

Forbes High School Newsletter

Part of the Lachlan Valley Community of Schools



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Term 4 - Week 4

Friday November 1, 2013

PRINCIPAL'S REPORT

Welcome back everyone!!! I hope you have all had a great holiday and are rested for the last term of the school year. Personally I have returned from an enjoyable break overseas and looking forward to reacquainting myself with the Forbes community. Whilst enjoying the sights and experiences that overseas travel offers, it always reinforces how lucky we are living in Australia where the air is clean, the water is pure, the people friendly and the living environment safe and secure. Indeed we are most fortunate and we should not take it for granted.

Once again this is a Reporting Term where all students will receive a report at the end of the semester. Students have been reminded that they need to do their best work to impress staff for comments and grades. It is not too late to work on the suggestions given in the Semester 1 Report. This term is also very important as Year 12 complete their HSC exams. We wish all the students the best of luck. I would also like to take this opportunity to acknowledge the wonderful teachers at Forbes High School, who have worked so hard to prepare our students for their HSC, many running tutorial classes after hours and marking practice essays. We really are lucky to have such a dedicated and caring staff who are always willing to go above and beyond the call of duty to support our students.

I would like to congratulate our incoming captains for 2014. Well done to Samuel Williams and Alexandra Coles who have been elected captains and Jake Hemming and Carly Morrison who have been elected vice captains. I look forward to the leadership that they will provide to our student body.

Year 7 and 9 parents should have, by now received NAPLAN results through the mail after a delay with the printing at the Federal level. NAPLAN assesses skills in literacy and numeracy that are developed over time through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how students are progressing in literacy and numeracy skills against national standards for all Australian school children. If you have not received these results by now or you require any assistance interpreting them, please do not hesitate to contact the school.

As mental health concerns emerge amongst young people, it is important that parents remain aware of some of the indicators. I enclose a link to an article I read in last Sunday's Canberra Times that may be of some interest. <http://www.canberratimes.com.au/act-news/-2vt0i.html>

As the weather heats up for summer, please take a moment to remind your children about sun safety. Encourage them to wear a hat, use sunscreen, stay out of the sun and drink lots of water. It is not unusual to have students present to the office with headaches in the warmer months due to mild dehydration. Enquiries often confirm that students have been consuming sugary drinks in the misconception that they are hydrating themselves when in fact these drinks often have the exact opposite effect. The most effective and healthiest substance for hydration is water, please encourage your children to consume it when at school.

Summer Sport is now commencing and I hope all the students will continue to participate in the great spirit of sportsmanship we have come to expect. I enclose a copy of our school uniform in this edition for your information. I must remind all parents that school sport uniform is only to be worn on Wednesdays. Navy shorts are necessary on Wednesdays for both boys and girls and on all other days, if shorts are chosen as the preferred uniform, then it must be navy dress shorts for girls or grey shorts for boys. **Footy shorts regardless of colour are NOT part of our uniform at any time.**

It gives us great pleasure to support students in a range of activities and to acknowledge their participation and successes. I am proud of what public schools can offer and very proud of our students here at Forbes High School.

I would also like to take this opportunity to thank Mr Dwyer for capably relieving me during my Term 3 absence.

DAVID HARRIS - Principal

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Calendar

Nov

- 11 – Yr 8 ESSA
- 13 – Yr 10
History/Geog
exams
- 14 – Yr 10
Maths/Science
exam
- 26- Dec 1 – School
Spec
- 26 – Sydney Uni visit

Dec

- 2 – cricket – Cowra
- 6 – Purple day
- 13 – Final Assembly
- 18 – Last day
students 2013



FHS-News

STUDENT'S EXCEL

Congratulations Megan Skinner

Wonderful news! Megan Skinner (a Forbes YAC member and FHS student) has been accepted as a member of the 2014 **NSW** Youth Week Young Peoples Advisory Committee.



