOC Debaters! They have won the Western NAIDOC Debating Competition title for the second year in a row! They successfully beat Cowra High School in the final held in Dubbo on Monday the 17th of August. The team consisting of 4 students, two Aboriginal and two Non-Aboriginal, was made up by Maddison Collits (1st speaker/Year 10), Whitney Duffy (2nd speaker/Year 7), Jessy-lea Byrnes (3rd speaker/Year 10), and Nic Mulligan (Team Advisor/Year10). They had to debate the topic: "That all sacred lands should be handed back to their traditional owners". As per this particular competition, students need to prepare a case for both the affirmative (agreeing with the statement) and the negative (opposing the statement). Students had the opportunity to present both cases in Dubbo. They first debated Lithgow High School using their affirmative case. They were then announced that they had moved onto the final against Cowra High school, who the team had previously beaten at the Lachlan level of the competition (which they also won). In the final, the students debated the negative case and ultimately convinced the adjudicators and the audience that their case was strongest.

Students now progress to the state finals to be held at Sydney Parliament House in November, where they will defend their title (State Champions in 2014). While in Sydney, students will enjoy a cruise around Sydney Harbour and have dinner on Cockatoo Island. Quite an excellent reward for their hard work in reaching the State level of the competition.

Special mention must go to Whitney Duffy of year 7 who scored the highest and was announced as speaker of the day by the adjudicator. Not a bad effort considering she was up against Year 12 students. The students and Mr Swan would also like to thank Paige Thomas of year 8 who helped the team to a win at the Lachlan level of the competition and even wrote one of the speeches for the team.



FHS - News

SCHOOL ON TOUR

To cap off our Education week, Creative and Performing Arts students travelled to both Forbes Public School and Forbes North Public School to display dance, drama, and musical items. It was a great opportunity for our students to showcase their skills, and for our primary schools to see what they can do when they themselves attend Forbes High School.

The performances were all engaging, encouraging the primary students to sing along, clap their hands, and even get up on stage! The song of the day was from everyone's favourite Disney film, Frozen. All students, even the high school students sang along to Elsa's (performed by Maddison Collits) 'Let It Go'.

The students were professional and great ambassadors for the school. They will again showcase their skills in the school's annual MADD night on December 4th, so save the date!



50 YEARS IN THE BAKING - RECIPES WANTED

As part of the 50th Year Celebration, the P&C are professionally publishing a stylish cookbook. Please help us compile this wonderful cookbook by submitting your favourite family recipes.

It is simple to submit your recipes!

Go to www.publishedauthors.com.au and submit your recipes using their quick and easy online template. If you do not have access to the internet drop your recipes into the school and it will be entered for you.

STUDENT PROFILE

Name: Connor Greenhalgh

School: Forbes High School

Year: 7

Age & Birthday: 12 – 20th October

Do you have any nicknames? Con Man

Do you have any brothers or sisters? Yes – one brother and two sisters

What is your favourite past time? Playing Football

Do you play any sports? What? Football, Cricket & Golf

What is your favourite food? Chicken Schnitzel

What do you want to do when you grow up? Become an NRL player

Who is your idol? Andrew Johns

What are three things you can't do without? Football, Food & my Phone.



SCHOOL SUPPLIES FOR SALE

The following items can be purchased from the school office at very affordable prices.

- Sport Shirts \$30.00
- Beanies \$10.00
- Art Books \$8.00
- Calculators \$25.00
- Tin Whistle \$10.00

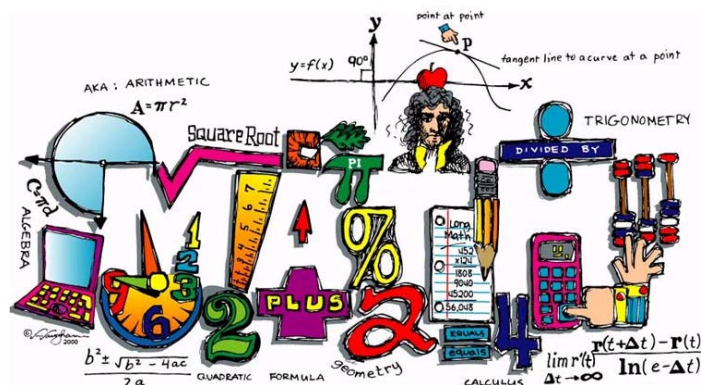


Thank you

Forbes High School would like to acknowledge the on going support of our student programs from Woolworths Supermarket and Barrick Gold, Lake Cowal Mine. Without these partners many programs at Forbes High would not run.

