

# Forbes High School Newsletter

Part of the Lachlan Valley Community of Schools



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Issue 7 - Term 2 - Week 11

Friday, 2 July 2010

What's inside this issue:

Principals Report

School News

Recipe Page

Community Notices

School Events

## Special Messages

*Year 11 Business Studies Task 2 in class test will now be held Week 5  
19 August 2010  
Thanks R Brown.*

*School Resumes  
Tuesday 20 July 2010*

*2 August – F.H.S.  
Dance Troupe  
Performing  
Education Week in  
Orange*

## Principals Report

### Farewell Scottons!

Forbes High School's long-serving Deputy Principal, Mr Scotton, took over as Principal, Coomealla High School on Thursday 24 June. In doing so, he has joined the ever-increasing list of Forbes High Staff members who have been successful in gaining promotion/transfer through merit selection.

Mr Scotton joined our staff in 1999 after having taught at a range of schools around the state, including Murray HS (Albury), Windsor HS and Lithgow HS (as Head Teacher Creative and Performing Arts).

During his 11 year stint as our Deputy, Mr Scotton has worked long and hard to improve the standard of support to students. As well as maintaining his interest in performing arts, Mr Scotton has also chaired the school's Positive Behaviour for Learning Committee (PBL), the Learning Support Team and the Welfare Committee. Mr Scotton has also led significant reviews of student welfare within the school. These have seen the adoption of the Anti-Bullying Policy and major reforms in the way that student discipline is managed.

Mr Scotton's talent for performing arts was significant in our winning in 2007 the Director General's Award for School Achievement for Enhancing the Performing Arts. Mr Scotton has also had opportunity to act as Relieving Principal on several occasions – most notably at FHS in 2005 (prior to my appointment as Principal) and for most of term 2 2009 at Narromine HS.

Whilst Mr Scotton has already commenced work at Coomealla, near Mildura on the beautiful Murray River, Mrs Scotton has remained on duty in the Bursar's Office and will finish up on the last day of this term.

Mrs Scotton has also made a significant contribution to life at FHS, starting work initially in administration before transferring to the school library, where she worked hard with Mrs Gibson to provide the best possible service to students and staff. Changes to our administrative staffing recently saw Mrs Scotton return to the front office.

One of Mrs Scotton's key responsibilities has been school promotion and she has been critical to the publication of not only the annual school magazine, Acacia, but has also been responsible for much of the photography and graphic art that has been used to promote the achievements of the school.

There are many more achievements of which the Scottons can both be proud. I know that they will both be sorely missed in Forbes, but I also know that they will be a welcome addition to the Coomealla HS community.

### Term 2 Concludes

I wish everyone a happy and relaxing holiday over the coming weeks. It has been a long term and I am sure that we are all looking forward to a break.

During Term 3, Mr Dwyer will assume the role of Acting Deputy Principal, whilst Mr West will be Relieving Head Teacher PDHPE.

The first day next term is a student-free School Development Day. Staff will be working on a range of topics, including Quality Teaching for Effective Classroom Management and launching the next phase in our PBL implementation – PBL in the classroom.

Students will resume classes on Tuesday 20 July.

# School News

## Year 12 Food Technology

Year 12 Food Technology class had an assessment to develop a meal for a young couple that goes through all the steps of food product development. These steps included identifying the target market, idea generation and screening, a feasibility study, testing a prototype and developing a marketing plan. The product was cooked in class and then presented in each persons ready made display boxes.



## Important information for parents and students.

The Department recognises that some families will be subject to family breakdown. In the absence of any notification to the contrary, it will be assumed that both parents retain a shared and equal parental responsibility for their children and have been involved in making any decisions regarding their children's education. This means that the school will recognise that each parent has equal duties, obligations, responsibilities and opportunities in relation to matters involving the school.

If any changes occur in your family relationships which have the potential to impact on the relationship between the school and your family, you are required to advise the school immediately. This includes providing copies of any court orders that may be obtained.

# School News

## Koori Korner

Hey everyone, it's here again.

The news is that Mrs Joy Russell is the new Aboriginal Education Officer, at the school and we would like to CONGRATULATE her and wish her every success.