I think it is great that young people in our community are putting their hands up to represent and provide a voice for young people in our community. The committee only comprises of 12 young people between 12-25 years of age from across NSW, and it is great to see Forbes being represented.

If we can all support Megan in her role over the upcoming months, it would be greatly appreciated.

Congratulations Heather Earney

Heather Earney has just received one of two Australian Wool Education Trust/Wool Industry Undergraduate Scholarships offered nationally to attend the University of New England to study Agriculture.

Heather was selected from a high quality field of applicants. Her selection follows a committed and diligent High School career where she completed HSC Agriculture while still in year 11 followed by a regular HSC consisting of mostly Science/Maths and Agriculture subjects.



Her dedication to her love of Agriculture has seen her as a member of the school Show Team for both cattle and sheep and attending agricultural shows for judging.

Heather is an inspiration to other students wanting to develop their Agricultural prowess. We wish her all the best and success in her future as she embarks on the next chapter of her life.

NATIONAL BBQ CHAMPIONSHIPS SUCCESS

Three Forbes High School students had success in the recent National BBQ Championships competition held in Forbes. Mitchell Ashcroft, Daniel Ashcroft, Joshua Goodall, along with friend Liam Bosma, received first place in the Lamb section.

In what was a very long, hot day, the boys used a top-secret special marinade on their winning lamb and received tips from their father, Peter Ashcroft. As a team, they also participated in the chicken, beef and pork sections of the competition.

When asked what the key to their win was, Mitchell says they cooked their lamb medium-rare and the marinade wowed the judges. Congratulations to these budding chefs of the future!

ORANGE FIELD DAYS – POLL DORSET JUDGING

On Thursday 24th October, eight students from the Forbes High School Show Team competed in the Poll Dorset Judging at Orange Field Days. The judging was conducted over two rounds; a visual appraisal of the ewes and an oral presentation. Both Erin Turner and Dylan McIntosh made it through to the oral presentation round of the judging. We are very proud of all our students who participated as this was their first attempt at Meat Sheep Judging. Congratulations to Erin Turner for getting Runner-Up in the overall judging.

Mrs Rachel Eagles



Above: Erin being presented her award and Erin during her oral presentation.

Below: Dylan during his oral presentation.



FHS - News

COWRA REGIONAL YOUTH ART AWARDS

Annually the Cowra Regional Gallery hosts a Youth Art exhibition and awards. This year the judge for the competition will be Lisa Van Den Dolder, the Project Officer of Operation Art (DEC).

Students in Yr 10, 11 and 12 are invited to enter this competition in the following categories

- 2 Dimensional Work including painting, drawing, printing and mixed media
- Photography including 2 D digital images
- 3D - Ceramic and Textiles
- Sculpture

One entry per student and this school has a limit of 20 selected works. Entry is free.

Entries close ...8th November 2013

Opening night will be 30th November and the exhibition runs until the 15th December.

Gallery hours are 10 am – 5pm. (77 Darling St, Cowra. Phone: 6340 2190)

STAGE 4 EXCURSION

A reminder to all students in Year 7 and 8 that the Stage 4 Excursion is fast approaching. It will take place on Tuesday, 3rd and Wednesday 4th December, 2013 (Week 9) and is an overnight trip to Dubbo.

Students wishing to attend need to bring their permission note and \$40 deposit in to the Front Office by Monday, 4th November to ensure your spot! Any queries, please contact Miss Northam (Year 7 Advisor) at the school.



TERM 3 FISHING REPORT

"Term 3 was tough work for fishing. I don't know where all the fish were! For most weeks there was very little activity coming from the fishing rods, though all the students enjoyed being next to the lake basking in the winter sunshine.

But back to catching fish - coming into the final week of the term we had caught a grand total of one fish courtesy of Bronte Haynes. On this last day Jamie Hoswell was a man on a mission showing determination to land some big ones. Sure enough Jamie landed two ugly-looking carp and at least another one got away. So for this effort Jamie wins the Best Fishing Effort of the term and wins a voucher to spend down at Loomzy's Fish'N'Fix.

