



Principals Report

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Special Message

**P & C Meeting
Tuesday August
10, 2010 – 7.00pm
Room 150
All Welcome**

Welcome back to term 3. I trust everyone had an enjoyable and relaxing holiday as we enter the busiest end of the year.

During this term the staff will be focusing on the next stage of our Positive Behaviour for Learning journey as we prepare to take PBL into the classroom. At our staff development day, staff worked hard at streamlining processes to encourage outstanding behaviour in students and to simplify processes for staff. This should result in greater consistency and an improved learning environment for students.

I spoke to students recently about the importance of demonstrating respect for themselves and others, in particular, following teacher instructions. By recognising the authority of teachers in the classroom and respecting the rights of other students to learn, together we can ensure that disruptions are kept to a minimum and the student outcomes are maximised.

The new Language Centre has been formally handed over and organisation is underway for the official opening. This is an exciting opportunity for our language classes including our Wiradjuri Language Programme and gives the school its second Video Conference Room.

During the last week I have been involved in final planning negotiations around the new Trade Training Centre which will see expansion in hospitality and a new facility at the Ag Plot. It is wonderful to see so many new projects moving towards finalisation which will be an absolute benefit to our students.

The Deputy Principal position has been advertised and I am anticipating a large and competitive field to fill the position vacated by Mr Scotton at the end of last term. In the meantime, Mr Dwyer will be Relieving Deputy Principal for Term 3.

School News - Science

Science Competition

While the number of students participating in the University of NSW Science Competition was not high this year our results were excellent.

26% of participating students received graded passes of credit or higher, with Tayla Fitzsummons of year 10 achieving distinction level. This places Tayla in the top 91% of those who participated in NSW and ACT.

Congratulations to all who participated-well done!

This is a great follow on from the success in the Science and Engineering Challenge earlier this year.

Toni Edwards – Head Teacher Science

Shell
Questacon
Science Circus

25 years
inspiring communities
across Australia

The Science Circus is coming to PARKES!

The Shell Questacon Science Circus is a great opportunity for parents and children to share, discover and explore science together. Explore the fascination and enjoyment of science through over 50 hands-on exhibits.

You can:

- spin like an ice-skater
- discover how fast you can throw
- try on a friends face

Exciting science shows are presented regularly during opening hours and science toys will be sold (cash only).

Parkes PCYC
36-38 Pearce Street, Parkes

Wednesday 18th August 2010
Come anytime between
5.00pm - 8.00pm

Admission: Family \$18, Adult \$6, Student/Concession \$5 (cash only)
Under 5's and student ticket free
Children under 12 must be accompanied by an adult

Enquiries: 0417 465 028

www.questacon.edu.au


Australian Government
Department of Innovation
Industry, Science and Research



 **ANU**
THE AUSTRALIAN NATIONAL UNIVERSITY

School News-TSO



Welcome to another update on the DER Laptops.

Over the past couple of weeks we have seen a troubling rise in the number of laptop screen breakages. Increasingly these incidents are occurring in the playground during recess and lunch. Students are reminded that the laptops are a very fragile and expensive piece of technology.

To help minimise screen breakages students are advised to:-

- Take care of their school bag. Students should keep their bags secure and safe during breaks.
- Students should keep their school bags in sight at all times. Do not leave bags unattended even for a short time. Report any concerns to the teacher on duty immediately.
- Do not take their bags into areas at lunch and recess where physical games are being played.
- Students should respect each others' bags. It is a school policy that students do not touch other student' bags. Any student caught touching another student's bag which results in damage to a student's property (including laptops), will not only be responsible for paying for any damage but disciplinary action will also be enforced.

As a result of the number of screen breakages we are recommending that students and parents consider purchasing additional protection for the Laptops. The DET has been able to secure a good price on a case which is specifically designed to hold the laptops. The Targus Armoured **Notebook Case (T.A.N.C.)** offers excellent protection for the laptops.

The cases can be purchased from the Bursars office for \$60. Lenovo are selling these cases on their website for \$65. The TANC cases are available for both Year 9 and Year 10 students. The school has placed orders for a few cases which are due to arrive soon. If parents would like to have a look at the cases before ordering please contact the school to check they have come in. If these run out it takes about 6 weeks for delivery.

Targus TANC Hard Case description.

- 5 padding layers (capable of taking a fully distributed load of 120kg) that absorbs shocks, bumps and drops preventing damage and minimise laptop repairs
- Lightweight and slim that will fit inside another bag
- Heavy duty fitting and zippers
- Colour - black with grey trim stripe
- Exterior Dimensions: 23x29x7.2cm
- Material: 1000D Nylon
- Weight: 0.6kg (excl shoulder strap)
- 3 year warranty

Information on the case can be obtain from:-

CNET Australia review

<http://www.cnet.com.au/targus-armoured-notebook-case-339298320.htm>

Ferret article

<http://www.ferret.com.au/t/Notebook/2.aspx>

*Regards,
Jason Hargraves
Technology Support Officer*

School News

My experiences at State Wind Band and State Music Camp, *Carl Janetzki*.

