

Forbes High School Newsletter

Part of the Lachlan Valley Community of Schools



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Term 4 - Week 9

Friday December 5, 2014

PRINCIPAL'S REPORT

As the school year draws to an end I would like to sincerely thank the students, staff, parents and community for their ongoing support and commitment to the life of Forbes High School. As partners we are able to work collaboratively to foster positive experiences that promote the achievement of learning outcomes and improve the wellbeing of our students and children. I look forward to building on these successes in 2015 and further enhance the positive influence our students have within the wider community.

Throughout the year we have experienced a wide variety of changes in relation to our staffing for many reasons. This has required staff to fulfil roles in higher duties for extended periods of time and I would like to thank them for their professionalism and drive in leading respective faculties and implementing whole school initiatives successfully. These staff include Mrs Cunningham, Ms Edwards and Ms Pizarro as relieving Deputy Principals; Ms Parker, Mr Byrne, Mr Lewry, Mr Cunningham and Mrs Slack-Smith as Head Teachers and Ms Cassilles as Year Advisor.

The end of 2014 will see several staff members who have made valuable contributions to the life of Forbes High School move on for various reasons. Mr David Harris retired as Principal in Term 3, Mrs Yvonne Howarth retires from special education, Mrs Cheryl Barton retired as an SLSO, Ms Sarah Anstey from PDHPE, Ms Sarah Hughes and Ms Emma Phillips from special education will continue their careers at other schools. Collectively, I want to thank them for their efforts in supporting both the staff and students of Forbes High School.

Over the past month I have proudly witnessed the staff and students of our school demonstrate commitment and empathy towards a variety of community based initiatives to raise awareness and support. Throughout the month of 'Movember' funds were raised to assist the cause relating to men's health and culminated in the annual Movember Games. In a week of tightly contested sports I am happy to say that the staff once again defeated the students for the seventh successive year. On the 25th November the school marched as one to raise awareness of domestic violence in our community in support of White Ribbon Day. Finally, our students participated in local celebrations for International Day of People with Disabilities.

On Friday 5th November the talents of our students in the dramatic, creative and performing arts will be showcased in our MADD performance night. This is a culmination of a year's worth of preparation and commitment and I would like to congratulate the organising staff and performers for efforts in making this celebration a reality.

Our presentation assembly will take place on Friday 12th December at 10am in the Hall. I would like to extend an invitation to all friends and family of Forbes High School to attend and join us in celebrating the achievements of our students. Semester two reports will also be distributed on the day and they contain key information from teachers on the progress and areas for improvement for students.

The final day for students this year will be Wednesday 17th December. Classes will run up until this day with sport in the afternoon as normal. Staff will participate in professional learning on Thursday 18th and the school will be closed thereafter until Tuesday 27th January, 2015.

In closing I would like to wish you all a very merry Christmas and a safe holiday period. School will resume on Wednesday 28th January, 2015 for years 7, 11 and 12. The remainder of students will return on Thursday 29th January.



CALENDAR

December

5th – Purple Day
5th – MADD
Performance Night
9th – P&C
Christmas Party
12th – Presentation Assembly

January 2015

28th – School resumes Years 7, 11 & 12
29th – School resumes Years 8, 9 & 10

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PBL SPIRIT – PURPLE DAY



THE NEW SCHOOL BUS



Thank you to all who have supported our fundraising for the bus.

FHS-News

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A night to showcase the talents of students in the creative and performing arts

Forbes High School Hall

Entry by Gold Coin donation. All proceeds forwarded to a local charity.

SPECIAL GUEST PERFORMANCE

BY

CELIA PAVEY



FRIDAY
DECEMBER 5TH

Open 6:00 pm—Art on Display

Performances begin 7:00 pm

Food and Drinks available for purchase



WHITE RIBBON DAY MARCH

On Tuesday 25th November all staff and students participated in the 2014 White Ribbon Day March. White Ribbon is Australia's only national, male led Campaign to end men's violence against women.

White Ribbon supports prevention initiatives involving awareness raising and education and programs with youth, schools, workplaces and the community so that all women can live in safety free from all forms of men's violence.



Isabelle, Megan, Cameron & Will lead the march

The Forbes march was the final destination for White Ribbon Ultramarathon runner, Kirrily Dear. Mrs Coote, Michael Wood & Oliver Carlisle join with Kirrily to run the final 5km into the reception at Victoria Park.