Mr Blyth and Mrs Jones

TRY A TRADE – 29/10/13

On Tuesday 29th October Year 9 and 10 students participated in a Try a Trade Day at Forbes High School. A variety of tradespeople came to the hall and gave up their time setting up stalls so that our students were able to get a taste of what it would be like to begin a career in these areas. The trades included carpentry, welding, painting and decorating, tiling, horticulture, commercial cookery and mechanics. Students were able to ask questions in relation to apprenticeships, available job opportunities and the different tasks that you could be performing on a day to day basis.



Thank you

Forbes High School would like to acknowledge the on going support of our student programs from Woolworths Supermarket and Barrick Gold, Lake Cowal Mine. Without these partners many programs at Forbes High would not run.

FHS - News

9/10FT3

Below is the recipe made and designed by Emily Mulligan and Jackie Arid. This recipe was the most successfully designed and prepared biscuit from the 9/10FT3 class.

Kit Kat cookies

Ingredients

- 125g butter, softened
- ½ cup brown sugar
- ⅓ cup caster sugar
- 1 egg
- 1 teaspoon vanilla
- 1½ cups of self-raising flour
- ½ cup CADBURY BOURNVILLE Cocoa Powder
- ¼ cup of Kit Kat

Method

1. CREAM together butter and sugars until light and fluffy. Whisk in egg and vanilla.
2. Sift together the flour and CADBURY BOURNVILLE Cocoa Powder then stir into butter mixture. Add the Kit kat and mix through.
3. PLACE tablespoonsful of the cookie mixture onto greased baking trays. Press the mixture down lightly using a spatula or back of spoon to flatten slightly.
4. BAKE in a moderately slow oven 160°C for 12-15 minutes or until cooked. Cool on a wire rack.

TERM 3 PBL PRIZE WINNER

Congratulations to LaTonya Mailes – winner of the Term 3 PBL major prize. Purple slips received by students for being respectful, responsible, honest and doing their best in all school settings all collected throughout the year and a manor prize draw takes place at the end of the term. The major prize for Term 3 was a Blu-ray player and LaTonya in Year 7 was the lucky recipient. All students are reminded to uphold the PBL values in class and in the playground as they will be rewarded with purple slips which just might see them win the Term 4 prize!



Save the Date:
Purple Day
Our annual PBL celebration, Purple Day, will take place later this term, date to be confirmed very shortly, so start planning your purple outfits and listen out for more updates about the day.

ROALD DAHL DAY

On Friday, 13th September, we celebrated Roald Dahl Day in the library. It was great to see students come along and participate in the activities.

I would like to say a big congratulations to our GOLDEN TICKET winners – Jaydan Patterson, Maddison Collits, Zoe Cook and Jessica Buckman who all found one of the four golden tickets hidden amongst the books and won themselves a block of Willy Wonka chocolate!

Thank you again to all the students who participated in Roald Dahl Day – I look forward to celebrating with you all again next year! Miss Northam



CHOICES

Andrew 'Fishtail' Fisher came and spoke to years 7-10 about making choices. Andrew races around Australia in the v8 Utes competition for team 'Jesus Racing'. Having just come from three races in Bathurst where he placed 5th he toured the Central West giving seminars to students. He spoke about making good choices, choices that have been thought through, not impulse decisions that you would regret.

His message was well-received by staff and students alike. He challenged the students to make thoughtful decisions about alcohol, safe driving and the internet. Andrew was able to relate about the hard decisions he and his wife had to make when their daughter was born with only half her heart. He and his wife really had to consider what was best when they looked at treatment options. Finally he spoke of the importance of making courageous decisions about your beliefs and faith.

During recess Andrew gave away copies of Luke's gospel and signed posters for the students. He gave some students a fright when he showed them how much noise his replica racing ute could make.