State Wind Band

The NSW Senior State Wind Band is a group of 70 students chosen from high schools around NSW, with exceptional musical abilities. Each student has to apply and send in a video audition. From their audition the judges decide what position to give the students and whether they receive a position at all. I was successful and assigned first Alto Sax. We were sent our parts of the music to practice ready for the two 6 hour practice days (29th-30th of May) as a combined group with brilliant conductors. We played 'Viva Musica' by Alfred Reed and 'Songs of Sailor and Sea' by Robert W. Smith. During breaks I met students from other high schools who were also in year 12 and we talked about our tactics and study plans for how we were going to attack the HSC. On the 31st of May and the 1st of June we played at the Sydney Opera House Concert Hall in front more than two thousand people. This was a joyful, insightful experience and has broadened my plans for the future.

Senior Music Camp

When I first arrived at Stanwell tops Convention centre for the music camp, along with 300 other successful applicants from secondary schools across the state, I was anxious and wondering what kind of experience I would have. After the nerve wracking auditions for positions within the musical groups I gained First Alto Sax in the Advanced Wind Band. Every student at camp was also involved in a small ensemble. For this I played Soprano Sax in the 11 member Sax Ensemble. I was also in the chorus in the whole camp item which involved an orchestra consisting of 80 campers and the remainder of campers were in the chorus. Basically all of our time at camp for the week from 7am til 9pm was taken up with playing and rehearsing for the three different groups we were each in, and meals (which were great). On the last night of camp we did a concert at which every group performed. It was AWESOME. I thoroughly enjoyed the opportunity to really stretch my skills and to play with other competent musicians. For more information on these activities and much more head to the Arts Unit website at, www.artsunit.nsw.edu.au/.

Concerns have been raised by parents about phone calls from cold callers, pretending to represent Microsoft, who attempt to scare people into believing that their computer has been infected by a virus.

The callers can be quite convincing and persistent. They take advantage of basic fears about online security. Their aim is to convince people to agree to use a credit card to pay for an online technical support and virus repair service.

The caller attempts to direct people to a remote access website by claiming that it will assist the caller to clean up the virus problem and install the technical support service. Not only is the service they provide a sham and based on deception, it can leave a computer more vulnerable to malicious attacks.

Please be aware that this type of call is a scam. These scammers have nothing to do with the Department or Microsoft. The best thing to do is to hang up on these callers.

School News-Chaplain



Chaplain Chat

Greetings and welcome to Term 3!

On the other hand as I pressed snooze on my alarm for the fifth time on Monday morning I did not feel this excited. After two weeks of sleeping in my body wasn't quite ready for a 7am start, as I am sure most of the students and staff here at FHS felt. Besides this I have felt there has been a very good start to the new Term!

I have been working as chaplain for just over a term now and I find myself looking over that time. I have been welcomed into the school community, run various activities including morning prayer group, Tuesday lunchtime activities and putting on a concert. However the most amazing part of this position for me has been the opportunity to build relationships with various students, staff and parents.

I am eager to see how best I can serve the school and community this term, and have a bit of fun in the process.

*Many blessings to you
Thea*

Assessment Task – Food Technology change of Due Date: *From 1 September and 4 September 2010
New Due date: In class essay 6 September 2010
Pamphlet and Oral Task 7 September 2010*

School News-Careers

Taste of TAFE



Welding



Early Childhood

TASTE OF TAFE

On the last Tuesday of Term 2 34 Forbes High year 10 students participated in a full day of courses offered through Forbes TAFE. Students were initially inducted in OH&S procedures then went into a variety of hands-on instruction in Child-care, Welding, Construction, Signage, Business Services, Hair and Beauty.

The students gained a real insight into what is available as both post school options and also what can be studied through Years 11&12 as part of Tafe-delivered VET subjects (TVET). Thanks to the TAFE staff for organising a really enjoyable and worthwhile day.



Hairdressing



Hairdressing



Business IT2

School News-Koori Korner

Koori Korner

Our NAIDOC celebrations are shaping up with the news today we've finally obtained the services of a dance troupe. At this stage the plans are to have a whole school assembly on Monday morning 2nd August with a Wiradjuri welcome being conducted and a translation into English. We'll then have a speaker talking on the meaning of NAIDOC to them (most probably one of our senior students).

Our main day will be on **Wednesday 4th**, starting with the dancers performing at 10.00 am in the school hall. This should take about an hour. After recess a small informal opening of our new language centre where the dancers will again perform. A BBQ lunch will be provided with all the school and community invited to sample the traditional meats, and fill up on sausage sandwiches (bread being kindly donated by Barry Merritt). To round off our day the Girri- Girri students, will be holding a sports afternoon with a difference. They will be conducting Traditional Indigenous Games for the whole school where the students will compete, school years, in 4 major sports.

The Girri-Girri students, Aboriginal staff and Mrs Schrader all were trained in TIG last week. Jason French the Department of Sport and Recreation Aboriginal Development Officer came to FHS to do the training.