Our Girri Girri students are off to Narrabeen for the last week of this term. The kids will take part in numerous activities during their trip.

We would also like to congratulate Crystal Taylor on being chosen to participate in a Summer School at the University of Newcastle in late December. And a big congrats to Dezi-lea Goodsell and Claudia Bosma for winning first place in their comedy routine at the Cowra Eisteddfod, well done girls.

Plans are under way for our NAIDOC Celebrations at the school, and they sound fantastic.

So, there's the news guy, so until after the holidays, we hope you all have a safe and great break and come back all refreshed for Term 3.



Have fun and enjoy  
*Joy and Donna*

*We have got a really special NAIDOC week Celebration planned on Saturday 10 July and I would like to invite all of you, your family and friends along to this great community event.*

*We are kicking off from the Old Scout Hall at 10am for our parade down to the Wiradjuri Dreaming Centre where festivities will commence at 11am. It's going to be a great day with a delicious sausage sizzle and bush tucker BBQ. Looking forward to seeing you all there*

*Thank you ☺ Joy and Donna*



# School News

## NAIDOC CELEBRATIONS

Saturday July 10



**10am**  
**NAIDOC Parade**  
**at Old Scout Hall**  
**on Camp St.**  
**All Welcome**

**11am**  
**at Wiradjuri**  
**Dreaming**  
**Centre**  
**(Across from**  
**CMA building**  
**on Newell)**



*Brought to you by:*

Indigenous Coordination Centre, Forbes Shire Council, Lachlan Catchment Management Authority, Yoorana Gunya and Centacare  
For more information contact Alison Aldridge-Nunn on 02 6850 2300 or [alisona1@forbes.nsw.gov.au](mailto:alisona1@forbes.nsw.gov.au)



# School News

## **MINUTES OF THE FORBES HIGH SCHOOL P&C MEETING HELD 8<sup>TH</sup> JUNE 2010.**

Present: Rob Scotton, Wendy West, Anita Morrison, Sue Cunningham, Janelle Berger and Tania Roberts.

Apologies: Craig Petersen, Judith Taylor and Vonnie Janetski.

The minutes of the previous meeting were read.

Business arising from the previous meeting: the list of student representatives had not been forwarded from Charlie Dwyer.

Correspondence:

1. Our term deposit had matured and was reinvested for a further 6 months.
2. A receipt had been received from Royal Far West following our donation.
3. We are waiting on a reply from Dawn Fardell in regard to the General Assistant hours - it had gone to Dennis Armstrong for a decision.

Treasurers' report: Read by Wendy. Accepted by Sue and seconded by Janelle.

Principal's report: Presented by Rob in Craig's absence

1. Electronic devices are being used by students as per new policy Forbes High School policy.
2. The language Centre is almost completed.
3. REM has started.

General Business: A discussion was held in regard to: ? Trivia night- planning- ? an ex-student or sports person and an end of year raffle and ? prizes – nothing finalised at this time.

Meeting closed at 7.45 pm

## **Welcome to another update on the DER Laptop project.**

The majority of year 9 students now have their laptops. Those parents who have not been able to attend an information session you can contact the school to make a time to view the presentation. All parents and students must view this presentation before students can receive their laptops.

A state wide stock take of laptops is taking place over June and July. This will involve all year 10 students handing their laptops in for physical checks and to have a new operating system and programs installed, to bring them up to the same standard as the year 9 laptops. It is advised that all year 10 students back up their work to a thumb drive and/or the school server. It is not recommended that they only use the "My locker" folder as this could result in the loss of data when the students log back in. At this stage Year 9 will not need to hand their laptops in.

The phase 2 wireless installation scheduled to start on 31<sup>st</sup> May has been delayed. More news on this when it becomes available.

*Jason Hargraves*





# School News



## Chaplain Chat No 4

Have you ever had an experience which has made you go ‘Wow!’? It could have been meeting someone famous, or maybe going sky-diving, or winning the lottery. All these things are pretty amazing and would definitely cause me to drop my jaw and declare ‘Wow!’ because all of these experiences are quite rare to me. In the past few weeks I have experienced some amazing ‘Wow!’ moments. One was seeing both of my sisters get married. Getting all glammed up for the best day of their life and witnessing them and their partners declaring their love for each other surrounded by friends and family.