SCHOOL WEBSITE

The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

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DEBUTANTE BALLS

Recently many of the Year 11 students have been involved with charity debutante balls. The first ball was held on Saturday 12th October with Erin Moon, Jake Hemming, Shelbie Smith, Maddi Woodbridge, Nat Robb, Sam Williams participating in the event. The group chose a bright rainbow colour theme which looked great and they raised approximately \$3000 for their chosen charity, the Westmead Children's Hospital. Miss McConnell did a fantastic job as MC for the evening and Eliza Woods was the Special Guest for the night.

Debs and their partners were: Natalie Robb, Damien Newham, Maddi Woodbridge, CJ Weekes, Erin Moon, Jake Hemming, Jaydon Hemming, Sam Williams, Grace Goodall, Zac Bennetts, Shelbie Smith, Hayden Bolam, Tahlia Toohey, Harry Hayes, Sonny-Mark Bevan and Lilly Bolam.

The second debutante group consisted of Amelia Callaghan, Sam Williams, Brianna Cotterill, Louis Staines, Natasha Goodall, Sam Smith, Chloe Caines, Tom Smith, Megan Morrison, Hayden Brunt, Jessica Cowan, Ben Maguire, Jess Pascoe, Jarrod Nicholson, Eliza Woods, Josh Bennett, Carly Morrison, Jarrod Andrews and Connor and Ella Greenhalgh were excellent as the page boy and flower girl. Mrs Jones performed the MC duties and did an amazing job and Nicky Cassidy was the patron for the night. Purple was chosen as the colour theme for the event and the venue looked fantastic. The Photo Booth proved very popular on the night and was frequented by the more mature guests as well as the young ones. The group worked tirelessly raising funds through a monster raffle, charity golf day, community bbqs, cake stalls, temporary tattoos and pie drive and were pleased with the \$5200 they raised which will be donated to the Pamper the Parents charity. The Monster Camping Raffle was drawn on the night and the following people were the lucky winners:

1st – Mary Acret, 2nd - Carolyn Towney, 3rd – Cassidy's of Harbord (who donated back for a redraw), 3rd – Kyle Goodall, 4th – Jono Goodall



BLOOD DONATION VISIT

The next Red Cross Blood Service visit will be on Wednesday 27th November 2013. Once again Forbes High School have secured a number of visits which can be utilised by staff and students (must be 16years or older). If you would like an appointment please give your name to Anita Morrison. Students must also have a consent form signed by their parents and returned to the school prior to the visit. Permission notes are available at the office. There are a limited number of appointments so book early. Every donation of blood has the potential to save three lives so roll up your sleeves and give.

CONGRATULATIONS ON THE BIRTH OF A DAUGHTER

Our congratulations go out to Leah Williams and husband Aiden on the birth of a healthy baby girl, Bedelia Lee who was born on Tuesday 29th October. Both doing well. Leah is a school admin officer who works in the front office at Forbes High School.



YEAR 9/10 VISUAL ARTS SOS STUDENTS.

ASSESSMENT TASK 4 EXTENSION NOTICE.

Please note. Task 4. Exploration of Objects as Symbols is now due in on Friday the 15th of November. Week 6 In this task you can design /develop an independent piece of Art work. It can follow on from themes we have been exploring in the course or can be a new idea. You will need to demonstrate developing technical accomplishment and refinement in making artwork. Evidence of this should be obvious in the technical quality and art making skills you use to Conceive and Produce the work. Your VAD should reflect your draft sketches for the work and or a final report of the steps and processes you used in resolving the work.