We'd like to invite any interested community members to come along and share our day. For catering purposes please let us know you'd like to share lunch with us. Please ring the school on 68522666.



Mrs Russell and Miss Haines



Mr Merritt



Mrs Schrader

Recipe Page

Chicken and pumpkin pasta bake



Ingredients (serves 4)

- 1kg butternut pumpkin, peeled, cut into 1.5cm pieces
- Olive oil cooking spray
- 3 cups (375g) wholemeal penne pasta
- 300ml light thickened cream
- 1 tablespoon wholegrain mustard
- 2 cups shredded barbecued chicken
- 150g smooth reduced-fat ricotta
- Baby spinach, to serve

Method

1. Preheat oven to 200°C/180°C fan-forced. Line 1 large baking tray with baking paper. Place pumpkin, in a single layer, on prepared tray. Spray with oil. Bake for 20 to 25 minutes or until golden and tender.
2. Meanwhile, cook pasta in a large saucepan of boiling, salted water, following packet directions, until tender. Drain. Return to pan. Add pumpkin, cream, mustard and chicken. Season with salt and pepper.
3. Preheat grill on high. Spoon pasta mixture into a greased 6cm-deep, 8 cup capacity baking dish. Dollop with ricotta. Grill for 5 to 6 minutes or until golden. Serve with spinach.

Community Notices

Brief Stories and Parent Tips – 16 July 2010

All ages

Opportunity Class test is being held on Wednesday 28 July.

The Opportunity Class Placement Test is held annually for gifted and talented Year 4 students wishing to qualify for OC placement in Year 5 and 6.

Be alert: Phone scam

Concerns have been raised by parents about phone calls from cold callers, pretending to represent Microsoft, who attempt to scare people into believing that their computer has been infected by a virus. This type of call is a scam. These scammers have nothing to do with the Department or Microsoft. The best thing to do is to hang up on these callers.

See this Sydney Morning Herald article for more information about these scams:

<http://www.smh.com.au/technology/security/pay-up-or-your-pcs-toast-20100630-zm8i.html>

Avoid danger when using heaters this winter

The Children's Hospital at Westmead recommends these top tips to help your children avoid burns, falls and electrocution:

- Make sure your heater meets Australian standards
- Use a guard
- Keep your heater on a level floor surface
- Ensure your heater isn't blocking any exits or high traffic areas
- Do not dry clothing items by placing them over an electric heater.
- Ensure you install and maintain at least one smoke detector on each floor of your home.

More information at www.chw.edu.au/parents/kidshealth/safety_factsheets/pdf/heaters_and_fireplaces.pdf

Primary school

Do friendships make learning easier?

Your child's ability to make friends will affect their interest in learning – how can you help?

- Help them to learn self control
- Show them how well you treat other people, so they can learn from you
- If you are concerned, speak to your child's teacher about it.

More details at www.schools.nsw.edu.au/news/ezine/yr2010/issue03/index.php

High school

Exam tip – Remind your child not to leave any questions unanswered.

If they are short of time, use note form. Remember, they can only be marked on the answers they give.

More tips at www.schools.nsw.edu.au

CAN ASSIST Parkes Branch- Allan Wright "The Kings Legacy" will be performing at the Parkes Services Club Saturday August 21 at 7.30. Allan has generously donated his services and all proceeds to CAN ASSIST-Parkes Branch. Tickets \$20 from Parkes Services Club 68621966 or form Pat Bailey on 68625778. It will be a great night hoping to see you there. Pat Bailey.

Forbes Town and District Band Inc.- Forbes Town Band Garage Sale Saturday August 14, from 9am to 1pm, at the Band Hall 165 Rankin Street. The Forbes community is being asked to support the Town Band by sorting their unwanted goods and donating them to the Band's Garage Sale. Pick-up can be arranged by phoning Robyn 68522951 ah or Sue 68515197 ah. Anything and everything can be sold at the Garage Sale. Thanks Robyn Kenny.

School Events

August 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 <i>Week 7 A</i> Trimester 3 begins	31					1
2 <i>Week 3 A</i> Education Week Trimester 2 Parent/Teacher Interviews	3 English Comp	4	5	6	7	8
9 <i>Week 4 B</i>	10 P & C Meeting	11	12 Try A Trade @FHS	13	14	15
16 <i>Week 5 A</i> Trial HSC	17 Trial HSC Maths Comp	18 Trial HSC	19 Trial HSC	20 Trial HSC	21	22
23 <i>Week 6 B</i> Trial HSC	24 Trial HSC	25 Trial HSC	26 Trial HSC	27 Last Day Trimester 2	28	29

Study Centre Roster Term 3 2010

Week	6:00pm – 7:30pm	7:30pm – 9:00pm
2	McGeechan	Cunningham
3	Townend	Northam
4	Dwyer	Edwards
5	Sharpe	West
6	Hoy	Schrader
7	McGeechan	Cunningham
8	Townend	Northam
9	Dwyer	Edwards
10	Sharpe	West

Let's face it, we are all human and prone to error.
But our belief in goodness and in ourselves makes us even stronger.