The second has been spending time with my beautiful two year old niece. She amazes me everyday, at one point she was sitting on my lap and she turned, put her hand on my cheek, looked me in the eyes and said “You’re beautiful Thea”. I’ll tell you what my heart did a few somersaults.

Finally I have some news for you all. I got a kitten! His name is Milky and he is all white with a tiny black smudge on the top of his head. On the second night I had him I was sitting on my couch watching TV and he jumped up on my lap and fell asleep, purring. It just made me fall in love with him straight away.

I encourage you to specifically look for these moments your life and allow yourself to stop and think ‘Wow!’

I hope you have a safe and remarkable holiday

Thea

## Destination Life

When I heard that a band called ‘destination life’ was coming to perform at our school at lunchtime June 4<sup>th</sup>, I was excited. I’m really into music and it’s not often that an opportunity like a free concert arises at our school. Because the band was Christian, many people were turned off and thought that all they would do is sing Christian songs and try to convert us all. There was a great turn out besides this, mainly due to curiosity. Destination life played modern songs that had been very popular this year. Songs such as ‘Breakeven’ by The Script, ‘Fireflies’ by Owl City and ‘You Got the Love’ by Florence and the Machine got a great response from the students. Some students danced and sang along, enjoying the uplifting atmosphere and great music. Destination life put their own spin on songs that everyone knew well and some students favoured their style to the original! The lead singer of the band told the students about an event that had happened in his life where he had been devastated to lose the girl that he loved. This touched the hearts of the students that had gone through something similar and was very inspiring and uplifting for them. Destination life put on a great show and the band members were friendly and approachable to talk to. They interacted with the students and talked about all kinds of music. Even arguing with the lead singer about the fact that he didn’t know who the Ramones were! Overall, destination life was a success and I would highly recommend them to other schools.

**What the students have to say about Destination life:**

“Destination life was awesome”

“The music was great and their life experiences were very inspiring”

***The concert was organised by the school chaplain Thea Janetzki.***



**PHONE for more information**

**Reverend LYN Bullard:**

**Date: Monday 5th-Friday 9th July  
2010**

# FREE TO BE ME

A chance for high school girls to just be who they are,  
with lots of fun in store!

FIVE fun-packed days of girl stuff and goodies  
to take home! PLUS a cooking competition  
with prizes.

\$5 per day including art and craft, lunches OR  
\$100 to stay at Havannah House including all  
meals and dorm accommodation.

**WHY COME???** Because God wants you to  
feel good about yourself and so do we!

**Havannah House**  
**Browne Street, Forbes**

**Time: 9:30am-2pm each day**

# Recipe Page

## Tomato, bean & bacon soup

**Serving size:** Serves 4-6

**Cuisine type:** [Modern Australian](#)

**Cooking time:** Less than 15 minutes

**Course:** [Lunch](#), [Main](#)

**Favourite flavours:** [Easy recipes](#), [Soup](#)

This tomato, bean and bacon soup is a family favourite in the making.

### INGREDIENTS

**Serves** 4 to 6

**Prep time** 3 mins

**Cooking time** 7 mins

### Equipment

Sharp knife

Sieve

Large saucepan

Wooden spoon

1½ tbsp olive oil

200g diced bacon or roughly chopped bacon rashers

3 cloves garlic, minced

4 spring onions, chopped

1½ tsp smoky paprika

700ml tomato passata

2 cups chicken stock

400g tin butter beans, drained and rinsed

Extra virgin olive oil

Cracked black pepper

Hot buttered toast, to serve

### METHOD

1. Heat olive oil in pan over medium-high heat. Add bacon, garlic, spring onions and paprika. Cook for 3 to 4 mins, or until bacon is cooked, stirring constantly.
2. Add passata and stock. Increase heat to high, cover and bring to boil. Add butter beans for 1 to 2 mins to warm through.
3. Ladle soup into bowls, swirl in a little extra virgin olive oil, sprinkle with pepper and serve with toast.