PAMPER THE PARENTS

On Sunday 20th October, several of our students travelled to Sydney to assist with the annual "Pamper the Parents" activities held at the Westmead Children's Hospital. It was an early start with everyone lending a hand to set up stalls and unpack trucks of fruit and vegetables. The day gives families, in particular the parents, of sick or injured children the opportunity to purchase healthy foods at very reasonable prices and enjoy having their hair and nails done or enjoying a well-deserved massage while children are entertained by clowns, face painting and other activities. Founder of the event, Nicky Cassidy, originally from Forbes, was well supported by her family and friends and the day exceeded expectation in its third year. All money raised goes to providing facilities for patients and their families at Westmead Children's Hospital including Ronald MacDonald House. All of the students, Jessica, Molly, Maddison & Sophi Cowan, Chloe Caines, Amelia Callaghan, Brianna Cotterill and Carly & Nicole Morrison, who participated found the experience inspirational and have indicated they will return in 2014.



Carly Morrison, Chloe Caines, Brianna Cotterill and Amelia Callaghan dressed up to hand out Pamper the Parents Packs and entertain patients

DOODLE 4 GOOGLE

Year 9 and 10 SOS Visual Arts students participated in the 2014 Doodle 4 Google Competition. Unfortunately voting was opened to the public during the school break and we were slow to enlist online voting support. Never mind our dream to buy everyone in the class an iPad mini was squashed but we can try again next year. The entire class worked on designing and drawing ideas using the Google logo as the core principal in addition to the "If I were an Explorer theme". There were over 16,500 entries in this year's competition. Merrin Isbester, Madison Haynes, Simone Ruge and Maddi Quirk extended their art making practise and entered their works into the National Competition. They didn't win popular support but won by admiration for their consistent effort and discipline. Overall I have been impressed by the enthusiasm and responsibility students are taking in completing studies, extending their ideas and experimenting with art making. Good work everyone.

PAST STUDENTS SUCCESS

Forbes High Schools Past Vice Captain and winner of the Cowra Youth Art Award, Lauren O'Connor has just completed her Bachelor of Arts Visual in Photography is currently exhibiting her work at Mezzanine Style Gallery on Rankin St. Lauren's work titled 'Eventide' was shot on locations around Forbes and features many faces you might recognise. Go along and see her show and support our locally grown talent. Congratulations Lauren we are very happy for you and wish you every future success.

Toby Klarner another Forbes High graduate held his 2nd Artworks Exhibition in September at Mezzanine and will be exhibiting work in Parkes in the very near future, so keep an eye out for that. Toby is branching out into sculpture as well as painting and has also completed his Sign Writing Course. He hopes to specialise and maintain the old traditional signwriting practices. Well done Toby. We are looking forward to the next Exhibition and wish you every success.

Mezzanine Style Thankyou Janine.

This is probably a good opportunity to make a special thankyou to Janine Whitfield proprietor of Mezzanine. She is quietly working away in the background providing new and old artists with Exhibition opportunities. Without these opportunities or the public's support an Artist's life can be that much more difficult. So thank you for your patronage.

FSC CHILDREN'S WEEK COMMUNITY DAY

On Wednesday 23rd October five students, Alex Coles, Sam Williams, Madeline Dukes, Mitchell Ashcroft and Chelsea Turner volunteered to help with the Forbes Shire Council Children's Week Community Day. All students helped with setting up, packing and supervision and assistance with activities. Organisers, Natalie Walker, Forbes Shire Council Youth Liaison Officer, and Maree Yapp from Birth to Kinder, praised all of the students on their behaviour and indicated that the event would not have been a success without their help.

FHS - News

P&C MEETING REMINDER

The next general meeting of the P&C is scheduled for Tuesday 12th November 2013 commencing at 7.00pm at the Forbes Services Memorial Club. We will be finalising plans for the Tricks & Trivia Night fundraiser and discussing many other important issues. Please come along and bring a friend.

