

# Forbes High School Newsletter

Part of the Lachlan Valley Community of Schools



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Term 3 - Week 6

Friday 24 August 2012

## PRINCIPAL'S REPORT

It has been said that time flies when you are having fun and that certainly has been the case whilst I have been relieving in the Principal role over the past month. Forbes High School is certainly a busy place and offers a wide variety of opportunities for our students.

I took great interest recently in watching the performances of the world's athletes at the London Olympic Games. The application and effort required to qualify for the Olympics, let alone win a gold medal, led me to think of one of our Positive Learning for Behaviour targeted behaviours 'DOING YOUR BEST'. The essence of this is not about students comparing themselves to others, it is about that in-built sense of achievement that they have given their best efforts and achieved to their optimum level.

As Olympic athletes need quality coaching to help them reach their potential so to do students in terms of the support we as teachers and parents can offer. It is vital that we are able to work together to create an environment that nurtures our student's and children's development. On Tuesday 4<sup>th</sup> September from 5-7pm is our second parent/teacher evening and I encourage all parents and caregivers who are able to attend to come and meet with staff and discuss your child's progress throughout the early stages of semester 2.

Our year 12 students have just completed their Trial HSC exams and their results will provide them with feedback on their progress and possible areas for improvement going forward towards their final exams. The HSC exams will begin on Monday 15<sup>th</sup> October and managing time effectively in terms of study is of the upmost importance for students as this time nears for students to 'do their best'.

Several of our staff and students were recently nominated in a variety of categories for the Wudhagaragarra Awards. Wudhagaragarra is a Wiradjuri word meaning "to listen, to learn" and the awards celebrate and recognise innovation, excellence and achievement in Aboriginal education. Thomas Haynes of year 10 received the award for outstanding achievement in performing/creative/visual arts. This award is presented to students who have displayed talent in one or more of these areas of the arts. Thomas was recognised for his excellence in musical performance.

Finally, the Forbes Show is fast approaching and once again Forbes High School will be celebrating the work of our students at our display. We have secured a larger area this year and this will allow us to showcase a broader range of items. We hope to see you there and come up and say hello.

CHARLES DWYER

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## Calendar

### September

- 4 – Yr 7 – 10 Parent Teacher night
  - 10 – Yr 11 Exams start
  - 21 - Last day Term 3
  - 21 – Yr 12 Graduation Assembly
- ### October
- 8 – Students return term 4
  - 15 – Stage 4 excursion



# FHS-News

## FORBES HIGH SCHOOL TACKLES BULLYING HEAD ON

Years 7 and 8 at Forbes High School were treated to an engaging period 5 on Monday (20<sup>th</sup> August) afternoon when Brainstorm Productions presented a two man show in the school hall. The theme of the production was bullying at school in several of its guises including peer pressure, student marginalization and harassment via social networking sites.

The actors, Bianca and John, used minimal sets with the addition of music and effective dialogue to engage students in the action on the runway. Both played several characters, complete with clever costume and language changes, that all students recognized immediately. The most noteworthy character was the new girl who was immediately ostracized and unkindly gossiped about. Her hat was silly and different, she wrote in a book (and of course it was all about 'us' according to the queen of a powerful student group) and she definitely was not going to be popular. Intermixed with a well thought out storyline was identification of school student groups including the cool group, computer heads, scammers and sports junkies.

Facebook was given particular mention, including the new 'timeline' addition that allows a real timeline of all your facebook postings and information from your initial post to your most recent, to be brought together in an easily readable format. The point was well made that this is an ideal tool for hackers to discover possible passwords and reset questions. This important message was taken onboard by the students.

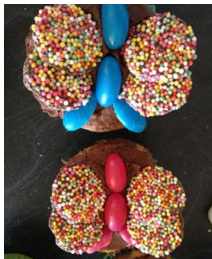
The production concluded with a question and answer session by Bianca and John with students enthusiastically participating.