# *Community Notices*

## **2010 Junior Rugby League Development Camp**

### **2 Day Program**

- CRL Accredited staff
- Strength & Conditioning Sessions
- Fitness Drills
- Hydration Lecture
- Morning tea/lunch provided
- Giveaways

**When:** 8-9<sup>th</sup> July

**Where:** Orange PCYC  
(Sir Neville Howse  
stadium) 2-10 Seymour  
st, Orange.

**Ages:** 12-18 years

**Cost:** \$100 per child

**Ph:** 6360 2249

**Bookings Essential, limited numbers available.**



# Community Notices

## Brief Stories and Parent Tips– 18 June 2010

### All ages

**Term 2 finishes on Friday 2 July. Students return on Tuesday 20 July for Term 3.**

### **Boost your child's confidence at Kids' Camp in the school holidays**

Sport and Recreation Kids' Camps are a great way to help your child develop in a fun, secure and professionally run environment. They'll try new things, make new friends and really come out of their shell. More information see: [www.dsr.nsw.gov.au/kidscamps/index.asp](http://www.dsr.nsw.gov.au/kidscamps/index.asp)

### Primary school

#### **New safety restraint laws now apply to children under the age of 7.**

Under the new regulations:

- children younger than 6 months must be secured in rearward facing restraints
- children between 6 months and 4 years must be secured in either a rearward facing or forward facing restraint with an inbuilt six point harness
- children between 4 and 7 years must be secured in a forward facing restraint with an inbuilt six point harness or a booster seat
- children younger than 4 cannot travel in the front seat of a vehicle with two or more rows
- children between 4 and 7 cannot travel in the front seat of a vehicle with two or more rows unless all other back seats are occupied by children younger than 7 years in a child restraint or booster seat.

More details at [www.rta.nsw.gov.au](http://www.rta.nsw.gov.au)

### High school

#### **Does your child need career guidance?**

my future is Australia's career information & exploration service. Your child can find current career information, articles and links to thousands of resources to assist them on their career journey. Visit myfuture at [www.myfuture.edu.au](http://www.myfuture.edu.au).

### Study tip

**Establish a routine** – Now's the time to set aside a particular time each day for study and revision and stick to it. More study tips at [www.schools.nsw.edu.au/gotoschool/highschool/studyingtips.php](http://www.schools.nsw.edu.au/gotoschool/highschool/studyingtips.php)

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**Are you too busy to do your ironing?**

**Let me take the pressure off!**

**Reasonable rates.**

**Call Kim 68 514032**

# Community Notices

## PLACES TO STAY

### Farm Cottage B&B

'Mullee Mullee'  
Manilla  
New South Wales 2346  
Phone: (02) 6769 6408  
Fax: (02) 6769 6408

### Arlemont Farm Stay

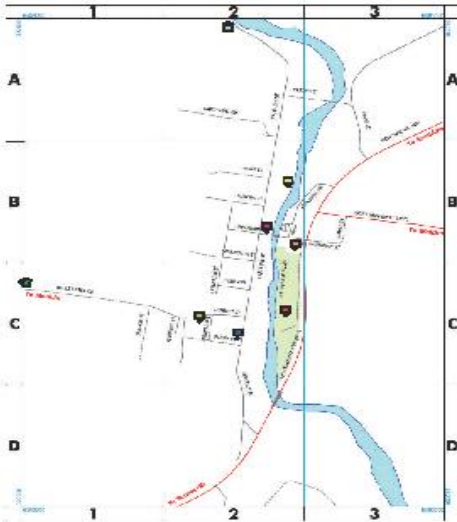
Watsons Creek Rd  
T: (02) 6769 6509

### Bendemeer Hotel

Caroline Street  
Bendemeer  
Phone: (02) 6769 6550

### Bendemeer Tourist Park

New England Highway  
Bendemeer  
Phone: (02) 6769 6604



Rodeo Grounds	C2
Fergie Flats	B2
School	C2
Town Hall	C2
Hotel	B2
Tourist Park	B2
Arlemont	A2
Mullee Mullee	C1



**Come Celebrate  
Bendemeer's  
Big Birthday Bash**



## BENDEMEER SHEEP DOG TRIALS

**Date:** Friday 30th of July to Sunday 1st August

**Time:** 8am-4pm

**Location:** Bendemeer Rodeo Grounds

### Event Description:

The Sheep Dog Trial Competition will be held over 3 days. Competition categories are;

Open Section, Improver Section, Novice Section  
Encourage Sectin, Adult & Child (under 14) Section

Finals of the open section will be held on Sunday. Canteen facilities available.