FHS - News

MONTHLY MATHEMATICS ACHIEVER – JULY



Congratulations to the following students!

Year 7

Kirah Lee Beaumont
Savannah Gilcrest
Zoe Willis

Year 9

Toby Hawley
Jessie Acorn

Year 8

Emma Casey
Josh Penhall
Sophie Cowan

Year 10

Maddie Cowan
Blake Harrison
Daniel Bray

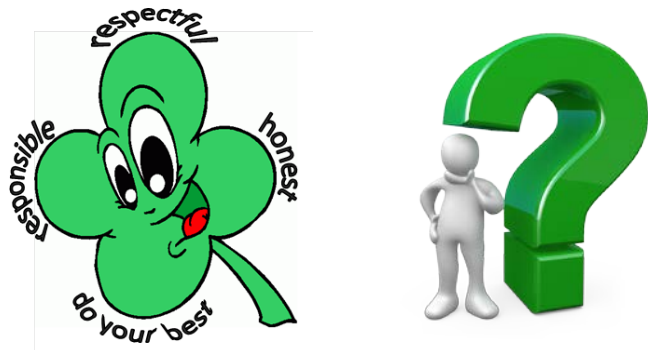
School Sports Shirts

Now \$30

Available from the School office.

PBL LOGO REVAMP

Forbes High School is giving students the opportunity to revamp the PBL Logo for 2016. For your chance to win a \$50 Find It In Forbes Gift Card, either draw or digitally design a new PBL Logo. We are also introducing a new mascot for PBL events and you are invited include a mascot as well. Make sure you incorporate the PBL values of RESPECTFUL, HONEST, RESPONSIBLE and DOING YOUR BEST into your design.



SCHOOL UNIFORM CLOTHING POOL

If you have any FHS uniforms sitting at home unneeded can you please donate them to the FHS clothing pool.

MOCK TRIAL

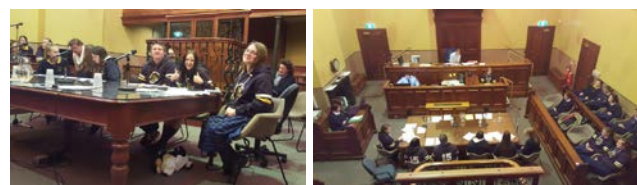
For the second year running Forbes High Legal study students have participated in a mock trial at Forbes Court house. Binaal Billa legal team and Forbes Court Staff have worked together with legal studies teacher Mr Blake Harris to provide a legal education experience outside of the school setting to years 11 & 12 students.

Binaal Billa solicitors provide a true-to-life scenario to the legal studies students and work with them to prepare a case for the mock trial. The mock trial is designed to re-enact much of what might take place in real court proceedings; students take on the roles of lawyers and witnesses and role-play the given scenario against each other in the courtroom in front of real court staff, police and lawyers.

This is a unique opportunity for young people to learn about the legal system, while at the same time practicing supported learning, critical thinking, and having positive interactions with the justice system. Participating in a mock trial will certainly give a young person interested in a future legal career the chance to experience the challenges of the courtroom first hand, and for those following other paths, it is still a valuable and challenging exercise in reasoning, public speaking, and performing under pressure.



The legal team at Binaal Billa and the Forbes court staff strive to help the students develop important knowledge about the law and legal system and to assist them in developing critical-thinking and speaking skills. This mock trial gave Forbes High students an appreciation of the difficulties that judges, lawyers, and jury's face in attempting to present all relevant facts and legal arguments and how these pieces fit together to ensure the just resolution of the issues involved.



SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

FHS - News

STAFF PROFILE

Name: Andrew Swan

Place of Birth: Belmont

Star Sign: Virgo

Where you went to High School?

Toronto High School

How many years working at FHS?

Almost 2 years

Number in current family? 4 (including 2 dogs)

What is the most important thing in your life? TV Series "Survivor"

What is your favourite past time?

Watching "Trashy" television

Best book or movie? *To Kill A Mocking Bird*

What is your favourite food? *Chicken Schnitzel*

Best holiday destination? *Canada*

Who is your idol? *Connor Greenhalgh*

What are three things you can't do without? *Survivor, Bad Music & Chicken Schnitzel!*



AECG MEETING DATES

The Forbes Aboriginal Education Consultative Group meet once a term. Meetings commence at 11.30am. Below is a list of the 2015 meeting dates:

Monday 24th August
Red Bend Catholic College
Monday 19th October
Catholic Education Office
Monday 7th December
Mezzanine

JAMMING FOR GENES

The Forbes High School Student Representative Council (SRC) added a twist while supporting "Jeans for Genes Day" at school on Friday 7th August.