## CUPCAKE DAY FOR THE RSPCA

On Monday 20th August we held a cupcake day to raise money for the RSPCA. Students were asked to make a gold coin donation in return received a delicious cupcake! We were very successful and raised over \$300.

Thank you to everyone who donated money, and a massive thank you to all the staff and parents who donated their cupcakes.

Ms Lauren Jordan



## SOMETHING USEFUL CAME OUR WAY

Marcelle Bernard from Sydney talked to year 9 and 10 about "something useful" on Wednesday 22<sup>nd</sup> August. The topic *speaking in public* but not in the traditional sense of hiding behind a lectern and speaking about a particular subject for a particular audience. Marcelle spoke to the students about how to talk and make themselves "look good and sound good" in any situation whether having to make a presentation in class, speak at social functions, make impromptu speeches or speak to one person or a thousand. Where ever communication is required and that even includes talking to potential employers. She pointed out to students that public speaking, or speaking in public, is required in nearly every aspect of our daily lives.

She went through the "tools and weapons" that everyone has within them to stand up and deliver good quality communication where ever public speaking is required. Impromptu or prepared, the message was the same - to be a superhero and show bravery by standing up and speaking up for a cause or for themselves. Everyone can do it if they have the courage and knowledge of the right tools to use.

Students were well entertained and hopefully motivated, as Marcelle has plenty of experience and skills to entertain and motivate her audience.





## FOOL'S ISLAND – MARX BROS. MEET SHAKESPEARE

English students from the Advanced English Year 9 and 10 classes took a bus ride to Fool's Island on Wharf Two of the Sydney Theatre Company's complex in Sydney last Thursday, 16<sup>th</sup> August. They went to see a performance of Fool's Island by Darren Gilshenan and his creative team of J Turner and Jasmine Christie.



Unfortunately we were unable to attend the performance of Macbeth which Year 10 studied last term and there were no performances of Romeo & Juliet for the Year 9 to attend to complete their study of this tragic play. Next best thing was to see a compilation of ideas and themes from a range of Shakespeare's plays enacted by Darren Gilshenan.

It was a long one day trip leaving at 6am and returning at approximately 8.30pm that night. The prospect of a long day did not daunt the students however, and were well rewarded for their eagerness to see the performance.

Fool's Island was the story of innocence corrupted. "A classic battle between good and evil. But when good and evil exist in the same body it starts to speak of the duality of man. The play explored this idea through the low forms of clowning and farce and the high language of Shakespeare ... It might seem inappropriate that Shakespeare should have anything to do with the tomfoolery of the Marx brothers - but Fool's Island merges these opposites completely."

Students were treated to an exceptional performance by a cast of one (Darren) who showed students that it is much easier to understand the language of Shakespeare when body language, facial expressions and tone of voice are presented. Students were surprised and delighted to find that with just a little listening and lots of watching they could understand much more than they thought. The comical aspect of the performance ensured all students had plenty to laugh at and some of the body language was a surprise for them to!

Students should be congratulated for their behaviour, manners and maturity throughout the long day. Their general demeanour and attitude could not be faulted. It was a true pleasure to take this group of students away. Thank you to those parents who arose before the sun and waited patiently after dark to meet the bus.





# FHS-News



## TASTE OF TAFE

Forbes High year 10 students recently had the opportunity to undertake "taster" courses offered through Forbes TAFE. Courses included Fitness, Beauty Therapy, Hairdressing, Business Services and Automotive. The day proved to be both enjoyable and informative for the participants as they begin to make subject choices for year 11 which may include TAFE delivered subjects and beyond.



## TRY A TRADE

Forbes High School was the venue for the *SkillSet Try A Trade Roadshow*. The day involved students from year 9 participating in "hands-on" activities from a range of Trade areas which had local tradespeople showing some of the activities involved in their particular careers.