### Coordinator Contact Details:

Petrina Eisenhauer- 0267696469 or 0419 027963

Ken Robinson - 0428 524750

## OFFICIAL COMMUNITY CELEBRATION AND STREET PROCESSION

**Date:** Saturday 31st of July

**Time:** 11am

**Location:** Marshalling at Fergie Flats

**Event Description:** The 150th celebration of Bendemeer Public School and the 125th Celebration of Bendemeer will start with a procession from Fergie Flats down the main street to the school where official proceedings will be conducted by dignitaries.

### Coordinator Contact Details:

Barbara Poole - 02 67696469 or Bendemeer Public School - 02 67696532

## SCHOOL SESQUICENTENNIAL EXHIBITION & OFFICIAL CEREMONY

**Date:** Saturday 31st of July to Sunday 1st August

**Time:** Open 9am to 3pm (Official Ceremony 12pm Saturday)

**Location:** Bendemeer Public School

**Event Description:** Bendemeer Public School will have an exhibition of photos from across NSW of a time when students rode their ponies to school. The school will be open each day. There also be an exhibition of the history of Bendemeer Public School and the school will open to public to wander through and reminisce about days gone by. Entry fee by donation to the Bendemeer Public School. Copies of photos will be available for sale.

### Coordinator Contact Details:

Bonita Broughton 0267696773 or email: bonnbroughton@bigpond.com

## 2010 ANNIVERSARY DEBUTANTE BALL

**Date:** Saturday 31st of July

**Time:** 7pm

**Location:** Bendemeer Town Hall

**Event Description:** Dinner and dancing at the debutantes ball. Debutantes presented to OAM Miss June Dally - Watkins at 8.30pm Supper provided by the Bendemeer CWA. Drinks available at Bar. Dress is formal or period costume.

There will also be an exhibition of the towns history on display. Admission is \$70. To reserve a ticket contact Mrs Dixon or Bendemeer Public School 02 67696532

### Dinner and dancing at the

### Coordinator Contact Details:

Faith Dixon- 0267696530

## COMMUNITY CHURCH SERVICE

**Date:** Sunday 1st August

**Time:** 11am

**Location:** Bendemeer Town Hall

**Event Description:** A combined church service will be held in Bendemeer Town Hall

### Coordinator Contact Details:

Jan Farrell- 02 67696683

## HORSES BIRTHDAY EXTRAVAGANZA

**Date:** Sunday 1st August

**Time:** 9am-4pm

**Location:** Bendemeer Rodeo Grounds

**Event Description:** Joining together to celebrate the traditional horses birthday, many horse enthusiast, retailers, and horse associations are holding a horse extravaganza. The committee has invited horse groups from across the equestrian spectrum - pony club, dressage, campdrafting, eventing, carriage driving, heavy horses, barrel racing, miniatures, thoroughbreds, polocrosse and heaps more- All welcome to set up a stall and participate in the day. Camping and stalls are available for hire.

### Coordinator Contact Details:

Robert Clements - 0427615756 (04) 02 6769 6473





# School Events

## July 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<b>1</b>	<b>2</b> Pie drive in the hall P3 – 4  Last Day of Term	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b> <i>Week 1 A</i> Staff Development day	<b>20</b> Students Return	<b>21</b>	<b>22</b>	<b>23</b> <i>F.H.S Dance Troupe Orange Rehearsal</i>	<b>24</b>	<b>25</b>
<b>26</b> <i>Week 2 B</i> Trimester 2 Parent /Teacher Evening	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

*Be not afraid of growing slowly; be afraid only of standing still.  
Chinese Proverb.*