Staff and students all donned their favourite "demin" for the day and gladly donated a gold coin in support of the Jeans for Genes, which raises money to aid the research and cure of childhood diseases.

As an extra incentive to raise money for this great cause students were entertained at lunchtime with a concert performed by some of our exceptionally talented music students – Jake Ellison, Quinten Hapgood, Jacob Beard, Maddison Collits, Paige Ellison and Chelsea Turner.

Attention then turned to the crowd with a "Lip Sync Competition". Ten brave individuals took to the stage and gave some very energetic and entertaining performances to the delight of their fellow students and staff. At the end of the performances everyone had an opportunity to vote with their loose change, donating it to the act of their choice. The act which attracted the most money was the overall winner.

The SRC had a lunchtime special of chips and gravy, which sold out quickly, and a variety of cakes and slices on sale.

This enjoyable event was a roaring success raising valuable funds for a great cause.



Jeans for Genes[®]

facebook

The official Forbes High School Facebook is ready to launch.

The page will enable the school to become more connected with students and their families and keep them up to date with school news and events.

Due to Departmental policies it is necessary to update Permission to Publish information for students and staff.

The Permission to Publish letter and note can be collected from the school office or is easily accessed via the school website (www.forbes-h.schools.nsw.edu.au), alternatively you can submit your response electronically by using the following link <http://goo.gl/forms/T3m6pCc9nA>.

It would be greatly appreciated if this information could be updated as soon as possible allowing the page to be launched.

FHS - News

YEAR 11-12 SUBJECT CHOICES

Year 11 students will soon be making the transition into Year 12 and completing their HSC, for most students this will be a smooth transition with no subject alterations. For those students who currently study the Preliminary Course for General Mathematics this means a choice between Mathematics General 1 and Mathematics General 2 in their HSC. Which course they choose to do should be determined by the career aspirations of that student.

Your choices are;

No Mathematics, the student's career or further studies does not require the study of mathematics in the HSC, the student may therefore cease the study of the subject and focus their attention to other study areas. If the student decides to cease the study of Mathematics they should ensure that it is not a requirement of future career directions as once the subject is stopped it is not possible to recommence it in that school year. Whether a student can stop the study of Mathematics may also be affected by that student's course selection criteria, advice must be obtained prior to making this decision as BOSTES criteria must be followed to complete the HSC

Mathematics General 1, this is a subject that allows the student to study Mathematics at a more practical level; it involves assessments based on research done with the support of the classroom teacher within the classroom. It currently does not involve any internal or external exams. **This subject does not qualify for an ATAR and therefore is not recommended for students wishing to attend further education.** If a student selects to do General 1 they cannot then move into General 2, this subject is based on the practical everyday use of mathematics.

Mathematics General 2, this subject **qualifies for an ATAR** and may be a prerequisite for university courses such as teaching. The student should determine if this subject is a requirement for future career choices. This subject is currently assessed through class tests, Research Focus Studies and internal and external exams. This subject must be studied from the commencement of Year 12 and cannot be started from General 1 during the HSC. This is a rigorous course which involves practical applications of mathematics to more complex mathematical applications.

In making their choice the student should consider all careers prospects and if warranted contact the Careers Adviser Mr West at the school. For further information on these options the student, parent or guardian can contact the High Schools Mathematics Faculty by phone or make an appointment at the school, phone 0268522666. Alternatively teaching staff will be available to speak to about these mathematics courses at the Parent Teacher Night from 5pm till 7pm on Monday 31st August 2015.

WHITE RIBBON NIGHT 2015



Violence against women is a serious problem in Australia. We would all like to think that family, friends, colleagues and neighbours are safe at home. This is a basic right. Sadly, for many, this is not the case.

In Australia, one in three women has experienced physical and/or sexual violence perpetrated by someone known to them. One in four children are exposed to domestic violence.

On average, one woman is killed every week as a result of intimate partner violence and a woman killed by her male partner is most likely to be in her own home. This is the extreme end of men's violence against women. All men's violence against women must stop.

White Ribbon Night is a chance to join communities across Australia uniting to bring an end to violence against women and having a night to get the word out.

If we can change young boys' attitudes today, we can change the world and make violence against women a thing in the past.

The Forbes High School Welfare team organised a White Ribbon Evening which was held on Thursday 30th July to coincide with White Ribbon Night which 31st July. More than 35 male students, along with several male teachers, attended the evening which commenced straight after school and finished around 8pm.

Attendees participated in games and activities and were enlightened by discussions and presentations before enjoying a delicious dinner.