The Northparkes Mines Indigenous Scholarship visit  
[www.northparkesiss.com](http://www.northparkesiss.com)  
 to apply.



## CAREERS WITH KFC

KFC are offering school based traineeships (retail Cert II), casual work or permanent work (based in Forbes). If you are interested in any of these jobs please see Mr Sharpe.



## NORTHPARKES MINES APPRENTICESHIPS 2013

2 x Electrical Fitter/Mechanic

2 x Mechanical Maintenance Fitter

Northparkes Mines is part of the Rio Tinto global mining group. Currently offering trade apprenticeships for the positions of Electrical Fitter/Mechanic and Mechanical Maintenance Fitter

To apply please visit [www.northparkes.com.au](http://www.northparkes.com.au) or email [npm.recruitment@riotinto.com](mailto:npm.recruitment@riotinto.com). Applications close Friday 30 September 2012

For an information email [Haylee.Pottage@riotinto.com](mailto:Haylee.Pottage@riotinto.com) or call 02 6861 3003

Info nights – 6.00pm Tues 28.08.12 Bushmans Motor Inn, Parkes or 6.00pm Tues 11.09.12, Forbes Town Hall.

# FHS-Koorie Korner

Wednesday night saw a small number of year 11/12 Aboriginal students hear a talk by Jim Williams about the Earn Learn Legend program. This program is a school to work transition Program (S2W program) that has been developed in response to research demonstrating that Aboriginal youth who had not found employment or training pathways within six months of leaving school had a significantly higher chance of being long term unemployed. The S2W Program has been set up to assist with ensuring each participant has every opportunity to succeed post school.

## Key elements of the S2W Program

- One-on-one career planning and mentoring.
- Relevant work experience and employment opportunities.
- Resourcing to support and track students 6 months post-school.
- Opportunity to participate in cultural activities.

One of the main objectives of the Learn Earn Legend Program is to ensure each student has appropriate support to achieve their post school education and/or employment goals by creating a Career Development Pathway.

Participants will be supported by the Learn Earn Legend Program team as they transition from school and then assist with finding employment and/or enrolling in further education and training. The Learn Earn Legend Program will work with each participant and identify available opportunities and use the New South Wales Rugby Union business networks where possible to gain work experience and seek job openings as part of the program. While numbers were small last night I have confidence that the students who were there will talk about how this program can make that transition between school and work or University so much easier with the support being offered by Jim and his fellow mentors.

Next term Jim will be coming back to the school to talk with next year's year 11 intake so that this support can be offered to them from the beginning of year 11 all the way through to year 12 and beyond.



AECG meeting 30<sup>th</sup>  
July 2012 Forbes  
Shire Council

**FORBES NAIDOC  
COMMUNITY DAY**  
Forbes Dreaming  
Centre  
Friday 14<sup>th</sup> Sept  
10.00am - 2.00pm

Community Ceremony and Flag Raising  
Johnny Cake demonstration, Poster Competition  
Aboriginal Dancing demonstration  
Community Information Stalls, Traditional Bbq  
Craft Activities, Face & Nail Painting  
Music & Entertainment, Koori Games  
Sausage Sizzle, School Performances  
Free Movie Night

On another note our Girri Girri students are currently on an excursion to Bourke and Brewarrina. Reports are they are very tired and will be looking to have a relaxing weekend. The Girri Girri students will be writing a report themselves for the next newsletter.

Lastly, a huge congratulations to Thomas Haynes for being the recipient of a Wudhagaragarra award for the Western Region this is great achievement for Tom and his family who regularly travel large distances to give Tom better opportunities. Other students and staff from Forbes High were nominated and all will receive recognition for the outstanding achievements that caused their nominations.

As you will be aware by now Miss Stacey Kelly is on a leave of absence from the school and in her absence Mr Daniel West has taken over as Ab Ed Co-ordinator. We'd like to welcome Mr West to our close knit family and look forward to working with you.