Mr Dwyer addressed the large crowd attending the event



Samantha Clifton & Abbey Howell sign the banner in support

FHS - News

WHEELCHAIR SPORTS ROADSHOW

On the 31st October the Wheelchair Sports NSW Roadshow visited the school to raise awareness of wheelchair sport and create a greater understanding of people with disabilities. It also encourages acceptance and integration while promoting Wheelchair Sports NSW to potential new members.

Students were given a talk on disability sport including the types of sports played in a wheelchair, the similarities/differences between wheelchair sport and the able bodied equivalent, some of the challenges of competing in sport with a disability and some of the positives. A game of wheelchair basketball was then played between the students to give them a taste of wheelchair sport.



The children thoroughly enjoyed the experience which assists them with topics included in the PDHPE Program they study.

STUDENT PROFILE

Name: Courtney Sinclair

School: Forbes High School

Year: 9

Age & Birthday: 14 – 10th January

Do you have any nicknames? Jitters, Moo Moo

Do you have any brothers or sisters? Yes – a younger sister

What is your favourite past time?

Going to Kiama for Christmas

Do you play any sports? What? Yes - Hockey

What is your favourite food? Pancakes

What do you want to do when you grow up?

Become a Teacher

Who is your idol? Don't have one

What are three things you can't do without?

Singing, Acting & Friends



COWRA YOUTH ART AWARD

The Cowra Youth Art Awards are known now as the 'Upstart' awards. This display and competition is an annual competition hosted and run by the Cowra Regional Gallery. Its aim is to showcase the exceptional artistic talent of the Youth of the region from Yr 10 to Yr 12. All forms of Art are supported and some 15 Schools participated this year. FHS once again provided a range of entries from Photography, Sculpture, Mixed Media, Painting and Drawing, from all three year levels.

Patrick Mayberry of Year 12 had been chosen as the Merit Award winner of the Year 12 overall category.



SCHOOL UNIFORM CLOTHING POOL

If you have any FHS uniforms sitting at home unneeded can you please donate them to the FHS clothing pool.

Thank you

Forbes High School would like to acknowledge the on going support of our student programs from Woolworths Supermarket and Barrick Gold, Lake Cowal Mine. Without these partners many programs at Forbes High would not run.

FHS - News

MOVEMBER GAMES

The annual Movember Games were held during the week commencing 24th November with the teachers competing against the Year 12 students every lunch in a variety of sports for the "WINNERS" title of this popular tradition. The games are an opportunity to raise funds to support the Movember Foundation to improve the lives of men affected by prostate cancer, testicular cancer and mental health problems.

Spectators were charged a gold coin entry fee each day and they were not disappointed by the entertainment provided. The teachers and senior students also cooked bacon and egg rolls each morning to sell as part of their fundraising efforts.

The first day of competition saw indoor soccer contested with Mr West becoming a casualty of the game sustaining a knock to the head which required three stitches. The game was even with the end result being a draw. Hockey was the next event with teachers coming away winners 10-4. Students took out the volleyball with a 3-2 win leaving basketball as the decider. The match was fast and physical with some brilliant displays of athleticism in a high scoring game. The students put up a great fight but the teachers were the eventual winners 45-29 giving them the overall title and maintaining their unblemished record.



"Mo Bros"



A large crowd came to cheer the teams on



Mr Bainbridge puts a shot up and everyone waits in anticipation.

Mitchell makes a steal and takes the ball away from the danger zone



STAFF PROFILE

Name: Barry Merritt

Place of Birth: Forbes

Star Sign: Sagittarius

Where you went to High School? Leeton

How many years teaching at FHS? 2

Number in current family? 5

What is the most important thing in your life? Family

What is your favourite past time? Coaching Rugby League

Best book or movie? *The Blind Side*

What is your favourite food? Chinese

Best holiday destination? Port Stephens

Who is your idol? Max – my Pop

What are three things you can't do without? Family, Friends & Work



P&C NEWS

The P&C would like to take this opportunity to thank staff, students and their families for their support throughout 2014 and wish you all a safe and happy holidays.



The final meeting for 2014 will be held on Tuesday 9th December at the Forbes Services Memorial Club commencing at 6.30pm followed by dinner at 7.00pm at own expense. Everyone is welcome to attend and please bring a friend.

SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

FHS - News



KOORI KORNER

With the 2014 school year almost at an end it is time to reflect on the year and look forward to next year. The Acacia is now available from the school office and is an ideal keep sake. I asked some of our students and AbEd staff "What they would like to achieve in 2015?" and "What changes they would like to see out our school?" Here is what they had to say:

- ❖ **Kaidyn Haynes** – *In 2015 I would like to do more sports and have my assessments handed in on time. I would like to see more GirriGirri games.*
- ❖ **Kristian Markwort** – *In 2015 I would like to achieve more academically and in sporting activities. To achieve this I must train hard and work on doing my assignments and homework. In 2015 I would like to see more casual days, better prac lessons (do whatever you want) and fun excursions for Girri Girri.*
- ❖ **Kaitlyn Wright** – *I would like to achieve better grades and see less fights and arguments.*
- ❖ **Kiah Peckham** – *In 2015 I would like to do well in school and be happy. I would like to see people get more involved in school activities and to see more people enjoy coming to school.*
- ❖ **Warren Baxter** – *I would like to be able to have a good ROSSA result and I would like to see more Rugby League games.*
- ❖ **Daniel Robb-Potts** – *Over \$2000.00 in my bank and more casual and prac days.*
- ❖ **Monica Pascoe** – *I would like to achieve all my goals in 2015, including getting the best grades I can possibly get in all of my subjects, staying focused, and achieving all of my sporting goals as well. I would like to see more school spirit, with Forbes High School students getting more involved in dress up days, discos and athletic carnivals.*
- ❖ **Nadika Vidler Mckeown** – *What I would like to achieve in 2015 is passing both Maths and English. In 2015 I'd like to see the school get more involved in the special days such as Melbourne Cup, Dress Up days and Discos. It's nice to see everyone enjoying themselves and getting together and making the school a happy place to be.*
- ❖ **Nicholas Mulligan** – *I would like to achieve a back to back win in the Tom Kemp Shield in 2015, complete my ROSA to the best of my ability, get onto the SRC again and get academic awards. I would like to see games against Red Bend in sport, especially league.*
- ❖ **Barry Merritt** – *I would like to see our Aboriginal students become role models of our school.*
- ❖ **Joy Russell** – *I have a dream that we should be looking towards having an Aboriginal resource room, where the students could come and work on their assignments before school, at lunch time etc. While the homework centre has been a great initiative this room would work in partnership with the Homework centre. I'd like to see this also as safe room for students with lots of artwork, artefacts and language around the room. It could also be used as a larger meeting room for the whole school.*

FHS - News

Christmas Fulfillment

*This Christmas,
may you have the fulfillment
of seeing around you
the people you love the most.
May you have the satisfaction
of creating special memories
they will remember with pleasure
forever.*

*This Christmas,
may you feel peaceful and contented,
knowing what Christmas means,
and celebrating it your way.*

By Joanna Fuchs



- ❖ **Mr West (Westy)** – *it would be great if we could see more parental and community involvement with Girri Girri, the students learn about their culture and it would be good if they could share that learning experience with their families. We need to be able to have positive interactions with families and make them feel welcome and that they can approach the school and various staff at any time. I think the Girri Girri has been an extremely positive program since its inception and I see it continuing in a similar way in years to come. It has also strengthened our links with our feeder primary schools and I hope this continues.*
- ❖ **Donna Haines** – *What I would like to see continue is the support of our students both in the class room and even if it is needed in the playground, after all that is why we are here, not for ourselves. I hope that students will feel more comfortable coming and asking for our help with anything and hopefully we will be able to assist them with whatever they need from us. Our goals will always be our students and making sure that they get the best of their schooling and hopefully help them to fill their goals.*

As we close the gates on a year filled with great successes, we wish you all a great Xmas and an even better 2015. The AbEd team hope you enjoy the holidays and look forward to seeing in the New Year for another year of fun, learning and challenges.

Westy, Joy, Barry and Donna.

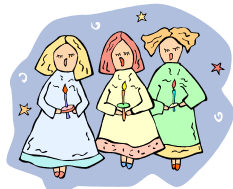
COMMUNITY NEWS

FORBES NEIGHBOURHOOD WATCH

Forbes Neighbourhood Watch invite you to attend their regular meetings in 2015. Meetings are held on the first Monday of each month at the Forbes Services Memorial Club commencing at 7.30pm.

FORBES COMMUNITY CAROLS BY CANDLELIGHT

SUNDAY 7TH DECEMBER
VICTORIA PARK
8.00PM



**Official Re-Opening
Forbes Wiradjuri Dreaming
Centre
Friday 12th December
10.00am – Barbecue Lunch
Wiradjuri**

LEARNING LIFE SKILLS

Students are giving many opportunities to learn valuable life skills as part of their curriculum outcome. The students below work together to make and bake scones. This is a great example of team work which tastes great as well.