Organisers were happy with the response to the event and are confident that it will continue to grow in the future and a great step towards eradicating violence against women.



FHS - News

TEACHER PROFESSIONAL LEARNING

Forbes High School staff has been involved in a range of professional learning activities this term including:

- ALARM training
- Senior Science marking course
- LEEP programming
- Beginning Teachers Conference
- Improving HSC results course
- Wiradjuri Language training
- Growth Coaching
- Leadership forum
- Lifting Achievement in years 7-12

Both teaching and SASS Staff at Forbes High School are committed to continually updating and improving their professional practice through this learning.

SUPPORT UNIT NEWS

Mr Bennie and his class have been very busy creating these wonderful works of art!



COMMUNITY NEWS

FREE BABY & KIDS CLINIC

1st Thursday of the Month

10am – 1pm

No appointment necessary – drop in at Yoorana Gunya

For more information contact:

Yoorana Gunya on (02) 68501222



Forbes Women's Family Violence Support Group

Commencing - Monday 31st August 2015

11am - 1pm

North Side Chapel

(Church in the School yard)

All Welcome!

Forbes Aboriginal Cancer Network Community Gathering

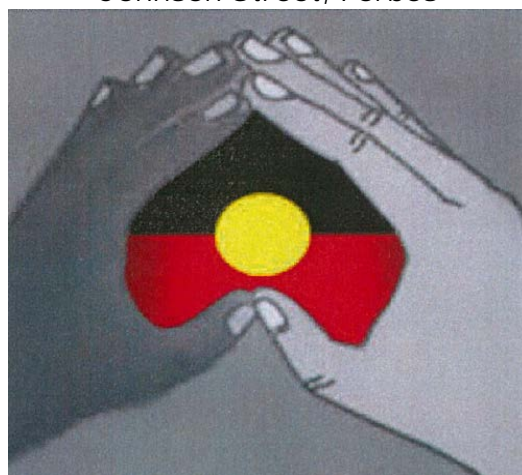
Wednesday 12th August

(Second Wednesday of each month)

11.00am – 1.00pm

Church in the Schoolyard

Johnson Street, Forbes



Information sharing, educational activities and local and visiting health service providers.

FREE Healthy Lunch

Enquiries: Dee (Yoorana Gunya) – 6850 1222

Shelley (Forbes Medical Centre) – 6851 1300

Cindy (Forbes Community Health) – 6850 2233

FHS - News

**IT'S FREE, IT SAVES LIVES AND.....IT'S COMING
TO FORBES!!**



1 in 8 women will develop breast cancer in their lifetime.
FREE screening mammograms are available for all women
aged **50-74** years.

20 minutes every 2 years might just save your life.

EARLY DETECTION IS YOUR BEST PROTECTION

BreastScreen has appointments available in FORBES in
August & September 2015.

We will be located at Victoria Park (behind the Cenotaph) on
Harold Street.

CALL 13 20 50 NOW to make an appointment.

ROLL UP YOUR SLEEVES AND GIVE BLOOD

Mobile Blood Service visiting:

Forbes

Harold Street behind the Cenotaph in Victoria Park

Monday 31 August	9.40am – 2.50pm
Tuesday 1 September	9.40am – 2.50pm
Wednesday 2 September	9.40am – 2.50pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized breakfast or lunch
Please bring photo I.D. with you

To make an appointment call **13 14 95**
or visit donateblood.com.au



Celebrating 50 Years

1965 - 2015

November 14th & 15th, 2015



Forbes High School Celebrates 50 Years of Public Education at Wyndham Avenue

Past students, teachers, staff & their families are invited to join us at a Gala Cocktail Event followed by a Tour of the School the following day to celebrate this milestone and catch up with old classmates & teachers.

Saturday 14th November, 2015 - Upstairs Function Area, Forbes Inn Hotel, Rankin Street, FORBES
Cocktails & Canapes: 7.00pm - Dress Cocktail

Sunday 15th November, 2015 - Forbes High School, 18 Wyndham Avenue, FORBES
School Tour: 10.30am

Cocktail Party: \$50 includes champagne on arrival, canapes & entertainment.

For ticket information & bookings please phone Anita Morrison on 0405 364 512

Online ticketing available at www.trybooking.com/HPUH or www.trybooking.com/133699
Ticket limit applies so book early and avoid disappointment.

School Tour: Guided tour of school facilities, official ceremony and morning tea.

To assist with catering bookings are encouraged by 31st October 2015 - Anita Morrison 0405364512 or anita.morrison1@det.nsw.edu.au

*Event
Details*

*Tickets &
Payments*