## Thank you

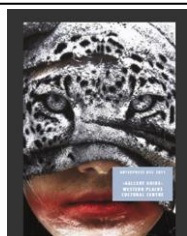
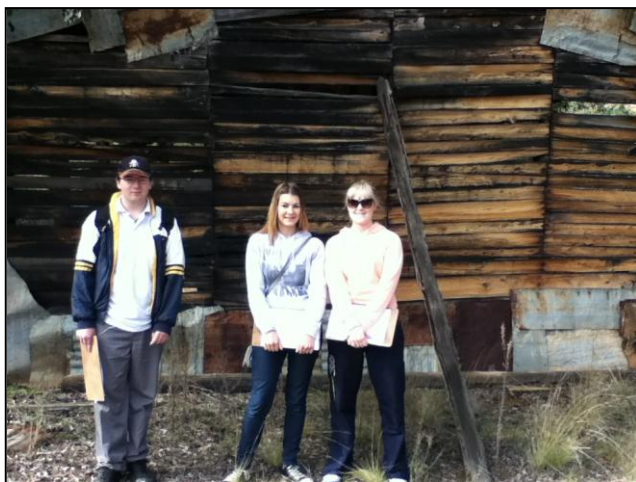
**Forbes High School would like to acknowledge the on going support of our student programs from Woolworths Supermarket and North Parkes Mines. Without these partners many programs at Forbes High would not run.**



## WEDDIN MOUNTAINS EXCURSION

Last term year 11 and 12 Geography went to the Weddin Mountains to do some field work. The students went for a hike where they observed the local flora and fauna. The students had the opportunity to practice their field sketching and navigation skills. The students went to Seaton's farm and practiced their mapping skills. The students had a bar-b-q lunch and enjoyed the day.

The excursion was organised by Mr Summerhayes. The students would like to thank Mr Summerhayes for his dedication to teaching Geography at FHS for many years.



ARTEXPRESS is on at the Dubbo Regional Gallery – Western Plains Cultural Centre  
17 August – 22 September 2012

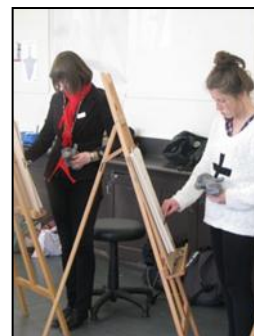
## ART EXPRESS STUDENT DRAWING WORKSHOP

On Tues 21<sup>st</sup> August Mrs Hill and a group of 4 intrepid Art students attended a drawing workshop run by the Education Department, Art Express Unit at Western Plains Cultural Centre in Dubbo. The students were given the amazing opportunity of experiencing firsthand the expertise of a working artist and former lecturer of the Sydney College of the Arts, Ruby Davis, who guided them through several 'Free Drawing' and 'Still Life' techniques. During the day, Kent Buchanan, the Curator of the Regional Gallery in Dubbo also addressed the group and talked about the importance of Visual Arts as a form of communication both personal and social and of its historical significance in the recording of people, places and events in time. The students were able to view the Dubbo Art Express exhibition which this year, hosted complete bodies of work from 12 of the top students across the state, in the 2011 HSC Visual Art submission. The four students who attended this excursion were Jasmine Aird (yr 10), Patrick Mayberry (yr 10), Sarah Voase (yr 10) and Olivia Inwood (yr 11). Below are a few images and reflections about the day.



Comments from the four.  
*Olivia* "It is really challenging but very rewarding"

*Sarah* "Oh brother this is hard"



*Patrick* "It's not what I'm used to but I am getting the hang of it"

*Jasmine* "It's really good, I like it"



# Community Notices

## **FORBES HIGH SCHOOL CAR WASH**

Wednesday 5th September from 1pm.  
Small cars \$10.00, Large Cars \$15.00  
Forbes Charity Deb Balls supporting Forbes High School, Breast Cancer and Forbes SES.  
Book now as places are limited 0408364512

## **LITTLE ATHLETICS**

Forbes Little Athletics will be holding Registration/Come and Try afternoons on Friday 14th and Friday 21st September between 4.00 and 6.00pm at Botanical Gardens Sporting Complex.