TRICKS & TRIVIA FUNDRAISER

You're invited to organise a table at the Forbes High School P&C Tricks and Trivia Fundraiser Forbes High School Hall, Friday 15th November 2013 at 7.00pm, Tickets \$10 each - Tables of 10 Bring your own Munchies - Drinks Available \$500 Cash for Winning Table! Other Prizes Include – Best Dressed & Best Decorated Table Costumes Optional but Recommended! Don't be a creep! RSVP by 1st November to Anita on 0405364512



STAGE 5 FOOD TECHNOLOGY – BISCUIT ASSESSMENT

Recently, all three Stage 5 Food Technology classes completed an in-class practical assessment as part of the 'Food Product Development' unit. In pairs, they developed a new flavour of biscuit from a basic biscuit recipe. They then produced their biscuit during a one-period prac assessment. Some creative biscuits were produced including such recipes as:

- The twisted raspon (lemon and raspberry)
- Date, almond, choc-chip and oat
- Caramel and Crunchie
- Sundried tomato, basil and garlic
- Oreo and M&Ms

Students also had to create a marketing plan, detailing how they would promote and sell their new biscuit product.



FORBES COMMUNITY INFORMATION EXPO

Forbes High School conducted an information stall at the Forbes Community Information Expo held in Victoria Park on Wednesday 23rd October. It was a great opportunity to showcase the talents of our students and their teachers and there were some very positive comments from participants.

FOR SALE BY TENDER

New Generation Cox Ride On Lawnmower 16HP

98 model.

Will be sold as is, recommended to inspect before submitting a tender. Tenders close:

Friday 22/11/13.

Contact Forbes High School 6852 2666.



FHS RELAY FOR LIFE

Tuesday 5th November is Melbourne Cup Day and the FHS Relay For Life Team are holding a Casual Day. Come dresses for the races for a gold coin donation. There will be a prize for the boy and girl in each year and staff that has the Best, worst or most original hat, tie or fascinator. Clothing and footwear worn on the day must be in accordance with the school's uniform policy, so no singlets, thongs etc.

SCHOOL UNIFORM

Our uniform, and the way we wear it, is important for the way the community in general sees us and often judges the school. Although the initial costs of purchasing uniform are considerable, correct uniform use is most economical in the long term. Parents are therefore asked to cooperate fully in ensuring that students are always outfitted correctly in the uniform and should strive to support the school in encouraging the wearing of it at all times. If there are difficulties in meeting the costs of uniform please contact the Front Office.

Girls

Summer

Forbes High School tunic
white short/long sleeve shirt
navy polo knit – with school crest
navy dress shorts
navy/white socks
fully enclosed black leather shoes
no sandals
no denim garments
no sneakers

Winter

Forbes High School kilt
white long sleeve shirt
white polo shirt
navy jumper
navy slacks
navy/white socks/tights
fully enclosed black leather shoes
no sandals or denim garments
no sneakers

Boys

Summer

white short/long sleeve shirt
white polo shirt
grey shorts (no board shorts)
white socks
fully enclosed black leather shoes
no sandals
no denim garments
no sneakers

Winter

White long sleeve shirt
white polo shirt
grey trousers
white socks
navy jumper
fully enclosed black leather shoes
no sandals no denim garments
no sneakers

Sport/PE (Boys/Girls)

gold & navy shirt with school crest (available from school office)
navy shorts
navy tracksuit pants (no advertising logo's)
navy tracksuit top (school crest)
white socks
Fully enclosed sports shoes

General

Woollen navy jumper or navy sloppy joe with embroidered school crest
Forbes High School windcheater
Forbes High School tie (available from school only)

Uniform Detention:

Students who are not in correct uniform will attend detention during Lunch 1 in Room 155.

NOTE: Enclosed leather footwear is compulsory for all practical classes. This is an OHS requirement and students will be excluded from practical lessons if they wear inappropriate footwear.

School Uniform is stocked by Gunn's Mensland.

Community Notices

AUSTRALIAN ARMY CADETS

Australian Army Cadets are currently running out of Grenfell Show Ground. They are held every Monday night from 6-9pm. Once signed up uniforms are supplied.

Contact Lorraine Mason on 63432986 for more information.

INTERNATIONAL MEN'S DAY

Family Fun Afternoon to celebrate International Men's Day

Where: Jenny Murphy Park – Forbes

When: 19th November 2013

Time: 4.00pm to 7.00pm

Why: Grab Dad and bring him along to have a fun afternoon for the whole family with a variety of old fashioned games and a free sausage sizzle.

MOVIE NIGHT – JOCK – THE HERO DOG

Keeping Men and Boys safe to become future role models. Men and Boy's Night out. All family members are welcome to come to a movie night to be held on Saturday 16th November 2013, doors open 6.30pm. Entry \$3.00 – refreshments available. Forbes Youth and Community Centre, Corner Press and Battye Sts, Forbes.

P&C FUNDRAISER

Tricks & Trivia Night Friday 15th November 2013. Tickets now on sale from school office. For more information contact Anita Morrison 0405364512

SOUTHERN CROSS CULTURAL EXCHANGE

Volunteer to host an international high school student through Southern Cross Cultural Exchange in February 2014 for 3, 5 or 10 month programs. This is a rewarding and unique opportunity that can help your family become closer and see the world in a new light. Our international students from France, Germany, Italy, Austria, Finland, Canada, U.S.A, Colombia, Mexico and Japan will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceast@scce.com.au or call us toll free on **1800 500 501** to request our international student profiles, and capture the spirit of family and friendship!

NATIONAL DISABILITY INSURANCE SCHEME

There are two information sessions being held in Dubbo and Orange for families around the NDIS. See link below.

<http://www.resourcingfamilies.org.au/events/>

HEARTKIDS RUGBY CUP

Pre Match Entertainment and Kids match 5.00-5.30pm BBQ and more available.

EXHIBITION MATCH

DEADWOOD Vs INVITATIONAL Central West TEAM

Emus Oval, 6pm followed by presentation and night \$5 Entry

PARKES & DISTRICT NETBALL ASSOCIATION (PDNA)

Parkes and District Netball Association will be holding Representative Team Trials for the 2014 seasons on Thursday 31st October. Trials will be conducted for all age groups from 11 - 17 years from 4.30 - 5.30pm and Opens & State League from 5.45 - 6.30pm. Player nomination form and information pack can be found on the PDNA website www.parkes.netball.asn.au or from control during the Tuesday night competition.

ENTRIES ARE NOW OPEN FOR THE 2014 YOUTH WEEK IN NSW DESIGN COMPETITION

We are looking for aspiring young designers to help create the look for the Youth Week 2014 in NSW website, posters and other promotional materials.

The Youth Week in NSW Design Competition provides young people with the opportunity to showcase their talent as a designer and to win \$1,000. The winning poster design will be used to promote Youth Week 2014 throughout NSW in April 2014.

I would be grateful if you could inform any young people or youth networks you know with an interest in art and design of the opportunity provided by this competition and encourage them to enter.

Entries close 25 November 2013.

For the full terms and conditions and more information:

- Visit the Youth Week in NSW website at youthweek.nsw.gov.au/downloads
- Or contact the NSW Youth Week Co-ordinator at youthweek@youthweek.nsw.gov.au.

\$10,000 SCHOLARSHIP

Students interested in a career digital media, IT programming, mobile apps or game design are invited to apply for a \$10,000 scholarship to study at the Academy of Information Technology. AIT is hosting an info night on Nov 20 for students or parents interested in learning about careers and study options in the IT and creative fields. All ages welcome. Register at <http://www.ait.nsw.edu.au/events/>

FORBES JUNIOR RUGBY LEAGUE

FJRL is calling for coaches for 7's, 8's, 10's, 12's, 14's and 16's for the 2014 season. Please submit your application in writing to PO Box 563, Forbes. Closing date is 31.10.13. Enquiries contact Chris Morrison on 0427541896