## **HARDEN KITE FESTIVAL**

Saturday 6th October 2012 11am - 5pm Harden Picnic Racecourse, Burley Griffin Way, HARDEN  
A fabulous family festival with kite flying & competitions for all ages with \$700 in prizes and lucky draws to be won. Jumping castle, merry-go-round and free face painting for the kids. Lots of food and market stalls. A classic vehicle display for car enthusiasts. Demonstrations of paragliding, kite buggie, land boarding, and weather permitting, ballooning. Live music by Phat Boyz. Bring your own kite or buy one on the day. This is an alcohol-free event. Entry by donation.

## **WIRRINYA FAMILY PICNIC DAY**

Sunday September 23<sup>rd</sup>. (First Sunday of the school holidays). Age Races (starting at 11am), A-Grazing Race, Billy Boil, Tug-A-War, Gum Boot Races, Novelty Events. Start time is 10.30am at "The Shed" Wirrinya. Free Entry, canteen and BBQ operating all day. Bring your chairs and shade tent. Directions from Forbes head out the West Wyalong Road, turn left onto the Wirrinya Road after the service station. Go over railway line at Garema, turn right. Follow the road. At Wirrinya turn right after the white church. Major Raffle drawn on the day – an iPad

## **SOFTBALL DEVELOPMENT CLINIC**

Children 7-14 yrs 27th and 28th September 2012  
Sir Jack Brabham Oval, Orange 9.00am to 4.00pm  
Morning Tea, Lunch & Afternoon Tea will be provided. Cost \$50 1 Child, \$100 2 children & \$140 a family (Cash/Cheque ONLY \* NO EFTPOS available)

For more information please contact:- Jacquie Lisle \* 0407 934 471 or Cathy Gutterson \* 0407 450 260  
Registration forms are available at Sport & Recreation, McNamara Lane, Orange. Information is available by following the below link:

<http://orange.softball.org.au/news/Softball-Development-Clinic-27th-28th-September-2012-x-32617.html>

## **MAINLY MUSIC**

A Music and Movement program for children aged 0-5 and their carers. Each session involves the 30 minute program then a time for morning tea and play. We gather together on Mondays of the school term at either 9.00am or 10:30am in the Forbes Baptist Church building. The cost is \$2 per child, which includes morning tea for everyone. For more details phone Alana on 6851 5503 or search for the group "mainly music Forbes" on Facebook



## **FBC YOUTH GROUP**

FBC Youth Group is a Friday night group aimed at High School aged Youth. Those in Year 6 are more than welcome to start coming along now though! It runs Friday nights of the school terms in the Forbes Baptist Church building. Bring your dinner along from 6.30pm, and the activities start from approx 7.00pm. Fun, friends, food and Biblical Teaching. For more details phone Anthony on 0424 728 053

## **CHERRY BLOSSOM FESTIVAL**

The annual Sakura Matsuri (Cherry Blossom Festival) is on again at the Cowra Japanese Garden. It is a time where people can come and sample some of the elements of Japanese Culture and celebrate the birth of spring.

This year's festival will be held from Wednesday 19th to Saturday 22nd September 2012 inclusive.

Family fun day will be held on Saturday 22nd September 2012.

The day will consist of Japanese Cultural activities and entertainment with Bonsai demonstrations, Tai Chi, Sumo, Karate, Gagaku, Shakuhachi, Taiko Drummers and many more (subject to availability).

There will also be activities to keep the children entertained with a jumping castle, kid's corner, kite flying and making and many more.

If you would like any further information on the festival, please do not hesitate to contact the Garden.

